2: Full paper excluded studies

2.1 Full paper excluded studies

Paper	Reason
Abbas, J., et al. (2021). "Has the COVID-19 outbreak altered the prevalence of low back pain among physiotherapy students?" Journal of American College Health.	Population – students (not occupational work)
Accoto, A., et al. (2021). "Beneficial Effects of Mindfulness-Based Stress Reduction Training on the Well-Being of a Female Sample during the First Total Lockdown Due to COVID-19 Pandemic in Italy." International Journal of Environmental Research and Public Health 18(11).	Not working from home
Aczel, B., et al. (2021). Researchers working from home: Benefits and	Outcomes (not
challenges. PLoS ONE [Electronic Resource] 16(3).	wellbeing)
Adam, Z., et al. (2018). "Workforce commuting and subjective well-being."	Not examining impact
Travel Behaviour and Society 13: 183-196.	of WFH on wellbeing
Afonso, P. (2021). "Teleworking: What Are the Mental Health Consequences?"	Not in English
Acta Medica Portuguesa 34(3): 241-241.	
Akash Dutt D, Tripathi S. Analysing the Sentiments towards Work-From-Home Experience during COVID-19 Pandemic. Journal of Innovation Management. 2020;8(1).	Anticipation of WFH due to covid. Emotions but no health outcomes
Albano, R., et al. (2019). "Smart workers between solitude and collaboration." Cambio-Rivista Sulle Trasformazioni Sociali 9(17): 61-73.	Language (not English)
Ali, R. and H. Ullah (2021). "Lived experiences of women academics during the COVID-19 pandemic in Pakistan." Asian Journal of Social Science 49(3): 145-152.	Non-OECD country
Alzahrani, H., et al. (2021). Impact of the 2019 Coronavirus Disease Pandemic on Health-Related Quality of Life and Psychological Status: The Role of Physical Activity. International Journal of Environmental Research and Public Health 18(8).	Not working from home
Amri, A.; Abidli, Z.; Elhamzaoui, M.; Bouzaboul, M.; Rabea, Z.; Ahami, A.O.T. Assessment of Burnout Among Primary Teachers in Confinement During the COVID-19 Period in Morocco: Case of the Kenitra. Pan Afr. Med. J. 2020, 35, 92.	Population not relevant (teachers)
Angelucci M, Angrisani M, Schaner SG, Angelucci M, Kapteyn A, Bennett DM. Remote Work and the Heterogeneous Impact of COVID-19 on Employment and Health. National Bureau of Economic Research; 2020.	Outcome is covid symptoms
Ansong, E. and R. Boateng (2018). "Organisational adoption of telecommuting: Evidence from a developing country." Electronic Journal of Information Systems in Developing Countries 84(1).	Not examining impact of WFH on wellbeing
Antonacopoulou EP, Georgiadou A. Leading through social distancing: The future of work, corporations and leadership from home. Gender, Work and Organization. 2021;28(2):749-67.	No health outcomes
Aperribai, L., et al. (2020). "Teacher's physical activity and mental health during	Population not
lockdown due to the COVID-2019 pandemic." Frontiers in psychology 11: 2673.	relevant (teachers)
Appel-Meulenbroek, R., et al. (2020). "Impact of activity-based workplaces on burnout and engagement dimensions." Journal of Corporate Real Estate 22(4): 279-296.	Not examining impact of WFH on wellbeing
Arlinghaus A, Nachreiner F. Health effects of supplemental work from home in the European Union. Chronobiol Int. 2014;31(10):1100-7.	Working extra hours, not usual work at home (work life

	interference)
Augustus J (2021) The Impact of the COVID-19 Pandemic on Women. Working	Opinion piece – check
n Higher Education. Front. Educ. 6:648365. doi: 10.3389/feduc.2021.648365	references
Avgoustaki, A. and I. Bessa (2019). "Examining the link between flexible working	No wellbeing
arrangement bundles and employee work effort." Human Resource	outcomes
Management 58(4): 431-449.	
Azuma K, Nojiri T, Kawashima M, Hanai A, Ayaki M, Tsubota K, et al. Possible	Working from home
favorable lifestyle changes owing to the coronavirus disease 2019 (COVID-19)	not assessed
pandemic among middle-aged Japanese women: An ancillary survey of the TRF-	
Japan study using the original "Taberhythm" smartphone app. PLoS ONE.	
2021;16(3):e0248935.	
Baczynska KA, Rendell RJ, Khazova M. Impact of COVID-19 Lockdown on Sun	Sun exposure during
Exposure of UK Office Workers. Int J Environ Res Public Health. 2021;18(8):20.	lockdown. Not work.
Bader, B. and B. Manke (2018). The impact of terrorism on the workplace.	Not working from home
Bainbridge, H. T. J. and K. Townsend (2020). "The effects of offering flexible	Working from home
work practices to employees with unpaid caregiving responsibilities for elderly	not a focus
or disabled family members." Human Resource Management 59(5): 483-495.	
Baker MG. Nonrelocatable Occupations at Increased Risk During Pandemics:	No wellbeing
United States, 2018. Am J Public Health. 2020;110(8):1126-32.	outcomes
Balacescu, A., et al. (2021). "Adaptability to Teleworking in European	Outcomes (not
Countries." Amfiteatru Economic 23(58): 683-699.	wellbeing)
Basch CH, Kecojevic A, Wagner VH. Coverage of the COVID-19 Pandemic in the	General reporting of
Online Versions of Highly Circulated U.S. Daily Newspapers. J Community	COVID-19
Health. 2020;45(6):1089-97.	
Bastos Vilarinho, K. P., et al. (2021). "Teleworking nowadays: what are the	Not in English
impacts on professional performance, well-being and work context?" Revista	
Do Servico Publico 72(1): 133-162.	
Bauwens, R., et al. (2021). "Can Leaders Prevent Technology From Backfiring?	Not working from
Empowering Leadership as a Double-Edged Sword for Technostress in Care."	home
Frontiers in psychology 12	
Bekes V, Aafjes-van Doorn K. Psychotherapists' attitudes toward online therapy	Online healthcare not
during the COVID-19 pandemic. Journal of Psychotherapy Integration.	working from home
2020;30(2):238-47.	
Belle, S. M., et al. (2015). "Where do I belong? High-intensity teleworkers"	Not examining impact
experience of organizational belonging." Human Resource Development	of WFH on wellbeing
International 18(1): 76-96.	0
Belzunegui-Eraso, A. and A. Erro-Garces (2020). "Teleworking in the Context of	Outcomes (not
the Covid-19 Crisis." Sustainability 12(9). Berglund, E. Z., et al. (2021). "Water and Wastewater Systems and Utilities:	wellbeing) Not working from
Challenges and Opportunities during the COVID-19 Pandemic." Journal of	home
Water Resources Planning and Management 147(5).	HOITIE
Bhattacharya, S. and P. Mittal (2020). "The Impact of Individual Needs on	Outcomes (not
Employee Performance while Teleworking." Australasian Accounting Business	wellbeing - WLB)
and Finance Journal 14(5): 65-85.	Memberng - Mrp)
Bilotta, I., et al. (2021). "Using the job demands-resources model to understand	Commentary /
and address employee well-being during the COVID-19 pandemic." Industrial	Commentary / discussion article
and Organizational Psychology-Perspectives on Science and Practice 14(1-2):	uiscussion ai title
267-273.	
Biron, M. and M. van Veldhoven (2016). "When control becomes a liability	Outcomes (not
DILOTI, IVI, AND IVI, VAN VENUNOVEN LEVENT. VVIICH CONNU DECOMICS A NADNIKV	L Outcomes (HOL

