

Diagnostic Accuracy of the Thessaly test for meniscal tears

NHS
*National Institute for
Health Research*

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Greater Glasgow
and Clyde

VOLUNTEERS NEEDED

We are looking for people with healthy knees to participate in a study to look at the best examination tests to diagnose meniscal tear in the knee. In order to do this we need to examine some 'normal' knees as well as diseased / injured knees.

If you are over the age of 18 and you have never had any problems with your knee, you may be eligible to participate in the study. Your participation would involve allowing two clinicians to examine your knee, after which you would have an MRI Scan of your knee.

Tears in the menisci are a common knee injury that can cause pain in the joint. Accurate diagnosis currently requires an MRI scan of the affected knee. The Thessaly test is a new non-invasive physical examination test that is reported to be an inexpensive diagnostic tool to determine patients who need an MRI scan or arthroscopy surgery and those who do not. The ability to use an examination test to reliably diagnose meniscal tears has the potential to save the NHS large sums of money.

The study will be run in the Orthopaedic Unit at Glasgow Royal Infirmary and Western Infirmary. Your participation will last approx. 40 minutes for examination and MRI scan.

If you would like to participate or for further information please contact Dr Katriona Brooksbank, Research Manager, Orthopaedic Research Unit, Glasgow Royal Infirmary on [REDACTED] or [REDACTED]