

**This file contains the *Qualitative Study - Topic Guide for Re-engaged Adult Patients* from the NIHR CATCH-uS ADHD Transition Research Project (2015 – 2019).**

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### Topic guide 3: Adults with ADHD re-entering services

#### 1. Leaving services (= services helping you to manage your ADHD)

- a) When were you first diagnosed with ADHD?
- b) Can you tell me a bit about when you left services – or stopped your medication for your ADHD – and why that happened?
  - Was this discussed (sufficiently) with your doctor / therapist?
  - Was there anything that would have made you decide to keep taking medication / transfer to adult services?
- b) What would have been helpful for you at the time in terms of meeting your health needs or heaving treatment or support?

#### 2. Returning to services

- a) When did you decide you needed help for your ADHD again?
- b) What influenced your decision to seek help at this point?
- c) Who did you go to first and how did you get referred to the service you are attending now? When did you contact the current services for help?
- d) Were there any difficulties in getting seen by adult services?
- e) Did you feel that your needs were taken into account by
  - a. the person / service you sought help from first?
  - b. the current service?
- f) How could you improve the re-entering process?