

The following questions are about the number of times you visited or talked to health care professionals. They are only about either your difficulties in walking and going about your usual activities or because of any falls you might have had. There is also a question about the amount of help and support you required from family and friends.

1. Over the last six months how many times have you visited your general practitioner (GP) because of a fall or because of your difficulties in walking and going about your usual activities?
 - a. GP visits because of difficulties in walking and going about your usual activities _____
 - b. GP visits due to a fall _____

2. Over the last six months how many times have you visited other health professionals at your general practice, for instance the practice nurse, because of a fall or because of your difficulties in walking and going about your usual activities?
 - a. Other general practice visits because of difficulties in walking and going about your usual activities _____
 - b. Other general practice visits because of a fall _____

3. Over the last six months how many times has your GP, or other doctor, visited you at home because of a fall or because of your difficulties in walking and going about your usual activities?
 - a. GP home visits because of difficulties in walking and going about your usual activities _____
 - b. GP home visits due to a fall _____

4. Over the last six months how many times have other health care workers, for example district nurses, visited you at home because of a fall or because of your difficulties in walking and going about your usual activities?
 - a. Other healthcare workers home visits because of difficulties in walking and going about your usual activities _____
 - b. Other healthcare workers home visits due to a fall _____

5. Over the last six months, have you been admitted to hospital because of a fall? (if you were not admitted to hospital for either of these reasons please go to question 7)

a. Number of hospital admissions because of a fall _____

6. For each hospital admission

a. Number of days spent in hospital? _____

b. What was the name of the hospital? _____

c. What injury did you suffer when you fell
(A fractured hip, for example) _____

7. Over the last six months, have you visited hospital as an outpatient because of your difficulties in walking and going about your usual activities or because of a fall? (if you were not admitted to hospital for either of these reasons please go to question 9)

a. Number of visits because difficulties in walking and going about your usual activities _____

b. Number of visits because of a fall _____

c.

8. During an average week over the past six months how much time do your family and friends spend helping you with activities that you would otherwise be able to undertake were it not for your difficulties in walking and going about your usual activities or because of a fall?

a. Average number of hours spent per week because of difficulties in walking and going about your usual activities _____

b. Average number of hours spent per week due to having fallen _____