

TO BE COMPLETED BY RESEARCHER:

ID Number	
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Date of baseline interview:	dd	mm	20 yy
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Instructions

We want to know about your use of psychological treatments and certain medications commonly taken by people with depression for the *three months* preceding this interview.

Please try and complete this form without discussing your answers with the researcher.

Medication

NB See opposite page for list of common medications in each category to guide you.

1. Have you been prescribed an antidepressant over the last three months?

Yes

Go to question 2

No

Go to question 9

2. What is the name of the antidepressant and your daily dose (see list opposite)?

Example: Fluoxetine 20mg

3. How many weeks have you been **prescribed** this antidepressant over the last three months?

Weeks

4. In an average week, how many days do you **actually take** this medication?

Days

We realise that there are lots of reasons why people do not like and sometimes do not take the medication which is prescribed to them. We are interested in your experience. Please answer the questions thinking about **the last three months**.

5. Did you ever forget to take your antidepressant medication?

Yes

No

6. Were you careless at times about your antidepressant medication?

Yes

No

7. When you felt better did you sometimes stop taking your antidepressant medication?

Yes

No

8. Sometimes when you feel worse do you stop taking your antidepressant medication?

Yes

No

9. Have you been prescribed a sleeping tablet or medication for anxiety over the last three months?

Yes

Go to question 10

No

Go to question 13

10. What is the name of this medication and your daily dose (see list opposite)?

Example: Diazepam 2mg

11. How many weeks have you been **prescribed** this medication over the last three months?

Weeks

12. In an average week, how many days do you **actually take** this medication?

Days

13. Have you taken a painkiller over the last three months (prescribed by doctor or bought from chemist)?

Yes

Go to question 14

No

Go to question 18

14. What is the name of the painkiller and your daily dose (see list opposite)?

Example: Codeine 30mg

15. Is this painkiller prescribed by your doctor?

Yes Go to qu. 12

No Go to qu. 13

16. Over the last three months, how many weeks have you been prescribed this painkiller?

Weeks

17. In an average week, how many days do you take these pain killers?

Days

MEDICATION

Antidepressants:

Amitriptyline/Triptafen	Flupentixol/Fluanxol	Paroxetine/Seroxat
Amoxapine/Asendis	Imipramine/Tofranil	Phenelzine/Nardil
Citalopram/Cipramil	Isocarboxazid	Reboxetine/Edronax
Clomipramine	Lofepamine/Gamamil	Sertraline/Lustral
Dosulepin/Dothiepin/Prothiaden	Maprotiline/Ludiomil	Tranlycypromine
Doxepin/Sinequan	Mianserin	Trazodone/Molipaxin
Escitalopram/Cipralext	Mirtazepine/Zispin	Trimipramine/Surmontil
Fluoxetine/Prozac	Moclobemide/Manerix	
Fluvoxamine/Faverin	Nortriptyline/Allegron/Motival	

Sleeping tablets/medication for anxiety:

Alprazolam	Meprobamate
Buspirone/Buspar	Nitrazepam
Chlorazepate/Tranxene	Oxazepam
Chlordiazepoxide	Temazepam
Diazepam	Zapelon/Sonata
Flurazepam/Dalmane	Zolpidem/Stilnoct
Loprazolam	Zopiclone/Zimovane
Lorazepam	
Lormetazepam	

Examples of painkillers:

Alka-Selzer	Hedex	Solpadeine
Anadin	Ibuprofen	Tramadol/Zamadol
Aspirin	Lemsip	
Buprenorphine/Transtec	Morphine	
Codeine	Nefopam/Acupan	
Dihydrocodeine	Neurofen	
Dipapnone/Dicolnal	Night nurse	
Disprin	Panadol	
Fentanyl/Durogesic	Paracetamol	
Hedex	Paracetamol with co-codamol	

Psychological treatments

18. Have you had any psychological treatments or counselling over the last 3 months, excluding marriage guidance and art/drama/music therapy?

