

Patient Screening Proforma

Patient Name:	DoB (DD/MM/YY): / /
Over 18 years old (please tick): Yes <input type="checkbox"/> No <input type="checkbox"/> - exclude	Sex (please tick): Male <input type="checkbox"/> Female <input type="checkbox"/>
Able to give informed consent (please tick): Yes <input type="checkbox"/> No <input type="checkbox"/> - exclude	Able to understand and communicate in English (assistance if needed) (please tick): Yes <input type="checkbox"/> No <input type="checkbox"/> - exclude
Beighton Score (please tick): Lumbar Spine: Hands flat on floor with knees straight <input type="checkbox"/> (1 Point) Left Elbow: >10 degrees extension <input type="checkbox"/> (1 Point) Right Elbow: >10 degrees extension <input type="checkbox"/> (1 Point) Left Knee: >10 degrees extension <input type="checkbox"/> (1 Point) Right Knee: >10 degrees extension <input type="checkbox"/> (1 Point) Left Thumb: touch forearm <input type="checkbox"/> (1 Point) Right Thumb: touch forearm <input type="checkbox"/> (1 Point) Left Little Finger: >90 degrees extension <input type="checkbox"/> (1 Point) Right Little Finger: >90 degrees extension <input type="checkbox"/> (1 Point) Total Points (maximum = 9): /9	
Brighton Criteria for JHS (please tick): Major Criteria: 1. A Beighton score of 4/9 or greater (either currently or historically) <input type="checkbox"/> 2. Arthralgia for longer than 3 months in 4 or more joints <input type="checkbox"/> Minor Criteria: 1. A Beighton score of 1, 2 or 3/9 <input type="checkbox"/> 2. Arthralgia (> 3 months) in one to three joints or back pain (> 3 months), spondylosis, spondylolysis/spondylolisthesis <input type="checkbox"/> 3. Dislocation/subluxation in more than one joint, or in one joint on more than one occasion <input type="checkbox"/> 4. Soft tissue rheumatism. > 3 lesions (e.g. epicondylitis, tenosynovitis, bursitis) <input type="checkbox"/> 5. Marfanoid habitus (tall, slim, span/height ratio >1.03, upper: lower segment ratio less than 0.89, arachnodactyly [positive Steinberg/wrist signs] <input type="checkbox"/> 6. Abnormal skin: striae, hyperextensibility, thin skin, papyraceous scarring <input type="checkbox"/> 7. Eye signs: drooping eyelids or myopia or antimongoloid slant <input type="checkbox"/> 8. Varicose veins or hernia or uterine/rectal prolapse <input type="checkbox"/> JHS is diagnosed in the presence of (please tick): Two major criteria <input type="checkbox"/> One major and two minor criteria <input type="checkbox"/> Four minor criteria <input type="checkbox"/> Two minor criteria will suffice where there is an unequivocally affected first-degree relative <input type="checkbox"/> JHS is <u>excluded</u> by the presence of (please tick): Marfan or Ehlers-Danlos syndromes (other than the EDS Hypermobility type (formerly EDS III) as defined by the Ghent (De Paepe 1996) and the Villefranche (Beighton et al 1998) criteria respectively) <input type="checkbox"/> <i>Criteria Major 1 and Minor 1 are mutually exclusive as are Major 2 and Minor 2.</i>	
Other known musculoskeletal pathology causing pain, particularly osteoarthritis and inflammatory musculoskeletal disease such as rheumatoid arthritis (please tick): Yes <input type="checkbox"/> - exclude . Details: _____ No <input type="checkbox"/>	
Other serious pathology including malignancy (please tick): Yes <input type="checkbox"/> - exclude . Details: _____ No <input type="checkbox"/>	
Conditions affecting ability to exercise e.g. uncontrolled cardiovascular disease (please tick): Yes <input type="checkbox"/> - exclude . Details: _____ No <input type="checkbox"/>	
Recent physiotherapy for JHS (within the last year) (please tick): Yes <input type="checkbox"/> - exclude . Details: _____ No <input type="checkbox"/>	
Pre-existing psychological distress or psychiatric conditions: Yes <input type="checkbox"/> - exclude . Details: _____ No <input type="checkbox"/>	