	Excel Field Name (Ignore)	Field details and data extraction guidance	Enter data extracted in this column
	RM ID	**Unique ID** *** prefilled info – do not change ** *	
	Author	**Author details** *** prefilled info – do not change ** *	
	Date	**Date** *** prefilled info – do not change ** *	
	Extractor	**Person extracting the data** *** prefilled info – only change if inaccurate ** *	
STUDY POPULATION	Target	**Target population** *Provide a broad description, e.g. YP at risk of depression; children with anxiety and their families*	
	Condition	**Condition** *Broad category under which the target population condition exists (please ignore this field – for statistical purposes only)*	
	Inclusion	**Inclusion criteria** *Provide details*	
	Exclusion	**Exclusion criteria** *Provide details*	
	Sex	**Sex of the children/YP in the study at baseline** *Provide percentage female or other detail (e.g. 12/36 girls) that enables percentage to be worked out*	
	Age	**Age of the children/YP in the study at baseline** *Provide mean age if reported or age range(s)*	
	Age Group	**Age group** *(Please ignore this field – for statistical purposes only)*	

	Ethnicity	**Ethnicity** *Because of differences in how ethnicity is classified across countries, only salient features are required, e.g. 90% black*	
	Locale	**Locale** *Provide details of the country where data was collected*	
	Recruitment	**Recruitment method** *Brief description of actual recruitment method*	
TRIAL DESIGN	Arms	**Arms** *Number of groups, conditions or arms (ignore – prefilled)*	
	Control	**Description of the control** *Provide a brief description*	
	Control type	**Type of control** *Ignore – this will be coded later*	
INTERVENTION DETAILS	Int Level	**Intervention Level** *Ignore – this has already been determined* *** do not change ***	
	Int Name	**Intervention name** *Details of the intervention name (report full name as well as acronym if an acronym is used)*	
	Model	**Theoretical model** *Provide details. Examples include CBT, parenting, mindfulness, social skills training. There can be more than one theoretical basis. Separate additional entries with a semi-colon.*	
	Self care	**Self care element** *Brief descriptions of the self-care element(s) that qualify the intervention as a self care intervention*	
	Recipients	**Recipients** *Details of who received the self care support intervention e.g. children, parents, caregivers, both children and parents*	
	Platform	**Platform** *Details of the platform/vehicle through which the intervention was delivered e.g. face-to-face, via the internet, telephone, printed manual*	
	Agent	**Self care support agent** *Details of the facilitator of the self care support e.g. nurse, clinical psychologist, peers*	
	Agent role	**Agent role** *Role that the support agent had e.g. running groups, providing telephone support*	
	Agent trained?	**Did the support agent receive any special training for the role?** *Answer yes, no or unclear. Note that this field is not asking if the agent was a trained professional but whether they were specially trained for the role.*	
	Agent supervised	**Support agent supervision** *Details of any (clinical) supervision that the agent received*	
	Int Length	**Length of the intervention** *To try and standardise this field, provide*	

		enough information for to work out <u>average weekly contact time</u>, e.g. 1 × 1 hour session per week over six weeks.	
	Average contact	**Average weekly contact** *Ignore – this will be calculated after data extraction*	
OUTCOMES	Outcome	**Outcomes** *If there are a very large number of outcomes, you can ignore this field and focus on the field below*	
	Principal outcome	**Principal outcome** *Identified as the outcome that reflects the purpose of the study, e.g. a depression measure for a depression intervention. You may decide that there is more than one principal outcome in which case, separate each with a semi-colon.*	
	Satisfaction	**Is there is any satisfaction data in the paper?** *For future purposes. A simple Yes/No response is ok.*	
QUALITY APPRAISAL	Random unit	*Ignore as PB and SP will deal with the quality appraisal*	
	Random method		
	Concealment		
	Attrition		
	RoB random		
	RoB conceal		
	RoB Attrition		
	RoB Overall		