Identifying Depression in Pregnancy & Early Motherhood: BABY PaNDA Study

Health Professional Information Sheet

You are being invited to take part in the BABY PaNDA study, a sub-study within the BABY study investigating screening for depression in pregnancy and early motherhood. Before you decide, please take time to read the following information carefully. Contact details are on the back page if you would like any more information.

What is the purpose of BABY PaNDA?

We would like to find out more about depression during pregnancy and early motherhood, and the best ways of identifying it. Approximately 1 in every 10 women is thought to experience depression during this time. Unfortunately, it is often not identified with around half the women affected not getting the help and support they need.

The National Institute for Health and Clinical Excellence (NICE) have recommended that a brief two-question screening questionnaire should be used to identify women with depression during pregnancy and after birth. However, it is not yet known how well this brief questionnaire works compared to other longer screening questionnaires. BABY PaNDA aims to find out.

It is also important that the acceptability and feasibility of delivering screening tools in perinatal care from the perspective of health professionals is taken into account when assessing the effectiveness of the screening tools.

Why have I been invited?

We would like to interview 6 midwives and 6 health visitors about their views and experience of delivering screening tools for depression in routine perinatal care and implications for subsequent care.

What does BABY PaNDA involve for Health Professionals?

The study involves taking part in a single face-to-face semi-structured in-depth interview with a specially trained researcher. The interview is expected to last

approximately one hour and will take place at your work place or other convenient location during the next year. A researcher will telephone you before the interview to arrange a convenient time and location.

You will be asked some brief questions about your experience of screening for depression in routine perinatal care and any training needs you may have identified.

Do I have to take part in BABY PaNDA?

It is up to you to decide whether to not to take part. If you do decide to take part, you are free to withdraw from the study at any time without giving a reason.

Why should I help?

Your contribution to BABY PaNDA will be valuable in helping us understand whether the brief screening questionnaire and the EPDS are appropriate and feasible to implement from the perspective of health professionals. It will also help us explore the impact of screening tools on subsequent care pathways for women identified with depression.

Taking part in this study will involve your time for the interview. We do not anticipate any other disadvantages to you taking part in the study.

Will my information be kept confidential?

All information collected about you during the study will be treated confidentially and in accordance with the Data Protection Act. Any personal information which could identify you will be kept separately from your study information and will only be accessed by members of the research team.

We will destroy all personal information immediately after the end of the study. We will store your study information securely for 20 years and then destroy it.

If you decide to withdraw from the study, your personal information will be securely destroyed. We would still, however, like to use other information collected from you for the BABY PaNDA study.

What will happen to the results at the end of the study?

The study findings will be published in a research report and in articles for health professionals. We will also send you a summary of the study findings at the end of BABY PaNDA. You will not be personally identified in any publications from this study.

Who has reviewed the research?

The research has been reviewed and approved by the North East - York Research Ethics Committee.

Who is organising and funding the research?

This research is being done by researchers in the Department of Health Sciences at the University of York and doctors, midwives and health visitors involved in the care of women during pregnancy and after birth in the local NHS Trust. The research is being funded by the National Institute for Health Research Health Services and Delivery Research (NIHR HS&DR) Programme.

What should I do now?

If you would like to take part, please read and sign the consent form and send it back to us in the pre-paid envelope enclosed. A researcher will then contact you to arrange your interview. If you would like more information before deciding, please contact us using the details on the back page.

If you decide that you do not wish to take part, no further action is required.

What do I do if I want to withdraw or complain?

Every care will be taken during this study. If you wish to withdraw from BABY PaNDA or have a concern about any aspect of this study, please contact the study coordinator using the details below. If you do not want to contact the study coordinator you can contact the Chief Investigator, Professor Simon Gilbody (telephone number: [*insert contact number]* / email: [*insert email address]*).

Standard NHS indemnity arrangements apply to this research. While we anticipate no harm or distress to anyone as a result of this study, if you are harmed during this study due to someone's negligence, then you may have grounds for legal action, but you may have to pay for it. If you wish to complain formally, the normal NHS complaint mechanisms are available to you.

Further information and contact details

For further general information about research, please see the INVOLVE website at http://www.invo.org.uk

For specific information about BABY PaNDA, please contact:

Study Coordinator:	[*insert name]* [*insert current address]* Telephone: [*insert contact number]* Email: [*insert email address]* Website: [*insert website address]*
Local Researcher(s)	[*insert researcher/s name]* *[insert researcher contact details]*

Thank you for reading this information.

THE UNIVERSITY of York ☐☐ / ☐☐ ☐☐☐

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Consent Form
Health Professionals

Thank you for reading the information about this study. If you would like to take part, please read and sign this form. Please put your **initials** in the boxes of the statements you agree with:

1. I have read the information sheet for Health Professionals and have been given a copy to keep. I have been able to ask questions about the study and I understand why the research is being done. ☐

2. I understand that my participation in this research is entirely voluntary and that I will not receive any payment. I understand that I am free to withdraw my consent at any time without giving a reason. ☐

3. I am willing to be interviewed by an experienced researcher about my experience of delivering screening tools for depression in routine perinatal care. ☐

   a. I am happy for these interviews to be recorded and kept safe in an anonymised format. ☐

   b. I understand that direct quotes from these interviews may be used in the publication of the study results but that these will be anonymised. ☐

.....	.....	.....
Name of health professional (BLOCK CAPITALS)	**Date**	**Signature**

PLEASE RETURN THE TOP COPY OF THIS FORM IN THE STAMPED-ADDRESSED ENVELOPE PROVIDED. THE YELLOW COPY IS FOR YOU TO KEEP.