

## Supplementary Material 5 Trial resource use (9-12 month) - complete case analysis

Resource use 9-12 months follow-up	SWAL plus desk			SWAL only			Standard care		
	N	Mean (SD)	Min, Max	N	Mean (SD)	Min, Max	N	Mean (SD)	Min, Max
<b>Primary care</b>									
GP surgery visit	166	0.64 (0.94)	(0, 4)	144	0.58 (1.06)	(0, 7)	157	0.85 (2.74)	(0, 31)
GP home visit	166	0 (0)	(0, 0)	144	0 (0)	(0, 0)	157	0 (0)	(0, 0)
GP phone call	166	0.14 (0.55)	(0, 5)	144	0.13 (0.45)	(0, 3)	157	0.15 (0.56)	(0, 5)
GP nurse surgery visit	166	0.26 (0.75)	(0, 7)	144	0.22 (0.53)	(0, 3)	157	0.26 (0.67)	(0, 5)
GP nurse visit	166	0 (0)	(0, 0)	144	0 (0)	(0, 0)	157	0 (0)	(0, 0)
GP nurse phone call	166	0.01 (0.08)	(0, 1)	144	0.01 (0.08)	(0, 1)	157	0.01 (0.11)	(0, 1)
NHS walk-in centre visit	166	0.02 (0.17)	(0, 2)	144	0.06 (0.32)	(0, 3)	157	0.04 (0.19)	(0, 1)
NHS urgent care centre visit	166	0.01 (0.08)	(0, 1)	144	0.01 (0.12)	(0, 1)	157	0.02 (0.14)	(0, 1)
<b>Community services</b>									
Occupational Health Nurse	166	0 (0)	(0, 0)	144	0.04 (0.29)	(0, 3)	157	0.05 (0.42)	(0, 5)
<b>Mental health care</b>									
Mental health nurse	166	0 (0)	(0, 0)	144	0.01 (0.08)	(0, 1)	157	0.01 (0.11)	(0, 1)
Other counsellor/therapist	166	0.24 (1.37)	(0, 12)	144	0.28 (1.16)	(0, 8)	157	0.32 (1.87)	(0, 18)
<b>Secondary care</b>									
Accident and Emergency Visit	166	0.02 (0.15)	(0, 1)	144	0.03 (0.16)	(0, 1)	157	0.05 (0.25)	(0, 2)
Outpatient appointments	166	0.28 (0.84)	(0, 7)	144	0.28 (1.03)	(0, 8)	157	0.38 (1.71)	(0, 20)
Accident and emergency visits	166	0 (0)	(0, 0)	144	0.03 (0.26)	(0, 3)	157	0.01 (0.16)	(0, 2)
Inpatient days	166	0.64 (0.94)	(0, 4)	144	0.58 (1.06)	(0, 7)	157	0.85 (2.74)	(0, 31)