

How do you have a wash? Where do you have a wash? By yourself or with help?
How are you helped? Any adaptive equipment used? Condition of equipment?

How do you get dressed? By yourself or with help? How are you helped? Any
adaptive equipment used? Condition of equipment?

Are you able to eat and drink? By yourself or with help? How are you helped? Any
adaptive equipment used? Condition of equipment?

How do you manage going to the toilet? Can you get there in time? Can you
transfer on/off toilet/commode? By yourself or with help? Pads, catheter, self-
managed or with help? Toilet height? Condition of equipment?

What do you enjoy doing as a leisure activity? Do you need help to do this?

What is the most important thing for you to be able to do?