

Dermatology Specialist Nurse Survey of Lifestyle Management

We are conducting a brief online questionnaire being sent out to all nurses registered with the British Dermatological Nursing Group. We would like to understand your experiences as a Dermatology Specialist Nurse of supporting patients in making lifestyle behaviour change.

The questions are divided into three sections: (1) demographic questions such as current level of qualifications, (2) your current role, and (3) your current training in terms of addressing lifestyle behavior change with patients (smoking, alcohol use, physical activity, diet, and weight loss).

Participation is entirely voluntary and you are not obliged to take part. If you do decide to start the questionnaire you can still withdraw at any point if you so wish.

You will not be asked for any personally identifiable information such as your name or address, and you will be known under a unique identification number. Any information that is collected will be stored securely on a password protected university computer.

THANK YOU FOR TAKING PART IN THIS SURVEY.

If you wish to continue, please click the 'next' button below

Questions about you, please choose from the following answers

1. Are you...? *Female* *Male*

2. What is your age?

- 18 to 24
- 25 to 34
- 35 to 44
- 45 to 54
- 55 to 64
- 65 to 74
- 75 or older

3. Which sector do you work in?

- NHS acute care
- NHS community care
- NHS primary care
- NHS tertiary care
- Independent
- Other (please specify)

4. Which country do you work in?

- England
- Wales
- Scotland
- Northern Ireland

5. If you answered 'England' to Q4, which region do you work in?

- South East
- South West
- London
- East Midlands
- Eastern region
- North West
- Northern
- Yorkshire and Humber

6. How long have you been working as a nurse?

- 0+ years
- 1 – 5 years
- 6 – 10 years
- 11 – 15 years
- 16 – 20 years
- 20+ years

7. How many years have you been working as a Dermatology specialist nurse?

- 0+ years
- 1 – 5 years
- 6 – 10 years
- 11 – 15 years
- 16 – 20 years
- 20+ years

Your education/qualifications

8. Please identify your level of qualifications (tick all that apply):

- BN
- MSc
- MPhil
- PhD
- Other (please specify)

9. When did you obtain the above qualifications? (Please use mm/yyyy format)

10. If you have any specialist qualifications (for example MSc) please list the full title(s) of the course below

11. Please list all of your professional qualifications other than those mentioned above:

12. When did you obtain the above qualifications? (Please use mm/yyyy format)

Your current role

13. Which of the following categories describes your employment status

- Full-time
- Part-time
- Other (please specify)

14. If part-time, how many hours do you work in a typical week?

Questions about your lifestyle behaviour change skills

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15. How confident do you feel in addressing smoking cessation with patients?

Not at all confident						Extremely confident
1	2	3	4	5	6	7

16. How confident do you feel in addressing alcohol reduction with patients?

Not at all confident						Extremely confident
1	2	3	4	5	6	7

17. How confident do you feel in addressing levels of physical activity with patients?

Not at all confident						Extremely confident
1	2	3	4	5	6	7

18. How confident do you feel in addressing diet with patients?

Not at all confident						Extremely confident
1	2	3	4	5	6	7

19. How confident do you feel in addressing weight loss with patients?

Not at all confident						Extremely confident
1	2	3	4	5	6	7

20. Have you heard about any lifestyle behaviour change techniques used with patients? If so, please specify

21. What techniques (if any) do you currently use with patients?

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22. To what extent do you believe it is patients' responsibility to address their lifestyle issues?

Solely the patients' responsibility							Solely the health professionals' responsibility
1	2	3	4	5	6	7	

23. If there is a role for health professionals in addressing lifestyle behaviour change behaviour which staff should do this work? Tick all that apply.

Dermatology specialist nurse	<input type="checkbox"/>
GP	<input type="checkbox"/>
Practice Nurse	<input type="checkbox"/>
GP with a special interest in Dermatology	<input type="checkbox"/>
Dermatologist	<input type="checkbox"/>

Other (please specify)

24. Please rank the following tasks in terms of how you would prioritise them

Skin Treatment	<input type="checkbox"/>
Discussion about self-management of the condition	<input type="checkbox"/>
Recording information about medicines and risk factors	<input type="checkbox"/>
Assessing severity of the condition and treatment effects	<input type="checkbox"/>
Education about the condition	<input type="checkbox"/>

Thank you for taking part in this questionnaire. All responses will be kept anonymous.

The IMPACT (Identification and Management of Psoriasis Associated Comorbidity) Team The University of Manchester

About IMPACT : The IMPACT Programme is a research collaboration between the University of Manchester, Salford Royal NHS Foundation Trust, 3 Primary Care Trusts across the North West of England and the Psoriasis Association. It is funded by the National Institute for Health Research (NIHR).

Our mission: The IMPACT Programme mission is to apply the best available knowledge to devise responsive services to improve the care of people with psoriasis. To find out more about the IMPACT Programme of research please see our website