### Recovery Self Assessment (RSA) – Person in recovery version

Please indicate the degree to which you feel the following items reflect the activities, values, and practices of your agency by circling one number for each statement.

1 Strongly disagree	2	3	4	5 Strongly agree	N/A	
1. Staff focus on h	elping me to b	uild connection	s in my neighl	oourhood and c	community	
1 Strongly disagree	2	3	4	5 Strongly agree	N/A	
2. This agency offerences, interest of the second s			rams to addres	ss my unique ci	ılture, life	
1 Strongly disagree	2	3	4	5 Strongly agree	, N/A	
3. I have access to	all my treatmo	ent records				
1 Strongly disagree	2	3	4	5 Strongly agree	N/A	
4. This agency pro mental illness an			y employers a	bout employing	g people with	
1 Strongly disagree	2	3	4	5 Strongly agree	N/A	
5. My service provider makes every effort to involve my significant others (spouses, friends, family members) and other sources of natural support (i.e., clergy, neighbours, landlords) in the planning of my services, if this is my preference						
1 Strongly disagree	2	3	4	5 Strongly agree	N/A	

6. I can choose and change, if desired, the therapist, psychiatrist, or other service provider with whom I work

1	2	3	4	5	N/A
Strongly disagree				Strongly ag	ree

7. Most of my services are provided in my natural environment (i.e., home, community, workplace)								
1 Strongly disagree	2	3	4	5 Strongly agree	N/A			
8. I am given the o	opportunity to	discuss my sexu	al and spiritu	al needs and in	terests			
1 Strongly disagree	2	3	4	5 Strongly agree	N/A			
9. Staff of this age	ncy regularly a	attend trainings	s on cultural c	ompetency				
1 Strongly disagree	2	3	4	5 Strongly agree	N/A			
10. Staff at this age	ncy listen to ar	nd follow my ch	oices and pref	ferences				
1 Strongly disagree	2	3	4	5 Strongly agree	N/A			
11. Staff at this age on a regular ba	• •	onitor the progr	ess I am maki	ing towards my	personal goals			
1 Strongly disagree	2	3	4	5 Strongly agree	N/A			
12. This agency pro illness and addi		ed educational	activities to th	e community a	bout mental			
1 Strongly disagree	2	3	4	5 Strongly agree	N/A			
13. Agency staff do behaviour or ch		s, bribes, or oth	ner forms of co	percion to influe	ence my			
1 Strongly disagree	2	3	4	5 Strongly agree	N/A			
14. Staff at this agency encourage me to take risks and try new things								
1 Strongly disagree	2	3	4	5 Strongly agree	N/A			

15. I am/can be involved with facilitating staff trainings and education programs at this agency								
1 Strongly disagree	2	3	4	5 Strongly agree	N/A			

# 12345N/AStrongly disagreeStrongly agree

16. Staff are knowledgeable about special interest groups and activities in the community

17. Groups, meetings, and other activities can be scheduled in the evenings or on weekends so as not to conflict with other recovery-oriented activities such as employment or school

12345N/AStrongly disagreeStrongly agree

18. This agency actively attempts to link me with other persons in recovery who can serve as role models or mentors by making referrals to self-help, peer support, or consumer advocacy groups or programs

12345N/AStrongly disagreeStrongly agree

**19.** I am able to choose from a variety of treatment options at this agency (i.e., individual, group, peer support, holistic healing, alternative treatments, medical)

12345N/AStrongly disagreeStrongly agree

Please turn to next page....

20. The achievement of my goals is formally acknowledged and celebrated by the agency

1	2	3	4	5	N/A
Strongly disagree				Strongly ag	gree

# 21. I am/can be routinely involved in the evaluation of the agency's programs, services, and service providers

1	2	3	4	5	N/A
Strongly disagree				Strongly ag	gree

22. Staff use a language of recovery (i.e., hope, high expectations, respect) in everyday conversations

1	2	3	4	5	N/A
Strongly disagree				Strongly ag	gree

23. Staff play a primary role in helping me to become involved in non-mental health/addiction related activities, such as church groups, special interest groups, and adult education

12345N/AStrongly disagreeStrongly agree

### 24. If the agency cannot meet my needs, procedures are in place to refer me to other programs and services

12345N/AStrongly disagreeStrongly agree

# 25. Staff actively assist me with the development of career and life goals that go beyond symptom management and stabilization

1	2	3	4	5	N/A
Strongly disagree				Strongly a	gree

#### 26. Agency staff are diverse in terms of culture, ethnicity, lifestyle, and interests

1	2	3	4	5	N/A
Strongly disagree				Strongly agr	ee

#### 27. I am/can be a regular member of agency advisory boards and management meetings

1	2	3	4	5	N/A
Strongly disagree				Strongly a	gree

### 28. At this agency, participants who are doing well get as much attention as those who are having difficulties

1	2	3	4	5	N/A
Strongly disagree				Strongly ag	gree

29. Staff routinely assist me in the pursuit of my educational and/or employment goals							
1 Strongly disagree	2	3	4	5 Strongly agree	N/A		
30. I am/can be invo programs and so		ncy staff on the	development	and provision o	of new		
1 Strongly disagree	2	3	4	5 Strongly agree	N/A		
31. Agency staff act community (i.e.,							
1 Strongly disagree	2	3	4	5 Strongly agree	N/A		
32. This agency pro administrators t			r me, my fami	ly, service prov	iders, and		
1 Strongly disagree	2	3	4	5 Strongly agree	N/A		
33. The role of agen individually-def	•	· · · · · · · · · · · · · · · · · · ·	her people in	recovery with f	ulfilling my		
1 Strongly disagree	2	3	4	5 Strongly agree	N/A		
34. Criteria for exiting or completing the agency were clearly defined and discussed with me upon entry to the agency							
1 Strongly disagree	2	3	4	5 Strongly agree	N/A		
35. The development of my leisure interests and hobbies is a primary focus of my services							
1 Strongly disagree	2	3	4	5 Strongly agree	N/A		

36. Agency staff believe that I can recover and make my own treatment and life choices

12345N/AStrongly disagreeStrongly agree

Thank you.

Now please turn to the next page for the second questionnaire.