teleworkers." Journal of Organizational Behavior 37(8): 1317-1337.	
Bloom N, Liang J, Roberts J, Ying ZJ. DOES WORKING FROM HOME WORK?	Work efficiency
EVIDENCE FROM A CHINESE EXPERIMENT. The Quarterly journal of economics.	outcomes – not health
2015;130(1):165-218.	
Boell, S. K., et al. (2016). "Telework paradoxes and practices: the importance of	Not examining impact
the nature of work." New Technology Work and Employment 31(2): 114-131.	of WFH on wellbeing
Bontrager, M., et al. (2021). "Flexible Work Arrangements: A Human Resource	Outcomes (not
Development Tool to Reduce Turnover." Advances in Developing Human	wellbeing)
Resources 23(2): 124-141.	0,
Brancaccio M, Mennitti C, Gentile A, Correale L, Buzzachera CF, Ferraris C, et al.	Working from home
Effects of the COVID-19 Pandemic on Job Activity, Dietary Behaviours and	not analysed as a
Physical Activity Habits of University Population of Naples, Federico II-Italy. Int J	predictor variable
Environ Res Public Health. 2021;18(4):05.	predictor variable
Brown CE, Schwatka N, Dexter L, Dally M, Shore E, Tenney L, et al. The	Working from home
Importance of Small Business Safety and Health Climates During COVID-19. J	not analysed as a
Occup Environ Med. 2021;63(2):81-8.	predictor variable
Cocap Environ Mca. 2021,03(2).01 0.	(only as an effect
	modifier in one
	regression of safety on
	wellbeing)
Brusaca, L. A., et al. (2021). "Physical Behaviours in Brazilian Office Workers	Non-OECD country
Working from Home during the COVID-19 Pandemic, Compared to before the	Non-OLCD country
Pandemic: A Compositional Data Analysis." International Journal of	
Environmental Research and Public Health 18(12).	
Buchser M. Taking liberties to protect our health. The World Today. 2020	Oninian nioca nat
Jun/Jul	Opinion piece, not health outcomes
Bulinska-Stangrecka, H. and A. Bagienska (2021). "The Role of Employee	Outcomes (not
Relations in Shaping Job Satisfaction as an Element Promoting Positive Mental	wellbeing)
Health at Work in the Era of COVID-19." International Journal of Environmental	wellbeilig)
Research and Public Health 18(4).	
Callaghan T, Lueck JA, Trujillo KL, Ferdinand AO. Rural and Urban Differences in	Adherence to
COVID-19 Prevention Behaviors. J Rural Health. 2021;37(2):287-95.	
COVID-19 Prevention behaviors. J Rural Health. 2021,37(2).207-93.	measures not WFH/health
Campici T. Dachas C. Skoufas A. Akgup N. Tisali D. Tasariara C. The Impact of	Not working from
Campisi T, Basbas S, Skoufas A, Akgun N, Ticali D, Tesoriere G. The Impact of	_
COVID-19 Pandemic on the Resilience of Sustainable Mobility in Sicily.	home (PA during the
Sustainability. 2020;12(21):24.	pandemic)
Canibano, A. (2019). "Workplace flexibility as a paradoxical phenomenon: Exploring employee experiences." Human Relations 72(2): 444-470.	WFH as a part of overall flexible
exploring employee experiences. Human kelations 72(2), 444-470.	
	working, plus no
Carillo K of al (2021) "Adjusting to anidomic induced televiculus area initial	wellbeing outcomes.
Carillo, K., et al. (2021). "Adjusting to epidemic-induced telework: empirical	Outcomes (not
insights from teleworkers in France." European Journal of Information Systems	wellbeing)
30(1): 69-88.	No wellbaire
Caringal-Go, J. F., et al. (2021). "Work-life balance crafting during COVID-19:	No wellbeing
exploring strategies of telecommuting employees in the Philippines."	outcomes (work-life
Community Work & Family.	balance)
Catana, SA., et al. (2021). "The Effects of the COVID-19 Pandemic on	Not examining impact
Teleworking and Education in a Romanian Higher Education Institution: An	of WFH on wellbeing
Internal Stakeholders Perspective." International Journal of Environmental	
Research and Public Health 18(15).	
Chaker, N. N., et al. (2021). "Alone on an island: A mixed-methods investigation	Not examining impact

