

Telephone survey following participation

Instructions to interviewer

Ask the open question as written, with some extra prompts if necessary, and when opinion given ask to rate the specific aspect 'on a scale of 0 to 5'

This is the section of the survey about the research, so the following questions are about taking part in the ketamine-ECT study

1. If you can think back to when you were first told about the study, how did you feel about being invited to take part in research at all at the time?

Did your condition at the time affect how you felt?

On a scale of 0 to 5, how unhappy or happy did you feel at the beginning about being approached with 0 being very unhappy and 5 being very happy.

2. What did you think about the information provided about the study?

Was the information, and the amount of time you were given, right for you to be able to make a decision about taking part in the study?

On a scale of 0 to 5, did you feel you knew fully about the study, with 0 being not understanding at all and 5 being fully informed?

3. What did you feel about possibly being given ketamine as part of the research?

Can you explain the reasons for feeling this way?

How did you feel about not knowing whether you would get ketamine or not?

- *if the person believes they know then ask them to think about right at the start before they 'knew'*
- *Ask them whether they guessed whether or not they were given ketamine*

On a scale of 0 to 5 was how concerned were you about not knowing whether or not you were receiving the study drug , with 0 being not at all concerned and 5 being very concerned?

4. How do you feel overall about taking part in this research?

How did you feel about the assessments that you did?

Were there any aspects of taking part you liked?

Were there any aspects of taking part you didn't like?

On a scale of 0 to 5 was your experience of taking part in the research a negative or positive experience, where 0 is very negative and 5 is very positive?

This next section of the survey is about the ECT treatment, so these questions are about your decision to have ECT and experiences of the treatment itself (not the ketamine-ECT study).

5. What was your opinion about ECT before you were prescribed the treatment for the first time (*probe for reasons if not given*)?

How did you feel about ECT being suggested to you as a treatment on this occasion?

Did you think the timing for ECT was right for you?

On a scale of 0 to 5 did you think at the time that being offered ECT was the right thing, with 0 thinking strongly that it shouldn't have been, and 5 strongly that it was the right thing?

6. Do you feel you were given the right information and amount of time to make the decision to have ECT?

If no, why not?

On a scale of 0 to 5 did you feel that you were given enough information and time, with 0 feeling strongly that you were not provided enough information and time and 5 strongly that you were?

7. How did you find the experience of having ECT on this occasion?

Did ECT have any benefits or drawbacks for you?

Did you find ECT affected your thinking or memory (*probe in what ways, ask for examples*)?

How easy were the practical arrangements for you to have ECT (*separate explanation provided if needed*)?

On a scale of 0 to 5 did how negative or positive was the overall experience of having ECT on this occasion with 0 being very negative and 5 being very positive?

8. Which services or treatments have you been offered or used since you finished your ECT?

Do you feel you are getting the right sort of help; if not what sort of help would you like?

On a scale of 0 to 5 do you think you are receiving the right sort of help since having ECT with 0 being not at all the right help and 5 being fully getting the right help?

9. In our study, we didn't include patients who were under a Section of the Mental Health Act (*separate explanation provided if needed*). What do you think about this?

Can you explain the reasons behind your view?

On a scale of 0 to 5 should we have offered patients on a Section the opportunity to take part in the study, provided they were capable of understanding and consenting to it, with 0 being definitely no and 5 being definitely yes?

10. How have you found taking part in this telephone interview?

As you know, the survey is being conducted by people with personal experience or using mental health services – what do you think about that?

On a scale of 0 to 5, is talking to someone with personal experience of mental health services more negative or more positive than talking to someone who has not used services, with 0 being much more negative and 5 being much more positive?

11. Is there anything else that you would like to add about having taken part in the study, or about ECT?