

## Supplementary Material 6 Trial resource use (3-12 months assumed) - complete case analysis

Resource use 3-12 months assumed*	SWAL plus desk			SWAL only			Standard care		
	N	Mean (SD)	Min, Max	N	Mean (SD)	Min, Max	N	Mean (SD)	Min, Max
<b>Primary care</b>									
GP surgery visit	136	1.68 (2.18)	(0, 12)	125	2.02 (4.5)	(0, 42)	116	1.97 (3.21)	(0, 21)
GP home visit	136	0 (0)	(0, 0)	125	0 (0)	(0, 0)	116	0 (0)	(0, 0)
GP phone call	136	0.46 (1.33)	(0, 10)	125	0.37 (1.02)	(0, 7)	116	0.46 (1.37)	(0, 10)
GP nurse surgery visit	136	0.8 (1.87)	(0, 17)	125	0.7 (1.35)	(0, 8)	116	0.66 (1.24)	(0, 6)
GP nurse visit	136	0.01 (0.09)	(0, 1)	125	0 (0)	(0, 0)	116	0 (0)	(0, 0)
GP nurse phone call	136	0.04 (0.22)	(0, 2)	125	0.02 (0.18)	(0, 2)	116	0.03 (0.21)	(0, 2)
NHS walk-in centre visit	136	0.05 (0.39)	(0, 4)	125	0.19 (0.72)	(0, 6)	116	0.11 (0.43)	(0, 2)
NHS urgent care centre visit	136	0.02 (0.19)	(0, 2)	125	0.06 (0.29)	(0, 2)	116	0.05 (0.32)	(0, 2)
<b>Community services</b>									
Occupational Health Nurse	136	0.04 (0.35)	(0, 4)	125	0.1 (0.67)	(0, 6)	116	0.15 (0.97)	(0, 10)
<b>Mental health care</b>									
Mental health nurse	136	0.01 (0.12)	(0, 1)	125	0.02 (0.18)	(0, 2)	116	0.02 (0.19)	(0, 2)
Other counsellor/therapist	136	0.61 (3.14)	(0, 25)	125	0.96 (3.35)	(0, 28)	116	0.75 (2.77)	(0, 24)
<b>Secondary care</b>									
Accident and Emergency Visit	136	0.1 (0.42)	(0, 3)	125	0.07 (0.41)	(0, 3)	116	0.12 (0.53)	(0, 4)
Outpatient appointments	136	0.84 (2.04)	(0, 16)	125	0.7 (1.83)	(0, 14)	116	0.78 (1.41)	(0, 6)
Accident and emergency visits	136	0.01 (0.09)	(0, 1)	125	0.08 (0.59)	(0, 6)	116	0.04 (0.38)	(0, 4)
Inpatient days	136	1.68 (2.18)	(0, 12)	125	2.02 (4.5)	(0, 42)	116	1.97 (3.21)	(0, 21)

\*Linear interpolation used between 3-9 months