of salesperson social isolation in general and in times of a pandemic." Industrial Marketing Management 96: 268-286.	of WFH on wellbeing
Chapman DG, Thamrin C. Scientists in pyjamas: characterising the working	Students and
arrangements and productivity of Australian medical researchers during the	university teaching
COVID-19 pandemic. Med J Aust. 2020;213(11):516-20.	,
Charbonneau E, Doberstein C. An empirical assessment of the intrusiveness and	Not health outcomes
reasonableness of emerging work surveillance technologies in the public sector.	
Public Administration Review. 2020;80(5):780-91.	
Chen, H.; Liu, F.; Pang, L.; Liu, F.; Fang, T.; Wen, Y.; Chen, S.; Xie, Z.; Zhang, X.;	Population not
Zhao, Y.; et al. Are You Tired ofWorking Amid the Pandemic? The Role of	relevant (teachers)
Professional Identity and Job Satisfaction against Job Burnout. Int. J. Environ.	relevant (teachers)
Res. Public Health 2020, 17, 9188.	Vary limited relevance
Christensen SR, Pilling EB, Eyring JB, Dickerson G, Sloan CD, Magnusson BM.	Very limited relevance
Political and personal reactions to COVID-19 during initial weeks of social	– mostly about
distancing in the United States. PLoS ONE. 2020;15(9):e0239693	response to
	restrictions
Cohen, R. L. (2019). "Spatio-Temporal Unboundedness: A Feature, Not a Bug, of	Outcomes (not
Self-Employment." American Behavioral Scientist 63(2): 262-284.	wellbeing)
Collins AM, Cartwright S, Hislop D. Homeworking: negotiating the psychological	Wellbeing is not
contract. Human resource management journal. 2013;23(2):211-25.	considered as an
	outcome – the focus is
	on the nature of
	homeworking and the
	psychological contract.
Collins, M. (2005). "The (not so simple) case for teleworking: a study at Lloyd's	Outcomes (not
of London." New Technology Work and Employment 20(2): 115-132.	wellbeing)
Concheiro-Moscoso, P., et al. (2021). "Study for the Design of a Protocol to	Protocol. Also not
Assess the Impact of Stress in the Quality of Life of Workers." International	WFH.
Journal of Environmental Research and Public Health 18(4).	
Cooper, C. D. and N. B. Kurland (2002). "Telecommuting, professional isolation,	Outcomes (not
and employee development in public and private organizations." Journal of	wellbeing)
Organizational Behavior 23: 511-532.	
Coroiu A, Moran C, Campbell T, Geller AC. Barriers and facilitators of adherence	Adherence to work at
to social distancing recommendations during COVID-19 among a large	home messages in the
international sample of adults. PLoS ONE. 2020;15(10):e0239795.	pandemic
Covark K. Book review: Annie Delaney, Rosaria Burchielli, Shelley Marshall and	Book review
Jane Tate (eds), Homeworking Women: A Gender Justice Perspective. London,	
England: SAGE Publications; 2020. p. 114-6.	
Cox AL, Collins E, Dray S, Bird J, Peters A, Mauthner N. Socio-technical practices	Not a study – no
and work-home boundaries. ACM; 2014.	results
Crescentini, C., et al. (2020). "Stuck Outside and Inside: An Exploratory Study on	Not working from
the Effects of the COVID-19 Outbreak on Italian Parents and Children's	home
Internalizing Symptoms." Frontiers in psychology 11.	nome
Cuadrado, E., et al. (2021). "Differential impact of stay-at-home orders on	Not working from
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mental health in adults who are homeschooling or "childless at home" in time	home
of COVID-19Palabras clave(sic)(sic)(sic)." Family Process.	Alatic E. P. I
da Costa Lemos, A. H., et al. (2020). "WOMEN IN HOME OFFICE DURING THE	Not in English
COVID-A9 PANDEMIC AND THE WORK-FAMILY CONFLICT CONFIGURATIONS."	
Rae-Revista De Administracao De Empresas 60(6): 388-399.	
Dale, R., et al. (2021). "Mental Health during the COVID-19 Lockdown over the	Not working from
Christmas Period in Austria and the Effects of Sociodemographic and Lifestyle	home

