Study Number:	
Initials:	
Diagnostic pathway before randomisation:	Colonoscopy Barlum enema
Date randomised:	





AFTER THE TEST I

Dear Patient.

Thank you for helping us with this questionnaire on your experiences of the bowel test.

The questions will ask you about your experience of the bowel examination and should be completed AFTER you had your bowel test at the hospital. Ideally we would like you to complete this questionnaire ON THE MORNING AFTER THE BOWEL TEST or soon after.

Your answers will help us learn more about patients' experiences of different types of bowel tests. So we are very grateful for your time.

Your answers will be treated in strict confidence.

Once you have completed the questionnaire, please return it in the enclosed freepost envelope. No stamp is required.

For any questions please contact the study co-ordinator:

Study Co-ordinator Reshma Kanani Tel: 020 8235 4253, Fax: 020 8864 2693

HOW ARE YOU FEELING RIGHT NOW?

Below is a list of words that describe different feelings you might be experiending right now. We are interested in your GENERAL mood at the moment. Please read **EACH** word and tick (</) the box that best indicates the extent to which you feel this way **right now**. Have a look at the EXAMPLE below:

EXAMPLE : Consider the word 'sleepy'.									
If you are NOT feeling sleepy right now you should tick (✓) 'very slightly or not at all'									
	٧	ery slightly or not at all	A little	Moderately	Quite a bit	Extremely			
Sleepy		√							
Or If you feel MODERATELY 'sleepy', you should tick (✓) 'moderately '									
	٧	ery slightly or not at all	A little	Moderately	Quite a bit	Extremely			
Sleepy				√					
Now please read EACH word carefully. If a word does not apply or make sense to you, please tick 'very slightly not at all'. It is important that you tick (<) a box for EVERY word.									
		Very slightly or not at all	A little	Moderately	Quite a bit	Extremely			
Active									
Distressed									
Excited									
Upset									
Strong									
Guilty									
Scared									
Hostile									
Enthusiastic									
Proud									
Irritable									
Alert									
Ashamed									
Inspired									
Nervous									
Determined									
Attentive									
Jittery (on edge))								
Interested									
Afraid									

BEFORE THE TEST

How acceptable did you find the bowel preparation?									
Not at all acceptable	Slightly a	cceptable	Fairly acceptable	Very acceptable					
	[
Did you read the inst bowel preparation?	ructions f	Yes N	lo 🗌						
If YES how satisfied were you with the instructions for the bowel preparation									
Very dissatisfied	Dissa	Satisfied	Very satisfied						
	[
What was the date a	nd time of	Time	Date						
appointment?									
Did anyone come wit	h you to 1	Yes No No							
If YES, was It difficult to find someone to come with you to the test?									
Not at all difficult	Slightly	Fairly difficult	Very difficult						
If you had to have the same test again in future, would you ask someone to come with you?									
Yes			No	Don't know					
How satisfied were you with the waiting room facilities at the hospital?									
Very dissatisfied	Dissa	tisfied	Satisfied	Very satisfied					
	[
How satisfied were y	ou with t	he changi	ng room facilities	at the hospital?					
Very dissatisfied	Dissa	tisfied	Satisfied	Very satisfied					

HAVING THE BOWEL TEST Which bowel test did you have in the hospital? CT colonography Colonoscopy Don't know Barlum enema (Scan) How satisfied were you with the test? Very dissatisfied Dissatisfied Satisfied Very satisfied Was the test more painful or less painful than you expected? About the same as I Less painful than I expected More painful than I expected expected Did vou receive a sedative before or No. Yes Don't know during the procedure? How bloated dld you feel during the bowel test? Somewhat Not at all Moderately Very How satisfied were you with the instructions from clinical staff during the bowel test? Very dissatisfied Dissatisfied Satisfied Very satisfied П How satisfied were you with the attitude of staff during the bowel test? Very dissatisfied Dissatisfied Satisfied Very satisfied During the bowel test, were you given Information about the findings of the Yes No 🗔 Investigation?

