

Project Document A: Recruitment Flyers

GP referral letter to the left and patient poster/flyer to the right.

fitnetNHS

Treatment now available for children with CFS/ME

1% of secondary school children miss 20% of school because of CFS/ME

Most will recover at 6 months with specialist treatment but less than 10% will recover without it

Specialist treatment is now available at home for teenagers aged 11 to 17 years with CFS/ME as part of a research study

Refer patients via 'Choose and Book' to:
PAEDIATRIC CFS/ME SERVICE

Select: **Children and Adolescent Service**
Clinic type: **Neurology** Post code: **BA1 3NG**
Requirements: **Screening bloods and CFS/ME diagnosis**

Call: 01225 821340

For study information visit: www.bristol.ac.uk/fitnet-nhs

 University of BRISTOL

Royal United Hospitals Bath  NHS
NHS Foundation Trust

This project is funded by the National Institute for Health Research HTA 14/192/109. The views and opinions expressed therein are those of the authors and do not necessarily reflect those of the HTA, NIHR, NHS or the Department of Health

FITNET-NHS Poster Flyer for patients_v1 2018-07-12

fitnetNHS

Home treatment for young people with CFS/ME

Do you know a young person affected by chronic fatigue syndrome/ ME?



Young people (aged 11-17) with CFS/ME can now access specialist treatment at home as part of a research study

Ask for a GP referral to the FITNET-NHS Trial for information visit:
www.bristol.ac.uk/fitnet-nhs

- Children with CFS/ME have severe fatigue that is disabling
- Symptoms of CFS/ME may also include:
headaches, muscle pain, sore throats, dizziness, nausea

Before referral, the GP will need to check:

Confirmed diagnosis of CFS/ME
Screening blood tests (see NICE, 2007)

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