Factors." International Journal of Environmental Research and Public Health 18(7).	
Danker, T. N., et al. (2021). "Surviving Work from Home: Observations from	Non OECD country
Singapore." Journal of Police and Criminal Psychology.	Non-OECD country
Darouei, M. and H. Pluut (2021). "Work from home today for a better	Not ovamining impact
	Not examining impact
tomorrow! How working from home influences work-family conflict and	of WFH on wellbeing
employees' start of the next workday." Stress and Health.	Not woulder from
Day, A., et al. (2019). Information Communication Technology and Employee	Not working from
Well-Being Understanding the "iParadox Triad" at Work.	home
De Backer, C., et al. (2021). "An Evaluation of the COVID-19 Pandemic and	Not working from
Perceived Social Distancing Policies in Relation to Planning, Selecting, and	home
Preparing Healthy Meals: An Observational Study in 38 Countries Worldwide." Frontiers in Nutrition 7.	
de la Fuente, J., et al. (2021). "How Has the COVID-19 Crisis Affected the	Working from home
Academic Stress of University Students? The Role of Teachers and Students."	not a focus
Frontiers in psychology 12.	not a rocus
de Souza, E. A., et al. (2021). "Perceived barriers to physical activity during the	Not working from
2nd lockdown in a northeastern state of Brazil." Sport Sciences for Health.	home
de Vries, H., et al. (2019). "The Benefits of Teleworking in the Public Sector:	Outcomes (not
Reality or Rhetoric?" Review of Public Personnel Administration 39(4): 570-593.	wellbeing)
Delaney A. A Comparison of Australian and Indian Women Garment and	Book chapter
Footwear Homeworkers. New York: Palgrave Macmillan US; 2017. p. 193-210.	Book chapter
Delaney A, Burchielli R, Marshall S, Tate J. Homeworking women: a gender	Book – and not OECD
justice perspective. Abingdon, Oxon ;: Routledge; 2019.	BOOK - and not occo
Delanoeije J, Verbruggen M. The use of work-home practices and work-home	Work/life
conflict: Examining the role of volition and perceived pressure in a multi-	balance/conflict
method study. 2019.	(coded as this)
Dettmers, J. and J. Biemelt (2018). "Always available - the role of perceived	Not working from
advantages and legitimacy." Journal of Managerial Psychology 33(7-8): 497-	home
510.	
Dharmasiri, A. S., et al. (2012). PROMISES OF TELECOMMUTING AND	Book chapter
PREFERENCES OF MILLENNIALS: Exploring the Nexus.	
Dillard DM. The transactional theory of stress and coping: Predicting	Dissertation on
posttraumatic distress in telecommunicators. Dissertation Abstracts	telephone working
International: Section B: The Sciences and Engineering. 2019;80(8-B(E)):No	
Pagination Specified.	
Donnelly N, Proctor-Thomson SB. Disrupted work: home-based teleworking	Disaster response
(HbTW) in the aftermath of a natural disaster. New technology, work, and	
employment. 2015;30(1):47-61.	
Droit-Volet S, Gil S, Martinelli N, Andant N, Clinchamps M, Parreira L, et al. Time	General impacts of
and Covid-19 stress in the lockdown situation: Time free, << Dying>> of	COVID lockdown.
boredom and sadness. PLoS ONE. 2020;15(8):e0236465.	
Duran S, Erkin O. Psychologic distress and sleep quality among adults in Turkey	Comparison with
during the COVID-19 pandemic. Prog Neuropsychopharmacol Biol Psychiatry.	those unemployed
2021;107:110254.	
Duxbury L, Halinski M. When more is less: An examination of the relationship	Work/life
between hours in telework and role overload. Work. 2014;48(1):91-103.	balance/conflict
	(coded as this) – no
	wellbeing outcomes
Dvorak, M., et al. (2020). "Economic impacts of Covid-19 on the labor market	Not examining impact

and human capital." Terra Economicus 18(4): 78-96.	of WFH on wellbeing
Dwivedi, Y. K., et al. (2020). "Impact of COVID-19 pandemic on information	Not working from
management research and practice: Transforming education, work and life."	home
International Journal of Information Management 55.	
Eldridge LP, Pabilonia SW. Bringing work home: implications for BLS	Productivity outcomes
productivity measures. Monthly labor review. 2010;133(12):18-35.	
Ellder, E. (2019). "Who Is Eligible for Telework? Exploring the Fast-Growing	Outcomes (not
Acceptance of and Ability to Telework in Sweden, 2005-2006 to 2011-2014."	wellbeing)
Social Sciences-Basel 8(7).	
Ellder, E. (2020). "Telework and daily travel: New evidence from Sweden."	Outcomes (not
Journal of Transport Geography 86.	wellbeing)
Ellen C, Patricia V, Miet L, Peter V, Patrick C, Robby P, et al. Meaningful	General impacts of the
activities during COVID-19 lockdown and association with mental health in	pandemic
Belgian adults. BMC Public Health. 2021;21(1):622.	
Engels, E. S., et al. (2021). "Levels of physical activity in four domains and	Working from home
affective wellbeing before and during the Covid-19 pandemic." Archives of	not a focus
Public Health 79(1).	
Escudero-Castillo, I., et al. (2021). "Furloughs, Teleworking and Other Work	Comparison with
Situations during the COVID-19 Lockdown: Impact on Mental Well-Being."	those unemployed
International Journal of Environmental Research and Public Health 18(6).	
Estrada-Munoz, C.; Vega-Munoz, A.; Castillo, D.; Muller-Perez, S.; Boada-Grau,	Population not
J. Technostress of Chilean Teachers in the Context of the COVID-19 Pandemic	relevant (teachers)
and Teleworking. Int. J. Environ. Res. Public Health 2021, 18, 5458.	
Every-Palmer S, Jenkins M, Gendall P, Hoek J, Beaglehole B, Bell C, et al.	Job loss/reduction
Psychological distress, anxiety, family violence, suicidality, and wellbeing in	
New Zealand during the COVID-19 lockdown: A cross-sectional study. PLoS	
ONE. 2020;15(11):e0241658.	0
Felstead A, Henseke G. Assessing the growth of remote working and its	Outcomes (not
consequences for effort, well-being and work-life balance. New Technology, Work, and Employment. 2017;32(3):195-212.	wellbeing)
Ferrante P, Marinaccio A, Iavicoli S. Epidemiological risk analysis of home	Paper reports on
injuries in Italy (1999-2006). Int J Environ Res Public Health. 2014;11(4):4402-	relative risk of increase
16.	of 'each weekly hour
	of work at home', but
	working from home
	was not listed among
	the predictor variables
	so I think this is a
	translation error and
	they mean housework
	(which was a
	measured variable).
Ferreira, M. J., et al. (2021). "Dealing With the Pandemic of COVID-19 in	Working from home
Portugal: On the Important Role of Positivity, Experiential Avoidance, and	not a focus
Coping Strategies." Frontiers in psychology 12.	
Filardi, F., et al. (2020). "Vantagens e desvantagens do teletrabalho na	Country (no OECD)
administração pública: análise das experiências do Serpro e da Receita	
Federal." Cadernos EBAPE.BR 18(1): 28-46.	
Figure 2 5 7 July 2000 C Control C C Control C C Control C C C C C C C C C C C C C C C C C C C	Comparison with
Fiorenzato E, Zabberoni S, Costa A, Cona G. Cognitive and mental health	<u>'</u>
changes and their vulnerability factors related to COVID-19 lockdown in Italy.	those unemployed

