

MENTORS BASELINE

Information for participants

We will ask you some questions and this will take about 20 minutes. We would really like you to answer as many of them as you can but if you do not want to answer something that's ok. All of the information you tell us will be kept confidential to the research team. All of your information will be anonymised. This means we may report what you have said but no one will be able to identify that it was you who said it.

B1. Participant ID number

B2. What is your date of birth?

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DAY

MONTH

YEAR

SECTION 1:

Background variables

B3(a) What country were you born in?

- England 1
- Wales 2
- Scotland 3
- Northern Ireland 4
- Republic of Ireland 5
- Other country 6

B3(b) Other country.....

B4(a) How would you describe your ethnic group?

- White or White British 1
- Mixed ethnicity 2
- Asian or Asian British 3
- Black or Black British 4

Chinese 5

Other 6

Not sure 7

B4(b)

Other.....

B5(a) What is your religion?

No religion 1

Christian (including Church of England, Catholic, Protestant
and all other denominations) 2

Buddhist 3

Hindu 4

Jewish 5

Muslim 6

Sikh 7

Any other religion 8

B5(b) Other religion.....

B6(a) Have you got any educational qualifications?

Yes 1

(go to question **B6(b)**)

No 2

(go to question **B7(a)**)

B6(b) (If yes) **What is the highest qualification you've got so far?**

GCSEs (Less than 5) 1

GCSEs (5 or more, not including 5 A*-C) 2

GCSEs (5 or more including 5 A*-C) 3

A Level or equivalent 4

Degree or equivalent 5

Other 6

B6(c) Other.....

B7 **How would you define your sexuality according to these categories?**

Heterosexual 1

Homosexual 2

Bisexual 3

Asexual 4

I'm not sure what my sexuality is 5

B8(a) **Do you have any brothers or sisters? (including half and step siblings)**

Yes – go to question **B8(b)** 1

No – go to question **B9** 2

B8(b) (If yes) **How many brothers and sisters do you have?**

- i) Full brothers Or tick **Don't know** 88
- ii) Full sisters Or tick **Don't know** 88
- iii) Half-brothers Or tick **Don't know** 88
- iv) Half-sisters Or tick **Don't know** 88
- v) Step-brothers Or tick **Don't know** 88
- vi) Step-sisters Or tick **Don't know** 88

B8(c) Comments

B8(d) **Have any of your siblings been in care?**

Yes 1

(go to question **B8(e)**)

No 2

(go to question **B9**)

Don't know 3

(go to question **B9**)

B8(e) (If yes) **How many of your siblings have been in care?**

B9 **How old was your mum when she gave birth to her first child?**

Prompt: Are you the eldest child?

Prompt: If they don't know, ask:

How old is mum now?..... AND

How old is oldest child?

Care History

C1 **How old were you when you were first placed in care? (in years)**

C2 **Can you tell me what was the main reason(s) you went into care? (Interviewer record if don't know)**

C3 **How many times were you in care?**

(i.e. were you in care for one continuous period or was it more than once)

C4 **How many placements did you have? (in total)**

Or tick **Don't know**

C5 What age were you when you left care?

Living situation

L1(a) What is your current living situation?

Renting (signed a rental agreement, either with friends, partner family) 1

Homeowner 2

Hostel – go straight to **E1** 3

Staying with friends / sofa surfing 4

Living with parents / carers / other family (for free or paying rent to them) 5

Other 6

L1(b)

Other.....

L2 How many people do you live with? (not including you)

Education & Employment

E1(a) Which of these best describes the main thing you currently do?

Full time education (e.g. at college / uni – inc. on vacation) 1

Part-time education (e.g. at college / uni – inc. on vacation) 2

In part-time education and paid work 3

Full time paid work (at least 30 hours per week) 4

Part-time paid work (less than 30 hours per week) 5

On government training / employment scheme 6

Unemployed and receiving benefit 7

Unemployed and not receiving benefit 8

Other 9

E1(b)

Other.....

Social connectedness

SC1 Who are the people you are closest to?

Ba
ck
-
co
de

Prompt: by this, we mean the people you would go to if you wanted to talk to or ask for advice

- i)
- ii)
- iii)

SC2 How many close friends do you feel you have?

Prompt: by a close friend we mean someone you can trust or confide in

SC3 Do you ever feel lonely?

Never 1

Not often 2

Sometimes 3

Often 4

All the time 5

Health

H1 **CARD** Choosing a number between 1 and 5, where 1 is bad and 5 is good, how do you rate your physical health right now?

Bad 1

Somewhat bad 2

Ok 3

Somewhat good 4

Good 5

H2 **CARD** Choosing a number between 1 and 5, where 1 is bad and 5 is good, how do you rate your emotional / psychological health right now?

Prompt: mental health if participant does not understand psychological

Bad 1

Somewhat bad 2

Ok 3

Somewhat good 4

Good 5

H3(a) Are you taking any type of medicine prescribed by a doctor right now?