Yes Go to question 19

No

Go to question 33

Details of first therapist:

19. What is the name of your therapist?

20. How many sessions have you had with your therapist in the last three months?

Number of sessions

21. What was the average duration of each session with your therapist?

Minutes

22. Was your therapy individual (one-to-one) or group therapy?

Individual

Group

23. How did you travel to your therapy?

Train/Bus

Go to question 24

Car/motorcycle

Go to question 25

Walk/Cycle

Go to question 26

24. If you used public transport, what was the one-way fare?

£

25. Approximately how many miles was the journey one-way?

Miles

Details of second therapist, if applicable:

26. What is the name of your second therapist?

27. How many sessions have you had with your second therapist in the last three months?

Number of sessions

28. What was the average duration of each session with your second therapist?

Minutes

29. Was your second therapy individual (one-to-one) or group therapy?

Individual

Group

30. How did you travel to your second therapy?

Train/bus

Go to question 31

Car/motorcycle

Go to question 32

Walk/cycle

Go to question 33

31. If you used public transport, what was the one-way fare?

£

32. Approximately how many miles was the journey one-way?

Miles

END OF QUESTIONNAIRE

THANK YOU FOR COMPLETING THIS QUESTIONNAIRE

Preventing depressive relapse/recurrence in NHS settings through mindfulness-based cognitive therapy (PREVENT) - adult SERVICE USE Schedule (ad-sus), Interview

ID Number	
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Date of interview:	dd	mm	20 yy
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Period(s) covered (tick all that apply)	
Baseline	
3-month	
9-month	
12-month	
18-month	
24-months	
If previous interviews missed, this schedule should cover the entire period from previous to current interview date. Please tick all periods that apply	

Instructions

This schedule should be given in *interview*.

The schedule covers:

- At baseline, the patient's use of services for the *three months* preceding the interview
- At any follow-up point, the patient's use of services *since the previous interview*

If the patient was not interviewed at an earlier follow-up point, this schedule can be used to cover the entire period from previous to current interview – please tick all periods that apply.

Please tell the patient that you want to know about their use of all services *except* psychological interventions and medications. Please ask the patient not to mention any psychological treatments or medications received and tell them that details of these treatments will be collected in a separate schedule to be completed by the patient.

Section A: Hospital Services

A1 – Have you had a hospital admission (if baseline) in the last three months / (if follow-up) since you were last interviewed approximately [X] months ago?

1	Yes	Go to A2
0	No	Go to A3
666	Research worker unable to evaluate	Go to A3
999	Not completed	Go to A3

A2 – If yes, record details below

Hospital code	Speciality code	Details if hospital=92 (other) and/or speciality code=28 (other)	Number of nights

A3 – Have you been to hospital for an outpatient/day patient appointment (if baseline) in the last three months / (if follow-up) since you were last interviewed approximately [X] months ago?

1	Yes	Go to A4
0	No	Go to A5
666	Research worker unable to evaluate	Go to A5
999	Not completed	Go to A5

A4 - If yes, record details below

Hospital code	Speciality code	Details if hospital=92 (other) and/or speciality code=28 (other)	Number of appointments

A5 – Have you attended an accident and emergency (A&E) department (if baseline) in the last three months / (if follow-up) since you were last interviewed approximately [X] months ago?

1	Yes	Go to A6
0	No	Go to B1
666	Research worker unable to evaluate	Go to B1
999	Not completed	Go to B1

A6 - If yes, record details below

Hospital code	Details	Admitted	Ambulance	Number of contacts
		Yes/no	Yes/no	
		Yes/no	Yes/no	
		Yes/no	Yes/no	
		Yes/no	Yes/no	

Section B: Community-based health, social and complementary services

B - Which of the following community based professionals or services have you had contact with (if baseline) in the last three months / (if follow-up) since you were last interviewed approximately [X] months ago?

		Number of contacts	Average duration in minutes per contact
1	General practitioner – surgery		
2	General practitioner – home		
3	General practitioner – telephone		
4	Practice nurse (nurse in GP surgery)		
5	District nurse, health visitor, midwife		
6	Community psychiatric nurse in the community		
7	Psychiatrist in the community		
8	Occupational therapist in the community		
9	Art/drama/music therapy in the community		
10	Social worker		
11	Marriage counselling service e.g. Relate		
12	Advice service e.g. Citizen’s Advice Bureau		
13	Helpline e.g. Samaritans, MIND		
14	Day centre/drop-in centre		
15	Chiropractor/osteopath		
16	Homeopathy		
17	Acupuncture		
18	Other – give details		
19	Other – give details		
20	Other – give details		

Section C: Employment and time off work

C1 – What is your current occupational status?