Fisher KA, Olson SM, Tenforde MW, Feldstein LR, Lindsell CJ, Shapiro NI, et al.	Teleworking as COVID-
Telework Before Illness Onset Among Symptomatic Adults Aged >=18 Years	19 mitigation
With and Without COVID-19 in 11 Outpatient Health Care Facilities - United	
States, July 2020. MMWR Morb Mortal Wkly Rep. 2020;69(44):1648-53.	
Fishman, L. (2021). "Remote Jobs During COVID-2019 Pandemic: Fulfillment of	Language (not English)
Desires and "Apocalypse-lite"." Antinomies 21(1): 45-60.	
Florea, C., et al. (2021). "Sleep during COVID-19 lockdown: A cross-cultural	Working from home
study investigating job system relevance." Biochemical Pharmacology 191.	not a focus
Fong, B. Y. F., et al. (2020). "Relationships between Physical and Social	Non-OECD country
Behavioural Changes and the Mental Status of Homebound Residents in Hong	,
Kong during the COVID-19 Pandemic." International Journal of Environmental	
Research and Public Health 17(18).	
Fonner KL, Stache LC. All in a day's work, at home: teleworkers' management of	Not health outcomes
micro role transitions and the work-home boundary. New technology, work,	
and employment. 2012;27(3):242-57.	
Franco, E., et al. (2021). "Physical Activity and Adherence to the Mediterranean	Not working from
Diet among Spanish Employees in a Health-Promotion Program before and	home
during the COVID-19 Pandemic: The Sanitas-Healthy Cities Challenge."	Home
International Journal of Environmental Research and Public Health 18(5).	
Frantikova, Z., et al. (2017). COMPARISON OF HOMEWORKING IN THE CZECH	No wellbeing
REPUBLIC AND SPAIN. Economic and Social Development. M. Cingula, M.	_
	outcomes
Przygoda and K. Detelj: 693-700.	New OCCD security
Gabr, H. M., et al. (2021). "Effects of remote virtual work environment during	Non-OECD country
COVID-19 pandemic on technostress among Menoufia University Staff, Egypt: a	
cross-sectional study." Environmental Science and Pollution Research.	NAC 1 1
Gadeyne N, Verbruggen M, Delanoeije J, De Cooman R. All wired, all tired?	Work home
Work-related ICT-use outside work hours and work-to-home conflict: The role	interference/balance
of integration preference, integration norms and work demands. Journal of	
Vocational Behavior. 2018;107:86-99.	
Gallacher G, Hossain I. Remote Work and Employment Dynamics under COVID-	Employment loss, not
19: Evidence from Canada. Can Public Policy-Anal Polit. 2020;46:S44-S54.	health outcomes
Ghasemi, F., et al. (2021). "Exploring unprecedented problems of academicians	Non-OECD country
during the COVID 19 pandemic and their relationships with fatigue and mental	
health." Gene Reports 23.	
Ghislieri, C., et al. (2021). "Work-family conflict during the Covid-19 pandemic:	Not examining impact
teleworking of administrative and technical staff in healthcare. An Italian	of WFH on wellbeing
study." Medicina del Lavoro 112(3): 229-240.	
Giovanis, E. (2018). "Are Women Happier When Their Spouse is Teleworker?"	Not examining impact
Journal of Happiness Studies 19(3): 719-754.	of WFH on wellbeing
Gold M, Mustafa M. 'Work always wins': client colonisation, time management	Work-life balance
and the anxieties of connected freelancers. New technology, work and	
employment. 2013;28(3):197-211.	
Gomez-Rey, P., et al. (2021). "Identifying Key Variables on the Way to	No wellbeing
Wellbeing in the Transition from Face-to-Face to Online Higher Education due	outcomes
to COVID-19: Evidence from the Q-Sort Technique." Sustainability 13(11).	
	Population – students
Gonzalez-Lopez, O. R., et al. (2021). "Overwhelmed by Technostress? Sensitive	
·	· ·
Archetypes and Effects in Times of Forced Digitalization." International Journal	(not occupational
Archetypes and Effects in Times of Forced Digitalization." International Journal of Environmental Research and Public Health 18(8).	(not occupational work)
Archetypes and Effects in Times of Forced Digitalization." International Journal	(not occupational