Yes 1

(go to question **H3(b)**)

No 2

(go to question **H4(a)**)

H3(b) (If you are taking prescribed medicine) Can you tell me the name(s) of the medicine(s) and they are for?

Prompt: mental and physical health

Name(s):

For:

H4(a) Have you ever had a drink containing alcohol?

Yes 1

(go to question **H4(b)**)

No 2

(go to question **S1(a)**)

H4(b) (If yes) How old were you when you first started drinking alcohol?

H4(c) In the last year, how often have you had a drink containing alcohol?

Every day 1

A few times a week 2

About once a week 3

Fortnightly 4

Once a month 5

Every few months 6

Once or twice in the last 12 months 7

Not at all in the last 12 months – go to question **S1(a)** 8

H4(d) *CARD demonstrating unit of alcohol* In the last year, how often have you had six or more units of alcohol on one occasion?

Every day 1

A few times a week 2

About once a week 3

Fortnightly 4

Once a month 5

Every few months 6

Once or twice in the last 12 months 7

Not at all in the last 12 months 8

Sex and relationships

S1(a) Have you ever had consensual sexual intercourse? (i.e. you agreed to it)

Yes – go to question **S1(b)** 1

No – go to question **P1** 2

S1(b) (If yes) How old were you the first time you had consensual sexual intercourse?

Pregnancy

P1 Are you currently pregnant?

- Yes 1
- No 2
- I might be 3

P2(a) Have you been pregnant before?

- Yes – go to question **P2(b)** 1
- No 2

If no to P1 & P2(a), go to question P7

P2(b) (If yes) how many times have you been pregnant? (in total)

P3(a) How old were you when you first got pregnant?

P3(b) How did the first pregnancy end?

- Currently pregnant 1
- Birth 2
- Miscarriage / stillbirth 3
- Abortion 4
- Other 5

P3(c) *Other / comments.....*

If participant has only been pregnant once, go to question P5(a)

P4(a) What about your second pregnancy, how did that end?

- Currently pregnant 1
- Birth 2

Miscarriage / stillbirth 3

Abortion 4

Other 5

P4(b) Other.....

P5(a) When your first pregnancy occurred did you intend to get pregnant at that time in your life?

Yes 1

(if pregnant once go to **P7**, if pregnant more than once go to **P6(a)**)

No 2

(go to question **P5(b)**)

P5(b) (If no) **Were you using contraceptives of any form when you got pregnant?**

Yes 1

(go to question **P5(c)**)

No 2

(go to question **P5(d)**)

P5(c) (If yes, using contraceptives) **Why do you think you got pregnant whilst you were using contraceptives?**

*If participant has only been pregnant once, go to **P7***

*If participant has been pregnant more than once, go to **P6(a)***

P5(d) (If no, not using contraceptives) **Was there any reason that you didn't use contraceptives?**

*If participant has only been pregnant once, go to **P7***

*If participant has been pregnant more than once, go to **P6(a)***

P6(a) **When your second pregnancy occurred did you intend to get pregnant at that time in your life?**

Yes – go to question **P7** unless been pregnant a third time 1

No – go to question **P6(b)** 2

P6(b) (If no) **Were you using contraceptives of any form when you got pregnant?**

Yes 1

(go to question **P6(c)**)

No 2

P6(c) (If yes, using contraceptives) **Why do you think you got pregnant whilst you were using contraceptives?**

*Go to **P7** unless been pregnant for a third time*

(go to question **P6(d)**)

P6(d) (If no, not using contraceptives) **Was there any reason that you didn't use contraceptives?**

P6(e)

Comments.....(comments on all pregnancies and if third pregnancy please complete details here)

P7(a) *CARD* In general, at what age do you think a woman is too young to have a baby?

P7(b) Comments.....

Social functioning (activities / aspirations)

A1(a) In your spare time, do you take part in any organised activities?

Prompt: By organised we mean things like team sports, an individual sports lesson or class, a music lesson, drama etc

Yes – go to question **A1(b)** 1

No – go to question **A2(a)** 2

A1(b) (If yes) **What activity / ies is this?**

A1(c) **How often do you do the activity / ies?**

A few times a week or more 1

Once a week 2

Once or twice a month 3

Less than once a month 4

Don't know 5

A2(a) Is there anything you'd like to do in your spare time but feel you can't for some reason?

Yes – go to question **A2(b)** 1

No – go to question **A3** 2

A2(b) (If yes) can you tell me what you would like to do in your spare time?

A2(c) And what stops you doing this in your spare time?

.....

A3 How often do you feel bored?

Never 1

Not often 2

Sometimes 3

Often 4

All the time 5

A4(a) What would you have liked to have achieved in 5 years' time?

Up to three things

i)

ii)

iii)

A4(b) **CARD Choosing a number between 1 and 5, where 1 is very unlikely and 5 is very likely, how likely do you feel it is that you can achieve these things?**

Very unlikely 1

Unlikely 2

Somewhat likely 3

Likely 4

Very likely 5