

Our ref: «TrialCode»Qual

<insert sender name and address>

Date: <insert date>

Dear Dr <insert GP / Practice Manager name>

REEACT: Invitation to be part of an interview study.

We are inviting primary care health professionals who have been involved in the REEACT study to take part in interviews with us. The interviews are to help us understand how service providers view computerised therapy and whether they think it is effective and acceptable for patients. The views expressed in the interviews will help to make sure future services are influenced by primary care staff working directly with patients.

- We are interested in speaking to any GPs or Practice Managers who have been involved in the study, irrespective of how many patients were referred to the trial from your practice.
- We aim to take up as little time as possible and expect the interviews to last around **half an hour**.
- We will of course compensate you for your time, and can reimburse you **£40** for the 30 minute interview.
- The interview can also be added to the research domain in the annual appraisal folder.
- The interview can take place at your practice at a time that suits you or by telephone if this would be more convenient.
- The interview will be conducted privately, with only you and the researcher present. We will record the interview so that we can write it up later, but this will be kept confidential.

Please find enclosed an information sheet which will help you decide if you would like to take part. If you are interested in hearing more about the interviews, please complete the slip on the next page, and return it in the prepaid envelope or fax it to <insert fax number>. I will then get in touch with you, to discuss the study further and answer any questions you may have. You can also contact me directly on <insert telephone number> or email <insert email address>.

If you have any queries about any other aspect of the trial, you can contact your local researcher, <insert researcher name> , on <insert telephone number> or email <insert email address>.

Kind regards

<insert sender details>

Computerised Cognitive Behaviour Therapy for Depression

Staff Information Sheet: Interview

We would like to invite you to be interviewed as part of the REEACT study. Before you decide if you want to take part, it is important for you to understand why we are interviewing GPs and Practice Managers and what it would involve for you. Please take time to read the following information carefully. Talk to others about taking part in the interview if you wish.

Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

What is the purpose of the interview?

We are organising the interview as part of the REEACT research study. In the REEACT study we are comparing two different types of computerised Cognitive Behaviour Therapy (CBT) plus usual GP care with usual GP care alone for people with depression. The purpose of the interview is to understand your experiences and thoughts on the use of computerised CBT in primary care.

Why have I been invited?

You are being invited as a primary care health professional who has been involved in the REEACT study.

Do I have to take part?

It is up to you to decide. We will discuss the interview with you and give you a copy of this information sheet to keep. We will invite you to sign a consent form to show that you have agreed to take part. You do not have to take part.

What will happen if I choose to take part?

A member of the research team will arrange an appointment to visit you to conduct the interview. He or she will ask questions about **your experiences of referring patients to computerised CBT** in primary care and give you the opportunity to discuss your views. We will tape-record the session and type it up to make sure that there is an accurate record of the discussion.

Expenses

We will be able to offer expenses in recognition of the time involved in being interviewed

What are the possible risks of taking part?

You may not feel comfortable in answering questions about your experiences. You do not have to answer any questions that you do not feel comfortable answering.

What are the possible benefits of taking part?

You may or may not experience some benefit from taking part in the interview. The session will give you the opportunity to discuss your own experiences and this may be helpful to you.

What if there is a problem?

If you have a concern about any aspect of this study, you should ask to speak to the researcher who will do their best to answer your questions *<insert researcher contact details>*. If you do not want to speak to the researcher you can contact the local principal investigator *<insert local PI name and contact details>* or the chief investigator, Professor Simon Gilbody *<insert telephone number and email address>*. If you remain unhappy and wish to complain formally, you can do this through the NHS Complaints Procedure. You can obtain details from your PCT.

In the event that something goes wrong and you are harmed during the research and this is due to someone's negligence then you may have grounds for a legal action for compensation against the University of York.

Will my taking part in the interview be kept confidential?

We will keep all information we collect about you during this research strictly confidential. The session will be typed up and then read and re-read by members of the research team. The tapes will then be destroyed. When reporting the findings of the study we may use direct quotes from you. If so, we will give you a different name so that your identity is protected. We will store information collected in the study in locked filing cabinets and on password protected databases. No information about you will be posted or left in an unlocked environment.

What will happen if I don't want to carry on with the study?

You can withdraw from the study at any time. All you have to do is notify the researcher of your decision.

What will happen to the results of the study?

We will publish the results of this research study widely. We will produce a research report and write articles for health professionals to read. We will not use any information that could identify you. You will also be given a summary of the findings.

We will ensure charities such as Depression Alliance are informed of the results of our research.

Who is organising and funding the research?

The University of Manchester is organizing the interviews. The Universities of Bristol, York and Sheffield are also involved in organising the REEACT trial. The funder is the Health Technology Assessment (HTA) Programme.

Who has reviewed the study?

All research in the NHS is looked at by an independent group of people, called a Research Ethics Committee to protect your safety, rights, wellbeing and dignity. This study has been reviewed and given a favourable opinion by Leeds (East) Research Ethics Committee.

Further information and contact details

For specific information about this research study, please contact

<insert Trial Manager's name and contact details>

For advice about whether you should participate, you could speak to the local researcher or a colleague.

If you have a concern about any aspect of this study, please see the contact details given on Page 2 of this information sheet.

Thank you for reading this and for considering taking part in this study.

Staff ID Number.....

Staff Consent Form

Computerised Cognitive Behaviour Therapy for Depression Interviews

Please **INITIAL** each box

1. I confirm that I have read and understood the information sheet dated (version...) for the above study and have had the opportunity to ask questions. I have had any questions answered satisfactorily.
2. I understand that my participation is voluntary and that I am free to withdraw at any time without giving a reason, without my legal rights being affected.
3. I understand that my comments may be used in reports on this study and that these will be anonymous. I give permission for this.
4. I understand the interview will be tape recorded
5. I agree to take part in the above study

Name of Participant (BLOCK
CAPITALS)

Date

Signature

I have explained the study to the above member of staff and he/she has indicated his/her willingness to take part.

Name of Person taking consent (if
different from researcher) (BLOCK
CAPITALS)

Date

Signature

Name of Researcher (BLOCK
CAPITALS)

Date

Signature

***** 1 copy of consent form to be given to participant and 1 copy to be retained by research team *****