Environmental Research and Public Health 18(11).	
Gorska, A. M., et al. (2021). "Deepening inequalities: What did COVID-19 reveal	Not examining impact
about the gendered nature of academic work?" Gender Work and Organization 28(4): 1546-1561.	of WFH on wellbeing
Gray R, Sanders C. A reflection on the impact of COVID-19 on primary care in	Primary care in the
the United Kingdom. J Interprof Care. 2020;34(5):672-8.	pandemic
Greenhill, A. and M. Wilson (2005). Flexibility, freedom and women's emancipation: a Marxist critique of at-home telework.	Book chapter
Groen, B. A. C., et al. (2018). "Managing flexible work arrangements:	Outcomes (not
Teleworking and output controls." European Management Journal 36(6): 727-735.	wellbeing)
Gschwind, L. and O. Vargas (2019). Telework and its effects in Europe.	Book chapter
Guinn CR. Exploring the experiences of females teleworking full-time in a	No health outcomes
healthcare setting. Dissertation Abstracts International: Section B: The Sciences and Engineering. 2018;79(2-B(E)):No Pagination Specified.	No near outcomes
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Emotional Exhaustion: Might Job Autonomy Have Played a Strategic Role in	of WFH on wellbeing
Workers with Responsibility during the Covid-19 Crisis Lockdown?" Behavioral	or written wendenig
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Emergency: The Crucial Role of the Leaders on Remote Working." Frontiers in	those unemployed
psychology 11.	those unemployed
Stachteas, P.; Stachteas, C. The psychological impact of the COVID-19 pandemic	Population not
on secondary school teachers. Psychiatriki 2020, 31, 293–301.	relevant (teachers)
Stanton CT, Tiwari P. Housing Consumption and the Cost of Remote Work.	Housing, not health
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Stefan, E. B. (2021). "THE ODYSSEY OF HOMEWORK DURING THE COVID-19	Non-OECD country
PANDEMIC." Amfiteatru Economic 23(58): 875-892.	Non-OECD Country
·	Outcomes (not
Straksiene, G., et al. (2021). "CHARACTERISTICS OF DISTANCE WORK ORGANIZATION IN SMES DURING THE COVID-19 LOCKDOWN: CASE OF	Outcomes (not
	wellbeing)
WESTERN LITHUANIA REGION." Entrepreneurship and Sustainability Issues 8(3): 210-225.	
Sullivan, C. and J. Smithson (2007). "Perspectives of homeworkers and their	Outcomes (not
partners on working flexibility and gender equity." International Journal of	· ·
	wellbeing)
Human Resource Management 18(3): 448-461.	Not hoalth
Sungje L, Chanjoong K. DIGITAL TRANSFORMATION IN THE FIELD OF	Not health
ARCHITECTURAL DESIGN. Space. 2020(631):56-61.	Outcomes /net
Tahavori, Z. (2015). "Teleworking in the National Library and Archives of Iran:	Outcomes (not
Teleworkers' attitudes." Journal of Librarianship and Information Science 47(4):	wellbeing)

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Tavares, F., et al. (2021). "Teleworking in Portuguese communities during the COVID-19 pandemic." Journal of Enterprising Communities-People and Places in the Global Economy 15(3): 334-349.	Outcomes (not wellbeing)
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the role of organizational culture and supportive arrangements. Brit J Manage. 2014;25(3):456-72.	interference
Trougakos JP, Chawla N, McCarthy JM. Working in a Pandemic: Exploring the Impact of COVID-19 Health Anxiety on Work, Family, and Health Outcomes. J Appl Psychol. 2020;105(11):1234.	COVID anxiety
Tusl M, Brauchli R, Kerksieck P, Bauer GF. Impact of the COVID-19 crisis on work and private life, mental well-being and self-rated health in German and Swiss employees: a cross-sectional online survey. BMC Public Health. 2021;21(1):741.	COVID anxiety
Uddin M. Addressing work-life balance challenges of working women during COVID-19 in Bangladesh. International Social Science Journal. 2021;71(239-240):7-20.	Work family balance
Uehara, M., et al. (2021)a. "A Model of Stress Change under the First COVID-19 Pandemic among the General Public in Japanese Major Cities and Rural Areas." Sustainability 13(3).	Working from home not a focus
Uehara, M., et al. (2021)b. "Common Factors of Stress Change under the First	Working from home
COVID-19 Outbreak as Observed in Four Global Cities." Sustainability 13(11). Utoft, E. H. (2020). "'All the single ladies' as the ideal academic during times of COVID-19?" Gender Work and Organization 27(5): 778-787.	not a focus Based on opinion
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van der Lippe, T. and Z. Lippenyi (2020). "Co-workers working from home and individual and team performance." New Technology Work and Employment 35(1): 60-79.	Outcomes (not wellbeing)
van Deurzen I, Bekker S. Who suffers from the cumulation of atypical employment? A longitudinal analysis based on Dutch data. Eur J Public Health. 2019;29(3):547-8.	Working from home only examined as a part of 'atypical working' and not analysed separately.
van Esch, C., et al. (2021). "The impact of COVID-19 pandemic concerns and gender on mentor seeking behavior and self-efficacy." Equality Diversity and Inclusion.	Outcomes (not wellbeing)
Van Steenbergen, E. F., et al. (2018). "Transitioning Towards New Ways of Working: Do Job Demands, Job Resources, Burnout, and Engagement Change?" Psychological Reports 121(4): 736-766.	Not focused on WFH

