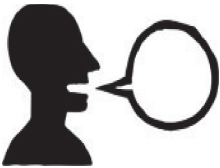


Information for taking part in Discussion Group

- Next year we will be doing research to find out what happens to people after their stay in secure care. Before we do this we want to find out what patients' views are
- We are inviting you to take part in a **discussion group** about what is important to you in your treatment here and in your life after secure hospital
- This will help us plan our research
- The lead for the study is Dr Catrin Morrissey. It is paid for by the NHS



Sometimes we need to see how well services are doing at helping people to get better - this is called an 'outcome'. We will be doing some research on outcomes from secure care. Before we do that research we want to know what kinds of outcomes are important to you.



We would like to hear your opinions about the ways you think you and other people change after treatment. We also want to know about things you think are important for your future.



What you say will be **confidential**. The things you say will not go in your notes but we may write down some of your ideas, because your opinions are important to us. We will not write down your name, so no one else will know who has said what. The things that you tell us today will not affect your care or treatment.



We are doing this discussion group so that we can include the things that are important to you, when we do our study in the future.

Are you happy to take part in the discussion? You can change your mind



Yes, I am happy to take part



No, I would not like to take part

Name: _____ Date: _____

St John's House, Lion
Road,
Palgrave,
Diss,
Norfolk
IP22 1BA

Address
Address
Address
Postcode

Dear **name**

We are writing to you to as a carer of a patient at St. John's Hospital, Partnerships in Care. We would like to invite you to take part in a discussion group.

- We are doing research to find out what happens to people during and after their stay in secure care.
- We want to find out what carers/relatives views are
- The discussion group is about what you think is important in the treatment of the person you care for both here and in future places.
- A payment of £120 will be given for your time
- Plus, travel expenses will be provided (at 45p per mile)

Please take time to read the **Information Sheet** enclosed with this letter carefully. This provides details about the discussion group.

If after reading the Information Sheet you would like to take part in the discussion group, please fill in the **Consent Form** enclosed with this letter and bring this along with you on the day.

We would appreciate your attendance at the discussion group. This will help professionals to gain a better understanding of the things that are important to consider from the point of view of carers and relatives. The details of the discussion group are as follows:

If you have any further questions please do not hesitate to contact me.
Kind Regards,

Verity Chester
Research Assistant, Partnerships in Care

Information Sheet

NIHR Health Services and Delivery Research Programme. Project 13/114/37: Outcomes from forensic services for people with intellectual and developmental disabilities: evidence synthesis and expert and patient consultation

We are writing to you to invite you to take part in a discussion group. This discussion group is part of the above named research project which is funded by the National Institute for Health Research. Please take time to read the following information carefully.

What is the discussion about?

The discussion group will be a group of 6-8 carers, relatives or friends of people who are currently using forensic learning/intellectual disability services at St. John's House.

Why is the discussion group taking place?

Although there has been some research into how well these types of services in hospitals are doing at helping people, the views of families/carers has not been widely considered in this research. We are interested in holding a discussion group so that we can gain the opinions of carer's/families.

What is the aim of the discussion?

The purpose of the discussion is to explore the outcomes that are important and relevant from the point of view of people who are family, friends, relatives or carers for the people using the learning/intellectual disability service at St. John's House.

What is an Outcome?

An outcome is a change that happens to someone as a result of them staying in hospital for treatment.

What will I have to do?

We would like to talk to you about the future of the people you care for who are using the service. We want to know what you want to happen for them after being in the current service and after secure care. Whilst we will ask you a few questions, the group will be an open discussion as we are interested in your thoughts and opinions on the topic.

What happens on the day?

You will be invited to come to **St. John's House on Friday 29th May 2015**. The group will last for approximately one hour. The project leader and a research assistant will ask you some questions to gather your opinions. They may write down the ideas that you say.

What are the benefits of attending?

We are able to provide payment of £120 per person for those who are able attend. Travel expenses will also be provided at 45 pence per mile.

Listening to the views of relatives and carers can also be important so that professionals are able to include these views in future research. It is also hoped that this will help to improve the way that services measure changes (outcomes) for patients.

What will happen to the information?

Your name will not be written down so that the discussion remains confidential. The discussion will be typed up. The transcript will only be read and used by the project lead and research assistant.

How will the information be used?

We are planning a future research project on finding out what happens to people after secure care. We want to hear both from patients themselves and carers or family members too. What you say will help us with this research.

Who do I contact for more information?

Please contact Verity Chester, Research Assistant at St. John's House.

Telephone:

Address:

Email:

What Next?

If you would like to take part please read through the attached consent form. If you are happy to do so, please sign and date the form.