

Show card for Question 1 – Food and Drink

**I get all the food and drink I like when I want**

**I get adequate food and drink at OK times**

**I don't always get adequate or timely food and drink**

**I don't always get adequate or timely food and drink, and I think there is a risk to my health**

Show card for Question 2 – Accommodation Cleanliness and Comfort

**It is clean and comfortable as I want here**

**It is adequately clean and comfortable here**

**It is not quite clean or comfortable enough here**

**It is not at all clean or comfortable here**

Show card for Question 3 – Personal Cleanliness and Comfort

**I feel clean and am able to present myself the way I like**

**I feel adequately clean or presentable**

**I feel less than adequately clean or presentable**

**I don't feel at all clean or presentable**

Show card for Question 4 – Social Participation

**I have as much social contact as I want with people I like**

**I have adequate social contact with people**

**I have some social contact with people, but not enough**

**I have little social contact with people and feel socially isolated**

Show card for Question 5 – Occupation

**I'm able to spend my time as I want, doing things I value or enjoy**

**I'm able to do enough of the things I value or enjoy with my time**

**I do some of the things I value or enjoy with my time, but not enough**

**I don't do anything I value or enjoy with my time**

Show card for Question 6 – Control over daily life Current

**I have as much control over my daily life as I want**

**I have adequate control over my daily life**

**I have some control over my daily life, but not enough**

**I have no control over my daily life**

Show card for Question 7 – Personal Safety

**I feel as safe as I want**

**Generally I feel safe, but not as safe as I would like**

**I feel less than adequately safe**

**I don't feel safe at all**

Show card for Question 8 – Anxiety

**I hardly every feel worried or anxious**

**I occasionally feel worried or anxious**

**I often feel worried or anxious**

**I constantly feel worried or anxious**



Show card for Question 9 – Low Mood

**I hard every feel down or have a low mood**

**I occasionally feel down or have a low mood**

**I often feel down or have a low mood**

**I constantly feel down or have a low mood**

Show card for Question 10 - Pain

**I am hardly ever in pain**

**I am occasionally in pain**

**I am often in pain**

**I am constantly in pain**

Show card for Question 11 – Dignity Q1

**Having help makes me think and feel better about myself**

**Having help does not affect the way I think or feel about myself**

**Having help sometimes undermines the way I think or feel about myself**

**Having help completely undermines the way I think or feel about myself**

Show card for Question 12 – Dignity Q2

**The way I'm helped and treated makes me think and feel better about myself**

**The way I'm helped and treated does not affect the way I think or feel about myself**

**The way I'm helped and treated sometimes undermines the way I think and feel about myself**

**The way I'm helped and treated completely undermines the way I think and feel about myself**