THINKING ABOUT THE TEST YOU HAD

For each word or statement below, please tick (<) the box on the scale below which best describes your experience of the test. Please begin by looking at the example below.

EXAMPLE											
FOR EXAMPLE: If you felt that time went slowly during the test you might tick the scale like this											
Time went slowly	√							Time went quickly			
Or If you felt that time went neither slowly nor quickly you might tick the scale like this											
Time went slowly				√				Time went quickly			
Felt out of control								Felt In control			
Worrled								Not worried			
Undignified								Dignifled			
Uncomfortable								Comfortable			
Dissatisfied								Satisfied			
Intrusive								Not intrusive			
Loss of modesty								No loss of modesty			
Agitated								Calm			
Staff were not Interested in me								Staff were Interested in me			
Staff were cold								Staff were warm			
I'd have preferred to be less awake								I'd have preferred to be more awake			
Did not understand what was happening								Understood what was happening			
Soreness								No soreness			
Hard to cope with								Easy to cope with			
Staff were not Informative								Staff were Informative			
I felt puzzled								I did not feel puzzled			

Afraid of "making a fool of myself"				Not afraid of "making a fool of myself"
I was not interested				I was Interested
Took a long time for bowels to get going again				Did not take a long time for bowels to get going again
Painful				Not painful
Difficult to do what was required				Easy to do what was required
Not confident in staff				Confident in staff
I was worried about what they would find				I was not worrled about what they would find
A bad experience				A good experience
I was confused				I was not confused
Tired afterwards				Not tired afterwards
Not enough privacy				Enough privacy
Claustrophobic				Not claustrophobic
Staff did not make me feel at ease				Staff made me feel at ease
Bloated afterwards				Not bloated afterwards
Undestrable side effects				No undestrable side effects
I was not pleased with how it went				I was pleased with

AFTER THE TEST										
How dld you feel In the hours immediately after the test?										
How satisfied were you with the instructions on what to do after the bowel test? Very dissatisfied Dissatisfied Satisfied Very satisfied										
Did you receive information about the results of your test after you left the examination room (before you left the Yes No Did you have any follow up investigation immediately after the										
Were you given something to drink after your bowel test? Yes No										
Were you given something to eat after your bowel test? Yes No										
Food Drink	If not , would you like to have been given some food and/or drink after the test? Food Drink Both Neither									
			IVE							
Did you experience any of the foll	owing sym	ptoms afte	er the test?							
	None	Mild	Moderate							
Abdominal pain/cramps										
Nausea/vomiting										
Faint feeling or dizziness										
Wind										
Bottom soreness										
Solling										
Sleep difficulties	\vdash	\vdash								
Anxiety										
Please Indicate below how long yo recovered from the test?	ou felt It to	ok before	you had fu	lly						
Immediately Up to 1 Up to 3 hour hours	Up to 6 hours	Up to 12 hours	More than 12 hours	Still recovering						

Which of the following w	as the LEAST acceptable	aspect of the test?
Bowel Preparation (Laxative)	Bowel test	Other
If other please specify:		
Would you recommend th other words, to be used o problems to test for illnes	n healthy people with NO	particular bowel
other words, to be used o	n healthy people with NO	particular bowel
other words, to be used o problems to test for Illnes	n healthy people with N C ses such as bowel cancer	particular bowel
other words, to be used o problems to test for Illnes	n healthy people with N C ses such as bowel cancer	particular bowel
other words, to be used o problems to test for Illnes	n healthy people with N C ses such as bowel cancer	particular bowel
other words, to be used o problems to test for Illnes	n healthy people with N C ses such as bowel cancer	particular bowel

	Please fill in TODAY'S DATE:	D	D	M	M	Υ	Υ	Υ	Υ	Ī
--	------------------------------	---	---	---	---	---	---	---	---	---

Please check you have answered **all** the questions. Your answers are very important to us so we might contact you about any missing information.