1	Full-time employment (30+ hours per week)	Go to C3	7	Voluntary worker	Go to C2
2	Part-time employment (<30 hours per week)	Go to C3	8	Unemployed & looking for work	Go to C2
3	Employed & currently unable to work	Go to C3	9	Unemployed & not looking for work (e.g. housewife)	Go to C2
4	Part-time employment & part-time student	Go to C3	10	Unemployed & unable to work for medical reasons	Go to C2
5	Full-time student	Go to C2	11	Medically retired	Go to C2
6	Part-time student	Go to C2	12	Retired	Go to C2

666	Research worker unable to evaluate	Go to C2		
999	Not completed	Go to C2		

C2 – Have you been in paid employment (if baseline) in the last three months / (if follow-up) since you were last interviewed approximately [X] months ago?

0	No	END
1	Yes	Go to C3
666	Research worker unable to evaluate	
999	Not completed	

C3 – What is your approximate gross pay per year (before tax) for your current or most recent employment?

1	Under £5,000	8	£35,001-£40,000
2	£5,001-£10,000	9	£40,001-£45,000
3	£10,001-£15,000	10	£45,001-£50,000
4	£15,001-£20,000	11	£45,001-£50,000
5	£20,001-£25,000	12	£50,001-£75,000
6	£25,001-£30,000	13	£75,001-£100,000
7	£30,001-£35,000	14	£100,001 +
666	Research worker unable to evaluate		
999	Not completed		

C4 – How many DAYS have you been absent from work due to illness (if baseline) in the last three months / (if follow-up) since you were last interviewed approximately [X] months ago?

1	Days	Number of days
666	Research worker unable to evaluate	
999	Not completed	

C5 – How many HOURS does/did your employer expect you to work in a typical 7-day week for your current or most recent employment? If it varies, estimate the average. If more than 97, enter 97.

1	Hours	Number of hours
666	Research worker unable to evaluate	
999	Not completed	

C6 – Have you been in paid employment in the last four weeks?

0	No	END
1	Yes	Go to C7
666	Research worker unable to evaluate	
999	Not completed	

C7 – Please think about your work experiences over the past 4 weeks (28 days). In the past 4 weeks (28 days), how many days did you...

1	miss an <u>entire</u> work day because of problems with your physical or mental health? Please include only days missed for your own health.	Number of days
2	miss an <u>entire</u> work day for any other reason (including holiday)?	Number of days
3	miss <u>part</u> of a work day because of problems with your physical or mental health? Please include only	Number of days

	days missed for your own health.	
4	miss <u>part</u> of a of a work day for any other reason (including holiday)?	Number of days
666	<i>Research worker unable to evaluate</i>	
999	<i>Not completed</i>	

C8 – About how many HOURS altogether did you work in the past 4 weeks (28 days)? See examples for calculating hours worked below

1	Hours	Number of hours
666	<i>Research worker unable to evaluate</i>	
999	<i>Not completed</i>	

C9 – On a scale from 0 to 10 where 0 is the worst job performance anyone could have at your job and 10 is the performance of a top worker, how would you rate the usual performance of most workers in a job similar to yours? Place a ✓ in the circle below the number that best describes this.

Worst performance
Top performance
0 1 2 3 4 5 6 7 8 9 10

C10 – Using the same 0-to-10 scale, how would you rate your usual job performance over the past year or two? Place a ✓ in the circle below the number that best describes this.

Worst performance
Top performance
0 1 2 3 4 5 6 7 8 9 10

C11 – Using the same 0-to-10 scale, how would you rate your overall job performance on the days you worked during the past 4 weeks (28 days)? Place a ✓ in the circle below the number that best describes this.

Worst performance
Top performance
0 1 2 3 4 5 6 7 8 9 10

Examples for Calculating Hours Worked in the Past 4 weeks

40 hours per week for 4 weeks = 160 hours
35 hours per week for 4 weeks = 140 hours
40 hours per week for 4 weeks with 2 8-hour days missed = 144 hours
40 hours per week for 4 weeks with 3 4-hour partial days missed = 148 hours
35 hours per week for 4 weeks with 2 8-hour days missed and 3 4-hour partial days missed = 112 hours

Employment and time off work section taken from the WHO Health Productivity Questionnaire (HPQ), questions B5-B11.

End of interview.

AD-SUS designed by Sarah Byford at the Institute of Psychiatry

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