

PRIVATE AND CONFIDENTIAL

Your 3D agenda

Name: MOUSE, Minnie (Miss)

Address: 1 Hollywood Rd, Knowle, Bristol

Date of your 3D nurse review: 17-Sep-2017

Usual doctor: PETERS, AR (Dr)

You said that the most important problems for you are:

Can't get to the shops cos short of breath

Ankles get swollen

We noted the following:

[V]Limitation of activities due to disability - Shopping is a problem

Mobility fair -

Pain - Gets pain in knees

Self manages medication -

Blood pressure:	17-Sep-2017 O/E - blood pressure reading : 130/82 mmHg
Weight	17-Sep-2017 O/E - weight : 98 kg
Body Mass Index:	17-Sep-2017 Body mass index : 40.3
Smoking?	17-Sep-2017 : 25 /day Cigarette smoker -
Alcohol	17-Sep-2017 Alcohol consumption : 9 U/week -
My mood score is	17-Sep-2017 Patient health questionnaire (PHQ-9) score : 12 /27 - Gets low and lonely sometimes
Memory	17-Sep-2017 Initial memory assessment : -

Please ask if you would us to explain what any of the readings above mean.

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In addition, I highlighted the following issues:

3D study - problems with cardiovascular disease management - Swollen ankles - maybe due to amlodipine? (or weight?)

3D study - problems with respiratory disease management - COPD worse recently - discuss change of inhalers with GP

Losing weight and stopping smoking would help her knees and her breathlessness

Next steps

Please bring this letter with you when you come to see the GP for your second 3D appointment soon.

I hope the consultation today was helpful.

If you have any questions or concerns, please do not hesitate to raise them when you see the GP.

SALISBURY, Chris (DR)