I do not wish to be contacted about any missing information.

THANK YOU VERY MUCH FOR TAKING THE TIME TO COMPLETE THIS QUESTIONNAIRE

If you lose the Freepost envelope, please post to: St Marks Hospital, SIGGAR1, FREEPOST LON 2069, CR-UK Colorectal Unit, St Marks Hospital, Northwick Park HARROW. HA1 3BR (no stamp is needed)

Study Number:	
Initials:	
Diagnostic pathway before randomisation:	Colonoscopy Barlum enema
Date randomised:	





AFTER THE TEST II

Dear Patient,

By filling in the questionnaire you are helping us to fully understand what it is like to have a bowel test including the experiences following the examination.

All of your responses will be used to compare your experiences with those of other patients and ultimately enable us to improve services in the future.

Your answers will be treated in strict confidence and are very important for our research into improving patient care.

Please fill in this questionnaire and return it in the enclosed freepost envelope. No stamp is required.

For any questions, please contact the study co-ordinator.

Study Co-ordinator Reshma Kanani Tel: 020 8235 4253, Fax: 020 8864 2693

SIG-PT2-1-906

HOW ARE YOU FEELING RIGHT NOW?

Below is a list of words that describe different feelings you might be experiending right now. We are interested in your GENERAL mood at the moment. Please read **EACH** word and tick (</) the box that best indicates the extent to which you feel this way **right now**. Have a look at the EXAMPLE below:

EXAMPLE: Consider the word 'sleepy'.									
If you are NOT feeling sleepy right now you should tick (✓) 'very slightly or not at all'									
	٧	ery slightly or not at all	A little	Moderately	Quite a bit	Extremely			
Sleepy		√							
Or If you feel MODERATELY 'sleepy', you should tick (✓) 'moderately '									
	٧	ery slightly or not at all	A little	Moderately	Quite a bit	Extremely			
Sleepy				√					
Now please read EACH word carefully. If a word does not apply or make sense to you, please tick 'very slightly not at all'. It is important that you tick () a box for <b EVERY word.									
		Very slightly or not at all	A little	Moderately	Quite a bit	Extremely			
Active									
Distressed									
Excited									
Upset	Upset								
Strong									
Gullty									
Scared									
Hostile									
Enthusiastic	lastic								
Proud									
Irritable									
Alert									
Ashamed									
Inspired									
Nervous									
Determined									
Attentive									
Jittery (on edge)								
Interested									
Afraid									

RECEIVING THE RESULTS
Can you remember which of the following bowel tests you had? If you had MORE than one, can you remember which of these was your FIRST bowel test? Barlum Enema CT colonography (scan) Colonoscopy Don't know
How did you feel when you received the results from this test?
When did you receive the results of this test? During the test
How did you receive the results of the test? Face to face On the phone In a letter Can't remember
Who gave you the results? The hospital My GP Can't remember
Did you have any questions after you received the results? Yes No If you ticked YES, can you remember what they were?
Did you receive answers to these questions? Yes No Did not have any questions

Overall, how satisfied were you with the way the results of this test were explained to you?									
Very Satisf	ied	Satisfied	Dissatisfie	ed Very	Dissatisfied				
Please Indicate how long you felt it took before you fully recovered from the test?									
Immediately	Up to 30 minutes	Up to 2 hours	Up to 4 hours	Up to 6 hours	up to 1 day				
Up to 2 days	Up to 3 days	A week	A fortnight	One month or more	Still recovering				
Overall, which of the following was the LEAST accepable aspect of the test? Bowel Preparation (Laxative) Bowel test Other If other, please specify:									
Would you agree to having the same test again In future If necessary?									
other words	, to be used	on healthy po	rt of a screen eople with NC bowel cancer?	particular b					
Ye	25	1	No	Don't	know				

