

**This file contains the *Qualitative Study – Topic Guide for Parents* from the NIHR CATCH-uS ADHD Transition Research Project (2015 – 2019).**

**For more information or to ask permission to use this tool please contact [catchus@exeter.ac.uk](mailto:catchus@exeter.ac.uk)**

## **Topic guide 6: Parents of a child with Attention Deficit Hyperactivity Disorder**

**NOTE:** These questions are for guidance only and will vary depending of the age of the child (whether or not the child has been referred to adult services yet).

### **1. Current situation**

- a. How old is your child?
- b. Could you tell us a little bit about any help your child receives for their ADHD?
- c. How are you involved in the treatment of your child's ADHD?

### **2. Future (Transition)**

- a) Currently, your child takes medication for their ADHD. Do you see this continued in the future?
- b) How do you see this future support?

### **3. Planning and preparation for transition**

- a) When did your child's therapist/doctor at the children's service first talk about a transition to adult services?
  - a. Has this been addressed yet?
  - b. How did you feel about this?
  - c. What was discussed prior to the transfer? What made you continue medication/treatment for your ADHD?
- b) When did you first have contact with professionals from the adult service.
- c) How were you, as a parent, involved in this process?
- d) How well prepared did you feel for your child's transfer?
- e) Is there anything that could have helped you and your child prepare for leaving CAMHS/Paediatrics?

### **4. The transition process**

- a) Is it clear who you can contact for help throughout the process?
- b) Did you have a named contact or transition worker at CAMHS? At the service for adults?
- c) Were there any gaps in your care when you moved from CAMHS to the service for adults, or times when you could not get the help you needed?
- d) What did you think about how CAMHS and the service for adults worked together?

### **5. Improving transition**

In your opinion, how could transition be improved for young people moving from CAMHS to services for adults?