Please complete the diary for each day of the week on which you work. A list of specialities and instructions for what information to log for each activity is attached.

Hrs:Qtrs Times should be rounded to the nearest quarter of an hour. For example, two and three quarter hours should be recorded as 2:3/4; three hours as 3:0/4

Nº Record the number of patient consultations/number of patients seen during the activity (if involving direct patient care)

Reference week date

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Hours/shift worked														
Activity	Hrs:Qtrs	Nº	Hrs:Qtrs	Nº	Hrs:Qtrs	Nº	Hrs:Qtrs	Nº	Hrs:Qtrs	Nº	Hrs:Qtrs	Nº	Hrs:Qtrs	Nº
Inpatient ward round with consultant/registrar	: /4		: /4		: /4		: /4		: /4		: /4		: /4	
Inpatient ward round (independent)	: /4		: /4		: /4		: /4		: /4		: /4		: /4	
Inpatient clerking of new patients	: /4		: /4		: /4		: /4		: /4		: /4		: /4	
Inpatient reviewing patients	: /4		: /4		: /4		: /4		: /4		: /4		: /4	
Inpatient pre/post operative assessment	: /4		: /4		: /4		: /4		: /4		: /4		: /4	
Outpatient clerking new patients	: /4		: /4		: /4		: /4		: /4		: /4		: /4	
Outpatient patient consultation	: /4		: /4		: /4		: /4		: /4		: /4		: /4	
Outpatient pre operative assessment	: /4		: /4		: /4		: /4		: /4		: /4		: /4	
Emergency department clerking new patients	: /4		: /4		: /4		: /4		: /4		: /4		: /4	
Emergency department patient consultation	: /4		: /4		: /4		: /4		: /4		: /4		: /4	

Activities continued overleaf

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday
Activity	Hrs:Qtr	No <sup>2</sup>	Hrs:Qtr	No <sup>2</sup>	Hrs:Qtrs	No 2	Hrs:Qtrs	No <sup>2</sup>	Hrs:Qtrs	No <sup>2</sup>	Hrs:Qtr	No 2	Hrs:Qtrs
	s 1		<b>s</b> <sup>1</sup>		1		1		1		s <sup>1</sup>		1
Assisting in theatre/interventional	: /4		: /4		: /4		: /4		: /4		: /4		: /4
procedures													
Patient education (any setting)	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Discussing care with relatives (any setting)	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Routine procedures (e.g. phlebotomy,	: /4		: /4		: /4		: /4		: /4		: /4		: /4
cannulation, ECG) (any setting)													
TTOs and discharge summaries (any setting)	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Requesting investigations (any setting)	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Teaching	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Own training / study	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Networking/attending meetings	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Strategy/Policy/Service Development	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Administration	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Other (please state):	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Other (please state):	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Other (please state):	: /4		: /4		: /4		: /4		: /4		: /4		: /4
Total	: /4		: /4		: /4		: /4		: /4		: /4		: /4

Specialty working in (please specify):

specially working in (picase specify).						
Accident & Emergency	Infectious Diseases	Paediatric Respiratory Medicine				
Acute Internal Medicine	Intensive Care Medicine	Paediatric Rheumatology				
Acute Medicine	Intermediate Care	Paediatric Surgery				
Allergy	Liaison Psychiatry	Pain Management				
Anaesthetics	Maternity	Palliative Medicine				
Breast Surgery	Neonatal Intensive Care	Plastic Surgery				
Burns Care	Neurology	Psychiatry of Learning Disability				
Cardio-thoracic Surgery	Neurorehabilitation	Rehabilitation				
Cardiology	Neurosurgery	Rehabilitation Psychiatry				
Child and Adolescent Psychiatry	Obstetrics	Renal Medicine				
Dermatology	Old Age Psychiatry	Respiratory Medicine				
Diabetes	Oncology (Medical)	Rheumatology				
Elderly Care Medicine	Ophthalmology (Medical)	Sexual and Reproductive Medicine				
Forensic Psychiatry	Otolaryngology	Sport and Exercise Medicine				
Gastroenterology	Paediatric Accident and Emergency	Stroke				
General Acute	Paediatric Cardiology	Substance Misuse Psychiatry				
General Medicine	Paediatric Endocrinology	Trauma and Orthopaedic Surgery				
General Psychiatry	Paediatric Gastroenterology	Tropical Medicine				
General Surgery	Paediatric Infectious Diseases and Immunology	Urogynaecology				
Genito-Urinary Medicine	Paediatric Intensive Care Medicine	Urology				
Gynaecological Oncology	Paediatric Neonatal Medicine	Vascular Medicine				
Gynaecology	Paediatric Nephrology	Vascular Surgery				
Haematology	Paediatric Neurology	Other (please specify):				
Head and Neck Surgery	Paediatric Oncology					

List of activities	Notes					
In patient ward round (with consultant or	Enter total time on the ward round and number of patients					
registrar) / In patient ward round	seen/discussed					
(independent)						
In patient clerking of new patients	Enter total time on the activity and number of patients clerked					
Inpatient reviewing patients	Enter total time on the activity and number of patients reviewed					
In patient pre/post-operative assessment	Enter total time on the activity and number of patients assessed					
Outpatient clerking new patients	Enter total time on the activity and number of patients clerked - use					
	this activity category if you clerk the patient and handover to another					
	healthcare professional for the remainder of the patient's consultation					
Outpatient patient consultation	Enter total time on the activity and number of patients seen - use this					
	activity category if you lead the patient's whole outpatient					
	consultation					
Outpatient pre-operative assessment	Enter total time on the activity and number of patients assessed					
Emergency department clerking new patients	Enter total time on the activity and number of patients clerked - use					
	this activity category if you clerk the patient and handover to another					
	healthcare professional for the remainder of the patient's consultation					
Emergency department patient consultation	Enter total time on the activity and number of patients seen - *use this					
	activity category if you lead the patient's whole outpatient					
	consultation					
Assisting in theatre/interventional procedures	Enter total time on the activity and number of patients you assisted in					
	procedures with					
Patient education (any setting)	Enter total time on the activity and number of patients offered					
	education/advice					
Discussing care with relatives (any setting)	Enter total time on the activity and number of patients whose relatives					
B ( 111 )	you had discussions with					
Routine procedures (e.g. phlebotomy,	Enter total time on the activity and number of patients for whom					
cannulation, ECG) (any setting)	routine procedures were performed					
TTOs and discharge summaries (any setting)	Enter total time on the activity and number of patients for whom					
	TTOs were ordered or discharge summaries written					
Requesting investigations (any setting)	Enter total time on the activity and number of patients for whom					
T 1:	investigations were ordered					
Teaching	Time spent delivering teaching/training					
Training/study	Time spent receiving teaching/training					
Networking/attending meetings	Including all meetings, whether patient/focussed (e.g. dealing with					
	complaints) or business-focussed (e.g. team meetings), and time spent					
	talking to colleagues.					
Strategy / Policy / Service Development	Record time spent developing financial/strategic services, clinical					
	services, business plans, etc.					