

STAR-P: Scale To Assess Therapeutic Relationships (Service User/Patient Version)

This questionnaire is designed to rate the quality of the relationship between you and your named nurse/key staff member.

Please rate each item on the following scale by circling one number for each statement:

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

1. My clinician speaks with me about my personal goals and thoughts about treatment.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

2. My clinician and I are open with one another.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

3. My clinician and I share a trusting relationship.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

4. I believe my clinician withholds the truth from me.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

5. My clinician and I share an honest relationship.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

6. My clinician and I work towards mutually agreed upon goals.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

7. My clinician is stern with me when I speak about things that are important to me and my situation.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

8. My clinician and I have established an understanding of the kind of changes that would be good for me.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

9. My clinician is impatient with me.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

10. My clinician seems to like me regardless of what I do or say.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

11. We agree on what is important for me to work on.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

12. I believe my clinician has an understanding of what my experiences have meant to me.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

Thank you.

Now please turn to the next page for the last questionnaire.

STAR-C: Scale to Assess Therapeutic Relationships (Clinician Version)

This questionnaire is designed to rate the quality of the relationship between you and a patient. Please identify a patient with whom you had a significant involvement in planning their care. Please use this scale to rate the interaction with this patient.

Please rate each item on the following scale by circling one number for each statement:

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

1. I get along with my patient.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

2. My patient and I share a good rapport.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

3. I listen to my patient.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

4. I feel that my patient rejects me as a clinician.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

5. I believe my patient and I share a good relationship.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

6. I feel inferior to my patient.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

7. My patient and I share similar expectations regarding his/her progress in treatment.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

8. I feel that I am supportive of my patient.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

9. It is difficult for me to empathise with or relate to my patient's problems.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

10. My patient and I are open to one another.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

11. I am able to take my patients perspective when working with him/her.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4

12. My patient and I share a trusting relationship.

Never	Rarely	Sometimes	Often	Always
0	1	2	3	4