Participant identification and recruitment pathway

Mail out Self-referral Referral from clinical care Clinical care team or GP surgery sent information to patients. If team Promotion of study through serviceinterested the patient returned a response card (a reply-paid user groups and third sector Clinical care team discussed organisations post card indicating interest and collecting contact details) to Join Dementia Research database the study with patient. If central study team who returned this to the local team. General promotion of the study they were interested People contacted research team directly A member of local research team conducted a follow-up clinician informed local or returned response card research team. phone call. Screening Potential participant's non identifying details recorded in the JtD database Not interested If no longer interested this was Research team contacted potential participant recorded on the database. No further contact was made. Discussed study - level of detail was dependant on the person with dementia. Non contact Eligibility and consent visit was arranged. Consent form and participant information sheet sent. If the diagnosis was not confirmed If contact could not be made a non by health care professional as part contact letter was sent. No further Where relevant, supporters contacted. If supporter was interested of referral, researchers collected contact attempted unless person in taking part, participating supporter information sheet and diagnosis information from GP or contacted the research team. consent form was sent to them other appropriate pathway. Not eligible Eligibility and consent visit Explained they were not The consent and eligibility visit may eligible and no further contact Face-to-face visit conducted with the person with dementia – the have been done as a combined visit would be made study was explained, eligibility assessed, consent requested. if agreed by central study team The participating supporter visit Not interested **Baseline visit** may have been conducted If choose not to participate separately or split between the Face-to-face visit with the person with dementia conducted explained no further contact eligibility/consent visit and baseline to administer baseline measures. would be made visit if it was more appropriate. Randomisation Research team completed randomisation process and followed procedure for notifying participants and facilitators of group allocation. Health care professionals, including GP, notified by letter.