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van Zoonen, W. and C. L. ter Hoeven (2021). "Disruptions and General Distress	Not examining impact
for Essential and Nonessential Employees During the COVID-19 Pandemic."	of WFH on wellbeing
Journal of Business and Psychology.	
van Zoonen, W., et al. (2021). "Factors Influencing Adjustment to Remote	Outcomes (not
Work: Employees' Initial Responses to the COVID-19 Pandemic." International	wellbeing)
Journal of Environmental Research and Public Health 18(13).	
Venuleo, C., et al. (2020). "The Meaning of Living in the Time of COVID-19. A	Working from home
Large Sample Narrative Inquiry." Frontiers in psychology 11.	not a focus
Verhagen IE, van Casteren DS, Lentsch SDV, Terwindt GM. Effect of lockdown	COVID and migraines
during COVID-19 on migraine: A longitudinal cohort study. Cephalalgia. 2021.	
Verhoef M, Roeters A, Lippe T. Couples' Work Schedules and Child-Care Use in	Not health outcomes
the Netherlands. Journal of Child & Family Studies. 2016;25(4):1119-30.	
Vohra, S. and M. Taneja (2021). "Care and community revalued during the	Not working from
COVID-19 pandemic: A feminist couple perspective." Gender Work and	home
Organization 28: 113-121.	Home
Vrchota J, Marikova M, Rehor P. TELEWORKING IN SMALL AND MEDIUM	No wellbeing
ENTERPRISES (SMES) BEFORE THE ONSET OF CORONAVIRUS CRISIS IN THE	outcomes – looks at
CZECH REPUBLIC. Manag-J Contemp Manag Issues. 2020;25(2):151-64.	factors that predict
CZECH REPOBLIC. Manag-3 Contemp Manag Issues. 2020,23(2).131-04.	
Mana D. et al. (2021) "Askin in a Effective Demote Merking Device the COMP	home working
Wang, B., et al. (2021). "Achieving Effective Remote Working During the COVID-	Non-OECD country
19 Pandemic: A Work Design Perspective." Applied Psychology-an International	
Review-Psychologie Appliquee-Revue Internationale 70(1): 16-59.	
Wang H, Li T, Gauthier S, Yu E, Tang Y, Barbarino P, et al. Coronavirus epidemic	Not working from
and geriatric mental healthcare in China: how a coordinated response by	home
professional organizations helped older adults during an unprecedented crisis.	
International Psychogeriatrics. 2020;32(10):1117-20.	
Wang, W., et al. (2020). "Employee isolation and telecommuter organizational	Outcomes (not
commitment." Employee Relations 42(3): 609-625.	wellbeing)
Wang, Y., et al. (2021). "Prevalence and risk factors of worry among teachers	Population not
during the COVID-19 epidemic in Henan, China: a cross-sectional survey." BMJ	relevant (teachers)
Open 11(7).	
Wapshott R, Mallett O. The spatial implications of homeworking: A lefebvrian	Not a study
approach to the rewards and challenges of home-based work. 2012.	(theoretical paper /
	narrative review),
	focus not on wellbeing
Wardell JD, Kempe T, Rapinda KK, Single A, Bilevicius E, Frohlich JR, et al.	Income loss
Drinking to Cope During COVID-19 Pandemic: The Role of External and Internal	
Factors in Coping Motive Pathways to Alcohol Use, Solitary Drinking, and	
Alcohol Problems. Alcohol Clin Exp Res. 2020;44(10):2073-83.	
Weinert, C., et al. (2014). Does Teleworking Negatively Influence IT	Non-OECD country
Professionals? An Empirical Analysis of IT Personnel's Telework-enabled Stress.	
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and People Research (ACM SIGMIS CPR), Singapore, SINGAPORE.	
Whittle, A. and F. Mueller (2009). "I could be dead for two weeks and my boss	Outcomes (not
would never know': telework and the politics of representation." New	wellbeing)
Technology Work and Employment 24(2): 131-143.	weindenig)
Wong JC. Pandemic planning for hospital-based speech-language pathologists:	Not health outcomes
	ivot nearth outcomes
Emerging lessons from coronavirus disease. Canadian Journal of Speech-	
Language Pathology and Audiology. 2020;44(3):151-65.	Dungantatian
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Employment: A Focile on Home Work and Idlowerk 1010	1

Wouters M, Humblet M. The international regulation of home work: ILO	Presentation
Convention No. 177 and Recommendation No. 184. 2019.	Fresentation
Xu, L., et al. (2021). "Factors Associated With Preference of Psychological	Population not
Intervention and Mental Status Among Chinese Teachers During Coronavirus	relevant (teachers)
Disease 2019: A Large Cross-Sectional Survey." Frontiers in Psychiatry 12.	relevant (teachers)
Yamamura E, Tsustsui Y. The impact of closing schools on working from home	No wellbeing
during the COVID-19 pandemic: evidence using panel data from Japan. Rev	outcomes
Econ Househ. 2021;19(1):41-60.	outcomes
Yellowlees P, Nakagawa K, Pakyurek M, Hanson A, Elder J, Kales HC. Rapid	Not health outcomes
Conversion of an Outpatient Psychiatric Clinic to a 100% Virtual Telepsychiatry	Not fleatiff dutcomes
Clinic in Response to COVID-19. Psychiatr Serv. 2020;71(7):749-52.	
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Yerkes MA, Andre SCH, Besamusca JW, Kruyen PM, Remery C, van der Zwan R, et al. 'Intelligent' lockdown, intelligent effects? Results from a survey on gender	Pandemic gender inequality
(in)equality in paid work, the division of childcare and household work, and	Intequality
quality of life among parents in the Netherlands during the Covid-19 lockdown.	
PLoS ONE. 2020;15(11):e0242249.	
Yi, J., et al. (2021). "The Effect of Primary and Middle School Teachers'	Population not
Problematic Internet Use and Fear of COVID-19 on Psychological Need	relevant (teachers)
Thwarting of Online Teaching and Psychological Distress." Healthcare 9(9).	relevant (teachers)
Zadok-Gurman, T., et al. (2021). "Effect of Inquiry-Based Stress Reduction (IBSR)	Population not
Intervention on Well-Being, Resilience and Burnout of Teachers during the	relevant (teachers)
COVID-19 Pandemic." International Journal of Environmental Research and	Televanii (teachers)
Public Health 18(7).	
Zhang, C., et al. (2021). "Exploring Public Sentiment on Enforced Remote Work	Not examining impact
During COVID-19." Journal of Applied Psychology 106(6): 797-810.	of WFH on wellbeing
Zhang, S.X.; Wang, Y.; Rauch, A.; Wei, F. Unprecedented disruption of lives and	Non-OECD country
work: Health, distress and life satisfaction of working adults in China one month	Non-OLCD country
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Zheteyeva Y, Rainey JJ, Gao H, Jacobson EU, Adhikari BB, Shi J, et al.	Not health outcomes.
Unintended costs and consequences of school closures implemented in	Not health outcomes.
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Zito M, Ingusci E, Cortese CG, Giancaspro ML, Manuti A, Molino M, et al. Does	COVID lockdown
the End Justify the Means? The Role of Organizational Communication among	outcomes
Work-from-Home Employees during the COVID-19 Pandemic. Int J Environ Res	outcomes
Public Health. 2021;18(8):08.	
1 ubile ficultif. 2021,10(0).00.	

