

Supplementary material 2

Table showing summary statistics of self-reported smoking, physical activity and sleeping prior to truncation at baseline, 3 and 9 months by allocated group

		Baseline		3 months follow up		9 months follow up	
		SAU	Intervention	SAU	Intervention	SAU	Intervention
No. of daily cigarettes calculated from self-reported daily cigarettes, cigars and loose tobacco	N	454	452	283	275	240	244
	mean (SD)	17.5 (10.6)	18.5 (15.6)	30.1 (39.8)	21.5 (25.1)	25.1 (27.2)	24.0 (30.8)
	median [min, max]	15.6 [2.2, 133.3]	15.0 [4.0, 166.7]	16.0 [1.0, 333.3]	12.0 [1.0, 133.3]	15.0 [1.0, 143.3]	12.0 [1.0, 171.1]
Self-reported total weekly minutes moderate-to-vigorous PA	N	458	457	300	308	269	273
	mean (SD)	548.0 (640.3)	549.4 (667.2)	356.7 (500.7)	460.4 (569.8)	380.9 (530.5)	392.5 (501.9)
	median [min, max]	360.0 [0.0, 3360.0]	315.0 [0.0, 3420.0]	210.0 [0.0, 4450.0]	274.5 [0.0, 3045.0]	210.0 [0.0, 3340.0]	240.0 [0.0, 3480.0]
Self-reported nocturnal hours spent sleeping	N	454	453	287	294	258	268
	mean (SD)	6.7 (1.5)	6.9 (1.6)	6.8 (2.1)	7.7 (11.5)	6.6 (2.2)	6.9 (2.3)
	median [min, max]	7.0 [3.0, 13.0]	7.0 [2.0, 16.0]	7.0 [0.0, 21.0]	7.0 [0.0, 200.0]	7.0 [0.0, 20.0]	7.0 [0.0, 20.0]

Note: Accelerometer data is from those providing at least 1 day of data, with a daily wear-time of at least 10 hours.