

Participants familiarised themselves with the talking mats exercise by placing 'warm up cards' (pictures which had nothing to do with hospitals) under one of three headings: 'Like' (accompanied by cartoon picture of a smiley face), 'Not sure' (accompanied by cartoon picture of a neutral face) or 'Don't like' (accompanied by cartoon picture of an unhappy face).

List of warm up cards

Television

Cats

Swimming

Train

Dogs

Coffee

Broccoli

Dentist

Participants were then asked to complete the talking mats exercise using cards relevant to hospitals. Cards were given to the participant in no set order.

List of hospital related cards

Doctor

Nurse

Transport

Ambulance

Hospital food

Injection

Tablets

Hospital beds

Waiting

Taking blood

Visitors

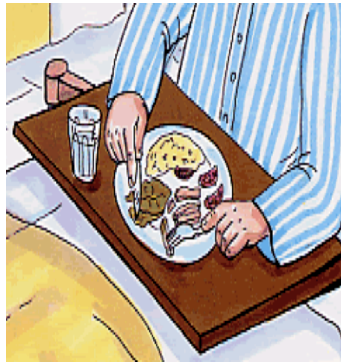
X-ray

Hospital [photograph of the appropriate hospital or simple image of a hospital]



Example of one participant's completed Talking Mats™ exercise

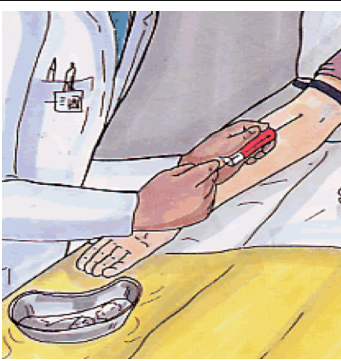
Examples



Hospital food



Hospital beds



Taking blood



Visitors



Nurse



Waiting