

How to complete this questionnaire

The following questions are about the people you currently know. These might be family members, friends or acquaintances, but they do not include friends of friends or people that you are not personally in contact with. The questions will ask if you currently know someone with a particular skill or resource - e.g.:

Do you currently have access to someone who ... ?	No	Yes	Immediate Family	Wider Family	Friend	Neighbour	Colleague	Acquaintance
1 ... can repair a broken-down car								

Please tick the 'yes' column if you currently have access to someone or 'no' if you don't.

If 'yes', then please tick the column(s) corresponding to the person or people you would be likely to approach if you needed that particular skill or resource.

If you know someone with more than one skill or resource you can refer to this person more than once.

If you are planning to use this questionnaire in the United Kingdom, or validate a version for a different country, please contact the author first:

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(B) If you need someone to help you in the following areas, would you be able to obtain this help from anyone within one week?

Please answer all these questions, even if you have never needed to ask for it before. If 'yes', you may tick more than one box.

Do you currently personally know anyone who would ... ?	No	Yes	Immediate Family	Wider Family	Friend	Neighbour	Colleague	Acquaintance	Health or social care practitioner
1 ... give you sound advice about money problems									
2 ... give you sound advice on problems at work									
3 ... help you to move or dispose of bulky items (eg lifting or use of a van)									
4 ... help you with small jobs around the house									
5 ... do your shopping if you are ill									
6 ... lend you a small amount of money (eg for a local taxi fare)									
7 ... give you careers advice									
8 ... discuss politics with you									
9 ... give you sound legal advice									
10 ... give you a good reference for a job									
11 ... get you cheap goods or 'bargains'									
12 ... help you to find somewhere to live if you had to move home									
13 ... lend you a large amount of money (eg for a deposit on a flat or house)									
14 ... look after your home or pets if you go away									

(C) Are you ... ?

Yes	No
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1 ... able to repair a broken-down car		
2 ... a tradesman (eg plumber, electrician)		
3 ... able to speak another language fluently		
4 ... knowledgeable about fixing problems with computers		
5 ... good at gardening		
6 ... someone with a professional occupation		
7 ... a local councillor		
8 ... working for your local council		
9 ... able to sometimes employ people		
10 ... knowledgeable about government regulations		
11 ... someone with good contacts with a local newspaper, radio or t.v.		
12 ... knowledgeable about health and fitness		
13 ... knowledgeable about DIY		