Online supplementary file 4: Cost and health benefits of diagnosis of individuals with familial hypercholesterolaemia in the long term

Contents

Model structure

Similarly to the analysis in the Section 8.2¹. Coronary revascularisation was excluded because, as a non-elective procedure for the management of some types of ACS, it will be partly captured in the ACS events; because the effect of coronary revascularisation on the risk of ACS is unclear from the literature ²⁻⁵, and due to lack of evidence on the direction of effect of diagnosis and subsequent LLT on the probability of elective coronary revascularisation.

The model does not consider recurring events explicitly, in contrast with some of the previous costeffectiveness models in both people with FH $^{6-10}$ and in the general population $^{11-14}$. We took this approach given the limited data on recurrent events from the CPRD cohort, and because the purpose of our model is to capture the impact of diagnosis, which is primarily in individuals who have not yet experienced a CV event. Once individuals have experienced a CV event, the role of diagnosis is likely to be less important as individuals with CV history will generally be in receipt of LLT.

Model inputs

Effect of diagnosis on cholesterol

Table 1: Effect of diagnosis on low-density lipoprotein cholesterol

Risk of first major cardiovascular event

Table 2: Coefficients of risk equations used in the cost-effectiveness model

Obtained from the analysis of time to first major cardiovascular event reported in Section 11.2. For hazard ratios, see Chapter Section 11.2

Distribution for probabilistic sensitivity analysis: multivariate normal.

Table 3: Cholesky decomposition for the exponential risk equation

Table 4: Cholesky decomposition for the generalised gamma risk equation

Table 5: Distribution of individuals by type of 1st CV event

Table 6: Calculation of risk adjustment from Perak et al¹⁵

Cumulative hazard calculated as 1 – Survival.

Hazard rate calculated as the ratio between the differences in cumulative hazards.

Hazard ratio calculated as the ratio between the hazard rate at approximately 20 and 30 years to the hazard rate at 10 years.

Hazard ratio used in the model corresponds to the hazard ratio calculated in the population aged 30 years, and the average of the hazard ratios calculated from the population aged 40-60 years.

N/A: Not applicable

Not included in the probabilistic sensitivity analysis

Table 7: Effect of reducing low-density lipoprotein cholesterol by 1 mmol/L on the risk of non-cardiovascular death

Survival post-1st major cardiovascular event

We compared the survival after the $1st$ non-fatal acute coronary syndrome and after the $1st$ non-fatal ischaemic stroke/transient ischaemic attack observed in the CPRD cohort and predicted by the Lewsey equations 17 given the average age at the event and sex of the CPRD cohort (Figures 1 and 2). We concluded that Lewsey equations overestimated survival after the $1st$ non-fatal acute coronary syndrome but fitted well to the observed survival after the 1st non-fatal ischaemic stroke/transient ischaemic attack. Therefore, we calibrated the Lewsey equations for survival after the 1st non-fatal acute coronary syndrome by applying the hazard ratio of the observed hazard rate to the Lewsey predicted hazard rate at 1.3 years, at 2.91.

Figure 1: Comparison of observed survival in CPRD cohort after first non-fatal acute coronary syndrome event to Lewsey et al ¹⁷ risk equations for death after first non-fatal coronary heart disease given age and sex of the CPRD cohort

Figure 2: Comparison of observed survival in CPRD cohort after first non-fatal ischaemic stroke or transient ischaemic attack event to Lewsey et al ¹⁷ risk equations for death after first non-fatal cerebrovascular event given age and sex of the CPRD cohort

To avoid having yearly tunnel states from the first non-fatal event, we assumed that the hazard rate at 10 years from the Lewsey equations 17 , calculated at 10-year age intervals for the age at which the CV event had occurred, was generalisable over the long-term. The predictions using this hazard rate compared well with the original Lewsey equations 17 (see Figures 3 and 4 for males; figures for females not presented but similar).

Figure 3: Comparison of predictions by the Lewsey et al ¹⁷ risk equation for time from first non-fatal coronary heart disease to death to equations using inferred hazard rate at 10 and at 20 years in males adjusted for general-population mortality; all given age at the event

Legend:

- Lewsey Age = 40, 50, 60, 70, 80: predictions using Lewsey et al equation if individuals had the coronary heart disease event at 40, 50, 60, 70 or 80 years of age.
- Exp 10y GP Age 40, 50, 60, 70, 80: predictions using a constant hazard rate inferred from the Lewsey et al rate at 10 years, constrained by the age- and sex-matched general population mortality, if individuals had the coronary heart disease event at 40, 50, 60, 70 or 80 years of age.
- Exp 20y GP Age 40, 50, 60, 70, 80: predictions using a constant hazard rate inferred from the Lewsey et al rate at 20 years, constrained by the age- and sex-matched general population mortality, if individuals had the coronary heart disease event at 40, 50, 60, 70 or 80 years of age.

