

# Helping Your Podiatrist, Nurse or GP Treat Your Verruca

## Who can help?

We are looking for 266 people with a verruca to take part in a research study. If you have a verruca, and are aged between 12 and 24 years of age, then you may be able to take part.

## What is the study about?

Verrucae are a common problem. Many will disappear without treatment, however, patients may seek treatment if their verruca is painful or if they are prevented from doing sports. There are many different ways to treat verrucae, but it is unclear which treatment is best.

The purpose of this study is to compare two commonly used treatments to find out which of these is the best treatment to cure verrucae. We are also interested in your opinion of the treatments.

## What are the two treatments being tested?

The two treatments being tested are an acid paste called Verrugon which you can buy over the counter from a pharmacist and a freezing technique which is applied by a Podiatrist, GP or Nurse.

## What will I have to do if I take part?

The study will last for 6 months, but the treatments will last for a maximum of 8 weeks. If you are treated with the acid paste the Podiatrist, GP or Nurse will show you how to apply it at your first appointment. You will then be asked to take the treatment home with you and apply it daily up to a maximum of 8 weeks. If you are treated with the freezing technique, you will be treated by your Podiatrist, GP or Nurse at the clinic.

If you agree to take part, your Podiatrist, GP or nurse will record some details about your verruca and take a digital photograph of it. We will ask you to complete a brief questionnaire about your verrucae and during the 6 months of the study, we will send you a similar questionnaire after 1, 3, 12, and 24 weeks.

## What should I do now?

If you are interested in taking part in the study, please ring

(Insert local contact details)

and they will assess you in order to see if you are eligible for the study.

Alternatively, you can contact the Trial Manager,

Sarah Cockayne:

Tel 01904 321736

or

Email: [esc5@york.ac.uk](mailto:esc5@york.ac.uk)



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**THE UNIVERSITY of York**

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