

DAY X SKIN & ADVANCE COMFORT CARE BUNDLE DAY X

Complete for all patients with a Waterlow Score of 10 or over or with restricted mobility

Continuously complete one form each day. Use the best practice care standards outlined in the Prescription of Care detailed in each section below to develop an appropriate individualized care plan

DAY X – Date:

Document Time

Signature (initials)

SURFACE **Bed mattress** **FM** foam mattress **AMO** air mattress overlay **AMR** air mattress replacement chair cushion **FC** foam cushion **AC** air cushion
Heel protection **OB** offloading boots **HRS** heel relief shoe/sandal **PD** patient has declined use of specialist surface **O** other: specify in action taken / comments

Mattress type

Inflation on/off

Heels off loaded

Check bed height (safety)

SKIN INSPECTION **N** no pressure damage found **G1:** Grade 1 **G2:** Grade 2 **G3:** Grade 3 **G4:** Grade 4 **ML** moisture lesion (skin excoriation and incontinence associated dermatitis)

Left heel

Right heel

Sacrum

Buttocks

Ears

Nose

Other

Anti-embolic

KEEP MOVING **IN** independent **1.** Left side 30 tilt **2.** Right side 30 tilt **3.** Sitting in bed **4.** Lying in bed **5.** Sitting in chair **6.** Stand / walk **7.** Declined (document discussion in care plan)

Position changed

Pain level checked

Call bell within reach

INCONTINENCE **I** independent **C** continent **U** urine **F** Faeces **B** both

Clean and dry

Barrier applied

Toilet needs checked

NUTRITION **I** independent **NB** nil by mouth **IV** IV maintenance fluid **EF** Enteral feeding

Drink taken

Food taken

Supplement taken

Teeth/dentures/m mouth care offered

Prescription of care to be completed by the registered nurse responsible for the patient on the early shift – tick as appropriate

SURFACE (mattress, heels off loaded, chair cushion) **SKIN** (new full skin assessment completed, TEDS removed / heels checked etc) **KEEP MOVING** (turning regime etc) **INCONTINENCE**, **NUTRITION** etc