FOLLOW-UP TESTS
Did you have a follow-up bowel test? Yes No If YES, please answer the questions below If NO, skip to PAGE 6
PLEASE READ AND RESPOND TO THE QUESTIONS BELOW IF YOU HAD A FOLLOW-UP BOWEL TEST
Which of these was your SECOND bowel test? Barium CT colonography Colonoscopy Flexible Don't know Enema (scan)
How did you feel when you received the results?
When did you receive the results of this test? During the test Immediately after the same day Immediately Immediately after the test Immediately Immediately after the test Immediately Immediatel
How did you receive the results of this test? Face to face On the phone In a letter Can't remember
Who gave you the results of this test? The hospital My GP Can't remember
Did you have any questions after you received the results for this test? If you ticked YES, what questions did you have?
Did you receive answers to these questions? Yes No Did not have any questions

Overall, how sexplained to y		e you with t	the way the r	esults of this	test were
Very Satisfie		itisfied	Dissatisfie	ed Very	Dissatisfied
Please Indicate	e below how	long you fe	It It took bef	fore you fully	recovered
from the follo	w-up test?	iong journ			
Immediately	Up to 30	Up to 2	Up to 4	Up to 6	up to 1 day
immediately	minutes	hours	hours	hours	up to 1 day
Up to 2	Up to 3	•		One month	Still
days	days	A week	A fortnight	or more	recovering
ń	ń				
Did you mind	having the f	ollow-up tes	st?		
Not at all	Sor	newhat	Moderate	ely Ve	ery much
				,	
Overall, which follow-up test		wing was th	e LEAST ac	ceptable aspe	ct of the
Bowel preparat	ion (Laxative)	Bowe	el test	Oth	er
	1	Г	7		1
If other, plea	se specify:		_	_	'
	,				
Would you ag	ree to having	n the same t	est again in		
future If neces		g the sume t	est again in	Yes	No 🗆
Would you red					
other words, t	o be used or	n healthy pe	ople with No	particular b	owel
problems to to	est for illness	ses sucn as b	owei cancer		
Yes		N	9	Don't	Know
If you had to b	NIS ILIET O	BIE of the to	ete papin whi	ch one would	uou profess
If you had to h	_	ME of the te	sts again wni	cn one would	you prefer?
	Test 1			Test 2	
Please commen	t, your answe	r will be treat	ted with strict	confidence.	
					l

PAGE 6 - YOUR OVERALL EXPERIENCE DO YOU THINK THAT YOUR OVERALL EXPERIENCE OF THE BOWEL TEST(S) HAS Given you a sense of reassurance that you do not have bowel cancer? Not at all A little bit Quite a bit A great deal Made you feel more able to do the things that you normally do? Not at all A little bit Quite a bit A great deal Made you more hopeful about the future? Not at all A little bit Quite a bit A great deal Made you get on better with those around you? Not at all A little bit Oulte a bit A great deal Given you a greater sense of well-being? Not at all A little bit Quite a bit A great deal Made you feel LESS anxious about bowel cancer?

Quite a bit

A great deal

Did not feel anxious

Not at all

A little bit

	YOUR CURRE	NT HEALTH	
About how many	times have you been	to see your GP In	the last 3 months?
Haven't been	Once	Twice	Three or more times
Would you say tha	at for someone of you	ır age your own h	ealth is:
Excellent	Good	Fair	Poor
Would you say tha	at since the bowel tes	t your bowel-rela	ted problems have:
Got better	Stayed the same	Got worse	Never had any problems
_			

		_		_				_
	Ph.	D.	10.75	10.71	3.7	37	37	w
Places fill in TODAVIS DATE:	12	- U	I IV	IVI		T	T	
riease IIII III TODAT 3 DATE.								_

Please check you have answered **all** the questions. Your answers are very important to us so we might contact you about any missing information.

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