2.2. Summary of online teaching studies (excluded)

Study	Cov id Y/ N	Country Population	Study design	Primary outcomes	Associations Work from home
Amri 2020	Y	Morocco Teachers	Survey Cross- sectional	Burnout	Skills in communication/tech, distance work/family responsibility conflict; social support, and workload significantly associated with burnout while working from home. RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)

Study	Cov id Y/ N	Country Population	Study design	Primary outcomes	Associations Work from home
Aperrib ai 2020	Υ	Spain Teachers	Survey Cross- sectional	Wellbeing GHQ-12 Exercise	Number of hours of teaching work and number of hours of physical activity at home significant predictors of GHQ-12 score [no direction] RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)
Chen 2020	Υ	China & USA University teachers	Survey Cross- sectional	Burnout	Burnout when WFH (high)significantly negatively correlated with (low) professional identity and job satisfaction.
Estrada- Muñoz 2021	Y	Chile Teachers		Technostr ess	Female teachers show a higher technostress than their male gender pairs. Assumed link to wellbeing. RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)
Lizana 2021a	Υ	Chile Teachers	Survey Cross- sectional	Work- family balance and QoL	QoL mental health component negatively affected by working more hours than before the pandemic and those whose work-family balance was affected by work demands. RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)
Lizana 2021b	Y	Chile Teachers	Survey Longitudi nal	QoL	Scores significantly worsened from pre- to during the pandemic on all QoL domains among the total sample and among females. RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)
MacInty re 2020	Y	Worldwide Teachers	Survey Cross- sectional	Stress. Wellbeing . Coping.	Stress associated with: workload, family health, loss of control over work, blurred lined between home and work, loss of control over personal decisions, the stress of online teaching, irregular hours and finances. Poor coping strategies also associated with stress. RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)
Matiz 2020	Y	Italy Teachers	Interventi on (no control)	Psycholog ical wellbeing Emotional distress	Mindfulness training increased wellbeing in lockdown.
Penado Abilleira 2020	Y	Spain Teachers	Survey Cross- sectional	Technostr ess	Teachers from face to face universities had the highest scores on all technostress subfactors. Scores relating to the subjective experience of technostress were higher in females than males. RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)
Prado- Gascó 2020	Y	Spain and Mexico Teachers	Survey Cross- sectional	Psycholog ical risk Burnout	Teachers in Spain had significantly higher scores than teachers in Mexico for psychosomatic problems and burnout. RESULTS NOT MEANINGFUL POST LOCKDOWN

Study	Cov id Y/ N	Country Population	Study design	Primary outcomes	Associations Work from home
					(LB)
Sârbu 2021	Y	Romania HE teachers	Survey Cross- sectional	Advantag es and disadvant ages of telework.	Working online – higher stress and more fatigue. RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)
Sokal 2020a	Y	Canada Teachers	Survey Cross- sectional Qualitativ e. Semi- structure d interview s	Stress and coping	Positive attitudes toward change, positive perceptions of principal support, teaching efficacy, and positive attitudes towards technology and teacher resilience were negatively correlated with burnout. RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)
Sokal 2020b	Y	Canada Teachers	Survey Cross- sectional Qualitativ e. Semi- structure d interview s	Stress Burnout	Exhaustion levels were high, and were significantly (positively) related to time management, technology issues, parents, and balancing home and teaching.
Stachte as 2020	Y	Greece Teachers	Survey Cross- sectional	Fear, stress, depressio n	Males were less likely to experience fear and stress and depression and more likely to experience optimism. RESULTS NOT MEANINGFUL POST LOCKDOWN (LB)

2.3. Summary of studies comparing working at home with those who had retired or lost their jobs (excluded)

Study	Covi d Y/N	Country Population	Study design	Primary outcomes	Associations Work from home
Duran 2021	Y	Turkey Adults	Survey Cross- sectional	Psycholog ical distress Sleep quality	Psychological distress levels were higher in those who were working from home and working from their workplaces than those who were already not working before the pandemic. Sleep quality was better among those working from home, working from their workplaces and already not working than those who had left work in the pandemic.

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Escude ro- Castill o 2021	Υ	Spain Workers	Survey Cross- sectional	Psycholog ical wellbeing	Teleworking was associated with worse psychological wellbeing than continuing to work in the same pre-pandemic workplace (PWB worse still among unemployed or furloughed).
Pieh 2020	Y	Austria Adults	Survey Cross- sectional	QoL. Wellbeing . Perceived stress. Anxiety. Sleep quality.	Those who did not work had significantly worse QoL, wellbeing, depressive symptoms and insomnia than those who worked from home. Those who worked from home had significantly less perceived stress than those out of work and retired, and significantly less anxiety than those who had retired.
Silva Moreir a 2021	Υ	Portugal Adults	Survey Cross- sectional	psycholog ical burden	Continuing to work (either remotely or in the workplace) was linked to lower depressive symptoms.
Fioren zato 2021	Y	Italy General population	Survey Cross- sectional	Depressio n and anxiety (HADS)	Greater depression and anxiety (compared with pre-lockdown) in all working groups. Depressive symptoms worsened more in underemployed than those working from home and working outside the home. Anxiety symptoms worsened more in underemployed group than working from home. Underemployed and working from home perceived greater cognitive worsening during lockdown compared with pre-lockdown.
Smith 2021 ⁹⁴	Υ	Canada Non healthcare workers	Survey Cross- sectional	Anxiety and depressio n	Anxiety and depression lower for those WFH.
Ignaci o (2020)	Υ	USA	Survey	Satisfacti on	Male teleworkers higher levels of satisfaction.