

Work-package 2 Phase 2 LARC user Stakeholder Advisory Group (SAG) Question Information

1. Preconception weight loss programme with “light touch” support through pregnancy - would people sign up for it?
2. Clear message - it must have a positive focus – how do we do that? (Particularly thinking about encouraging women to join)
3. Invitation to take part – how ? Where? E.g. advertising,
4. Research funding needs to have weight as key result (primary outcome). What results would be important to you: before during and after pregnancy?
5. Many women identified psychological/emotional support as really important in the weight loss programme – what would that include? Would individual support from women who have lost weight in these circumstances be helpful?