

Report Supplementary Material 2: Study 3 Topic Guide

ECLIPSE (Enhancing Cognition and quality of Life in the early PSychoSEs)

Study 3: Preference domains for CR implementation

Topic guide

For service users only: For each of the probes researcher asks a general question first relating to the therapy the service user has received in the past/is receiving; followed by specific reference to the CR. The topic schedule is not exhaustive; the probes are only used to guide the discussion around the main concepts eg. 'expectation and experience of mental health care', 'the availability and accessibility of support etc.

For staff: Research worker asks questions in relation to what they think their clients value in the therapy they receive.

(1) Expectations and experience of mental health care

Probes:

- What are the things that you especially value (are important to you) when receiving mental health care or therapy?
- What are the things that you especially like and what dislike/ or would like to change? *(How do you see the value of the CR?)*
- When do you say the treatment/therapy was successful/not successful – what criteria do you use? *(What criteria would you use for how successful the CR was?)*
- What influences the extent to which your needs in the therapy have been met? What factors influence the outcomes of the therapy – positive and negative?
- What are your usual expectations with regard to the therapy? *(What would it be for CR?)*

(2) The availability and accessibility of support

Probes:

- Do you think the therapeutic support is necessary for the CR therapy to be successful? If so, how much?
- Do you think that the therapy should be available and accessible for when a participant needs/wants it? In what way? *(eg. choice of appointment times, availability of specific therapists, available from home such as 'homework' tasks)*

- How long do you think the CR therapy session should last? How frequent would you like the CR therapy to be?
- Is the location of the services important to you? Or ease of access to facilities? And therapy materials, tools etc.?
- Is the information about support offered important to you (and the access to it)?
(before, during and after the therapy)

(3) Relationship with the therapist

Probes:

- How do they feel about the importance of therapists' relationship with a service user?
- What things would you value in CR therapist? (eg how much is the therapist competent and knowledgeable?; interpersonal skills: attitudes – patience, respect, compassion; supportive)?
- Is it important that the therapist explain what the therapy will involve (or quality of the teaching, communication&feedback)?
- Is continuity of care/therapy important to you? How much?

(4) Patient centeredness

Probes:

- How much you would like to be involved in decisions about your care?
- Do you think the power and responsibilities should be shared with the therapist?
- Are you being treated as individual, your specific needs taken into account?

(5) The length, duration and context

Probes:

- How satisfied are you with the amount of help you received?
- How satisfied are you with the length of each therapeutic session?
- How satisfied are you with the length of therapy/number of sessions in total?
- How satisfied are you with the way the therapy was carried out (e.g. in a group, individually)?

- How satisfied are you with the way of scheduling appointments/sessions – and/or flexibility of scheduling appointments / convenience of the therapy?
- Calm and stimulating atmosphere?

(6) Outcomes

Probes:

- Do you value the personal impact of doing the therapy? (ie. how it made you feel – during and after the therapy)?
- To what extent has the therapy met your needs? Considering your needs how appropriate was the therapy you received?
- Has the therapy helped you to deal more effectively with your problems?
- Extent to which treatment was adapted to your problem?

(7) The location

Probes:

Premises – suitable?

Ease of access facilities?

Ease of use of computer program?

Comfort of the room provided?

(8) Other

Probes:

- How do you rate the importance of efficiency (balance between time, burden and output of care in therapy)?
- Importance of other outcomes of the therapy – which are the most important to you (health outcomes, quality of life)?

Closing question

Any other contributions you would like to make that have not been covered?