

	Excel Field Name (Ignore)	Field details and data extraction guidance	Enter data extracted in this column
	RM ID	Unique ID <i>** prefilled **</i>	
	Author	Author details <i>** prefilled **</i>	
	Date	Date <i>** prefilled **</i>	
	Extractor	Person extracting the data <i>** prefilled **</i>	
STUDY POPULATION	Target	Target population <i>Provide a broad description, e.g. YP at risk of depression; children with anxiety and their families</i>	
	Condition	Condition <i>Broad category under which the target population condition exists (please ignore this field – for statistical purposes only)</i>	
	Locale	Locale <i>Provide details of the country where data was collected</i>	
INTERVENTION/SERVICE DETAILS	Int Name	Intervention or service name <i>Details of the intervention/service name (report full name as well as acronym if an acronym is used)</i>	
	Model	Theoretical model <i>Provide details. Examples include CBT, parenting, mindfulness, social skills training. There can be more than one theoretical basis. Separate additional entries with a semi-colon.</i>	
	Self care	Self care element <i>Brief descriptions of the self-care element(s) that qualify the intervention as a self care intervention</i>	
	Recipients	Recipients <i>Details of who received the self care support intervention e.g. children, parents, caregivers, both children and parents</i>	
	Platform	Platform <i>Details of the platform/vehicle through which the intervention was delivered e.g. face-to-face, via the internet, telephone, printed manual</i>	
	Delivery Location	Delivery location <i>e.g. school-based, clinic or community-based</i>	

	Agent	Self care support agent <i>Details of the facilitator of the self care support e.g. nurse, clinical psychologist, peers</i>			
	Agent role	Agent role <i>Role that the support agent had e.g. running groups, providing telephone support</i>			
	Agent trained?	Did the support agent receive any special training for the role? <i>Answer yes, no or unclear. Note that this field is not asking if the agent was a trained professional but whether they were specially trained for the role.</i>			
	Agent supervised	Support agent supervision <i>Details of any (clinical) supervision that the agent received</i>			
PERCEPTIONS	Methodology	Methodology <i>Outline the method(s) used to obtain the views/perceptions, e.g. survey (identify type), focus groups, individual interviews, direct observation, diaries, etc.</i>			
	Source	Groups/individuals providing the views <i>Provide any relevant information, e.g. parents, children, professionals. If available, provide any other relevant information, e.g. age, sex, ethnicity</i>			
	Key Messages	Key messages <i>Outline briefly findings specifically about satisfaction, perceptions, views, etc.</i>			
QUALITY APPRAISAL	Quality Appraisal: Fill in this section only in regard to the method(s) used to obtain the views/perceptions data. Simply put an X in the relevant box.				
			YES	NO	UNCLEAR
		Are the aims and objectives [of the research eliciting the views/perceptions data] clearly stated?			
		Is the research design clearly specified and appropriate for the research aims?			
		Is there a clear description of sampling and recruitment?			
		Is there a clear account of the process by which the findings [key messages] have been produced?			
		Is there a clear description of the methods of data collection and analysis?			
		Do the researchers display enough data to support their interpretations and conclusions?			
	Have attempts been made to establish 'reliability' and 'validity' of the analysis that is appropriate to the methodology?				