Figure 4: Comparison of predictions by the Lewsey et al ¹⁷ risk equation for time from first non-fatal cerebrovascular disease event to death to equations using inferred hazard rate at 10 and at 20 years in males adjusted for general-population mortality; all given age at the event

Legend:

- Lewsey Age = 40, 50, 60, 70, 80: predictions using Lewsey et al equation if individuals had the cerebrovascular disease event at 40, 50, 60, 70 or 80 years of age.
- Exp 10y GP Age 40, 50, 60, 70, 80: predictions using a constant hazard rate inferred from the Lewsey et al rate at 10 years, constrained by the age- and sex-matched general population mortality, if individuals had the cerebrovascular disease event at 40, 50, 60, 70 or 80 years of age.
- Exp 20y GP Age 40, 50, 60, 70, 80: predictions using a constant hazard rate inferred from the Lewsey et al rate at 20 years, constrained by the age- and sex-matched general population mortality, if individuals had the cerebrovascular disease event at 40, 50, 60, 70 or 80 years of age.

Table 8: Probability of all-cause death following the 1st non-fatal cardiovascular event

Other inputs

*Table 9: Probability of non-cardiovascular death per annum by sex and age used in the cost-effectiveness model*¹⁸

Table 10: Distribution and unit costs of lipid lowering therapy

Table 11: Monitoring pattern and costs in the base-case

Table 12: Unit costs to calculate the costs of blood tests

Table 13: Calculation of cost of appointments in secondary care

Table 14: Unit costs to calculate the costs of blood tests

Table 15: Calculations of the cost of health states

Table 16: Calculations for health-related quality of life weights post-event

Source of the original values is the NICE CG181 12 .

Values used in the model are the weighted average of the original values weighted with the relative proportion of cases in the CPRD cohort.

Distribution for the probabilistic sensitivity analysis: Beta.

• Scenario analysis

List of scenario analyses

Table 17: Scenario analyses

Model inputs for scenario analyses

Table 18: Model inputs for scenario 15: including the costs and QALY consequences related to new cases of type 2 diabetes caused by statins, obtained from NICE CG181 updated to 2019

Table 19: Model inputs for scenario 19: The risk of the first CV event is adjusted upwards with the standardised mortality ratio

Table 20: Model inputs for scenario 20: The probability of death due to the first CV event depends on age

Table 21: Model inputs for scenario 24: low-intensity monitoring

Table 22: Model inputs for scenario 25: high-intensity monitoring

Table 23: Model inputs for scenario 27: costs obtained from the NICE CG181

ACS: Acute Coronary Syndrome; CV: Cardiovascular; IS: Ischaemic Stroke; NICE: National Institute for Health and Care Excellence; TIA: Transient Ischaemic Attack.

To calculate these costs, we recalculated the costs as per the NICE CG181 model 12 , updated to 2019 20,21 , and calculated the weighted average of the costs of myocardial infarction and unstable angina, and of ischaemic stroke and transient ischaemic attack based on the proportions in the CPRD cohort.

Table 24: Model inputs for scenario 28: Increased costs of recurrent events

Table 25: Model inputs for scenario 29, in which the health-related quality of life weights are obtained from Ara et al ^{13,30}.

Validation

Advishe checklist³¹

Table 26: Advishe checklist for the cost-effectiveness model on the long-term health outcomes and costs of individuals with FH

TECH-VER checklist³²

Table 27: TECH-VER checklist

Information. HR: Hazard Ratio. ICER: Incremental Cost-Effectiveness Ratio. LDLC: Low Density Lipoprotein Cholesterol. LLT: Lipid Lowering Treatment. OR: Odds Ratio.

OWSA: One-Way Sensitivity Analysis. PSA: Probabilistic Sensitivity Analysis. QALYs: Quality-Adjusted Life Years. RR: Risk Ratio. SoC: Standard of Care. TECH-VER: TECHnical VERification checklist. WTP: Willingness To Pay

• Results

Impact of diagnosis on health outcomes

Figure 5A: Gains in life expectancy due to diagnosis in males

Figure 5B: Gains in life expectancy due to diagnosis in females

Figure 5: Gains in life expectancy due to diagnosis (undiscounted)

Figure 6A: Gains in quality-adjusted life expectancy (discounted) in males

Figure 6B: Gains in quality-adjusted life expectancy (discounted) in females

Figure 6: Gains in quality-adjusted life expectancy (discounted)

Impact of diagnosis on costs

Figure 7A: Impact of diagnosis on discounted costs in males

Figure 7B: Impact of diagnosis on discounted costs in females

Figure 7: Impact of diagnosis on discounted costs

Impact of diagnosis on net health gain

Figure 8A: Impact of diagnosis on net health gain at the £20,000/QALY threshold in males

Figure 8B: Impact of diagnosis on net health gain at the £20,000/QALY threshold in females

Figure 8: Impact of diagnosis on net health gain at the £20,000/QALY threshold (discounted to present values)

Probability that diagnosis is a net health gain for the NHS

Figure 9: Probability that diagnosis is a net health gain for the NHS at the cost-effectiveness threshold of £15,000/QALY

Results of the scenario analysis

Table 28: Change in the number of subgroups for whom diagnosis is a net health gain compared to the base-case, at a costeffectiveness threshold of £15,000/QALY

Expected value of perfect information

Figure 10B: Expected value of perfect information in females

Figure 10: Expected value of perfect information per individual, at the cost-effectiveness threshold of £15,000/QALY

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