Supplementary material 2: Women's Questionnaire

API	PEAL Trial Postal questionnaire Form	v2.0 (19-Jan-2022)			
	PN Questionnaire Form				
APPEAL	Unique ID number				
GEPERL					
	Date of questionnaire completion: e.g. 31-JAN-2017				
	D D - M M M - Y Y Y Y				
Section 1 - Urina					
Many women leak	urine following the birth of their baby some of the time. We are trying to find bothers them.	out how many women leak urine and how much this			
Urinary symptor					
We would be gra	teful if you could answer the following questions, thinking about how you have	e been, on average, OVER THE PAST FOUR WEEKS.			
How often do you	leak urine? (Tick one option)				
never	eek unite: (Thek one option)				
<u> </u>	a week or less often				
two or three	times a week				
about once	a day				
several times a day					
all of the tin	le				
We would like to know how much urine you think leaks. How much urine do you usually leak (whether you wear protection or not)? (Tick one)					
		ount 🕜 a moderate amount 🖉 a large amount			
O	de en la bien vien interferen viel en en en der 166-2 Die en siele en en bes	www.co.dow.co.dow.co.dow.co.			
Overall, now much	does leaking urine interfere with your everyday life? Please tick a number bet	4 5 6 7 8 9 10			
		J4 05 06 07 08 09 010			
When does using t	a 1/2 (Diana a tink all that a subuta waw)				
	eak? (Please tick all that apply to you)				
never - urine does not leak leaks before you can get to the toilet					
leaks when					
\sim	you are asleep				
leaks when you are physically active/exercising					
leaks when you have finished urinating and are getting dressed					
leaks for no	obvious reason				
leaks all of t	he time				
11.5	ns at the start of your pregnancy				
How often did you	leak urine AT THE START OF YOUR PREGNANCY? (Tick one option)				
No.	a week or less often				
	times a week				
about once	a day				
several time	-				
all of the tin	le la				
Can't remen	iber				
Contine 2 De	l sumstand and the past four works				
	el symptoms - over the past four weeks				
	ave bowel symptoms following the birth of their baby some of the time. We a and how much this bothers them. We would be grateful if you could answer the been, on average, OVER THE PAST FOUR WEEL				
Do you leak, have	accidents or lose control with solid stool? (Tick one option)				
never					
rarely (ie. le	ss than once in the past four weeks)				
	(ie. less than once a week, but once or more in the past four weeks)				
often or usually (ie. less than once a day but once a week or more)					
always (ie. o	once or more per day or whenever you have a bowel motion)				

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		PN Questionnaire Form				
	Unique ID number					
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Carrow Constanting						
	Date of questionnaire completion	-				
	DD-MMM-YYY	<u> </u>				
Section 1 - Urina	ry symptoms					
			out how many women leak urine and how much this			
		bothers them.				
	ns over the past four weeks	ing successing abiabian about barrows barrows				
_	-	ing questions, thinking about now you have	e been, on average, OVER THE PAST FOUR WEEKS.			
	leak urine? (Tick one option)					
never						
	a week or less often times a week					
about once						
several time						
all of the tim	•					
We would like to kn	now how much urine you think leak	s. How much urine do you usually leak (wh	ether you wear protection or not)? (Tick one)			
		🔵 none 🛛 a small amo	ount 🔷 a moderate amount 🔷 a large amount			
Overall, how much	does leaking urine interfere with yo	our everyday life? Please tick a number bet	ween 0 (not at all) and 10 (a great deal)			
		0 01 02 03 0)4 05 06 07 08 09 010			
_	eak? (Please tick all that apply to yo	NU)				
l ¥	O never - urine does not leak					
leaks before you can get to the toilet						
leaks when	•					
	you are asleep					
leaks when you are physically active/exercising						
leaks when you have finished urinating and are getting dressed leaks for no obvious reason						
leaks all of the time						
Urinary sympton						
How often did you	leak urine AT THE START OF YOUR	PREGNANCY? (Tick one option)				
never						
about once a week or less often						
two or three times a week						
 about once 	a day					
Several times a day						
all of the time						
Can't remem	iber					
Section 2 - Bowe	el symptoms - over the past fo	ur weeks				
Many women h	ave bowel symptoms following the	birth of their baby some of the time. We ar	re trying to find out how many women experience			
bowel symptoms	and how much this bothers them. W	Ve would be grateful if you could answer th n, on average, OVER THE PAST FOUR WEEK	e following questions, thinking about how you have (S.			
	accidents or lose control with solid					
-						

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- rarely (ie. less than once in the past four weeks)
- sometimes (ie. less than once a week, but once or more in the past four weeks)
- often or usually (ie. less than once a day but once a week or more)
- always (ie. once or more per day or whenever you have a bowel motion)

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