

FOR OFFICE USE ONLY

Randomisation No. R   /     
Participant Initials

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## Participant Questionnaire

21 Days

**Confidential**

Thank you for helping us with our research. We would be very grateful if you could complete this questionnaire.

The following questionnaire is broken down into two sections (Section A and Section B). Please work through all the sections as best you can from start to finish. Each section asks you to indicate your answers to the questions by placing a tick (✓) in the appropriate box. Please read the questions carefully and answer each one as accurately as you can.

**There are no right or wrong answers.**

**Please try to complete the whole questionnaire even though some questions may appear similar.**

*Your answers will be treated with complete confidentiality.*

*Thank you for your time in completing this questionnaire.*

**Please start here:**

Date of completion

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
d	d	m	m	y	y	y	y

## Section A: Describing your own health today (EQ-5D)

### Your own health today

By placing a cross in one box in each group below, please indicate which statements best describe your own health state today

**A1 Mobility**

- I have no problems in walking about
- I have slight problems in walking about
- I have moderate problems in walking about
- I have severe problems in walking about
- I am unable to walk about

**A2 Self-care**

- I have no problems washing or dressing myself
- I have slight problems washing or dressing myself
- I have moderate problems washing or dressing myself
- I have severe problems washing or dressing myself
- I am unable to wash or dress myself

**A3 Usual activities** (e.g. work, study, housework, family or leisure activities)

- I have no problems doing my usual activities
- I have slight problems doing my usual activities
- I have moderate problems doing my usual activities
- I have severe problems doing my usual activities
- I am unable to do my usual activities

**A4 Pain/discomfort**

- I have no pain or discomfort
- I have slight pain or discomfort
- I have moderate pain or discomfort
- I have severe pain or discomfort
- I have extreme pain or discomfort

**A5 Anxiety/Depression**

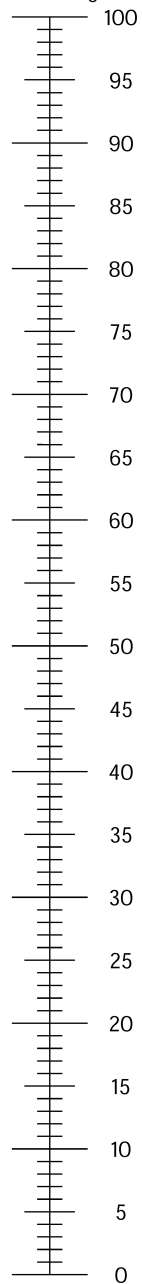
- I am not anxious or depressed
- I am slightly anxious or depressed
- I am moderately anxious or depressed
- I am severely anxious or depressed
- I am extremely anxious or depressed

## Section A: Describing your own health today (EQ-5D)

- We would like to know how good or bad your health is TODAY.
- This scale is numbered from 0 to 100
- 100 means the best health you can imagine.  
0 means the worst health you can imagine.
- Mark an X on the scale to indicate how your health is TODAY.
- Now, please write the number you marked on the scale in the box below.

YOUR HEALTH TODAY =

The best health  
you can imagine

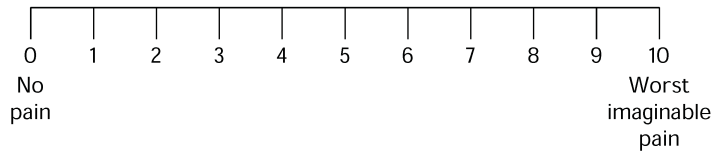


The worst health  
you can imagine

## Section B: Your level of pain

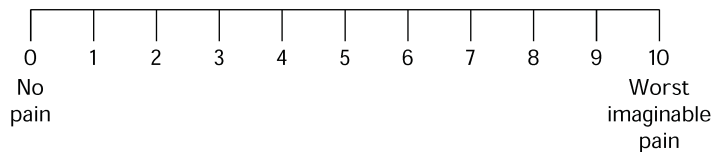
**B1 Please rate the level of pain related to your haemorrhoids that you are experiencing TODAY.**

The best rating is marked 0 (no pain) and the worst rating is marked 10 (worst imaginable pain). Please draw a circle around the most appropriate number that describes your pain today.



**B2 Please rate the WORST level of pain that you have experienced in the last week.**

The best rating is marked 0 (no pain) and the worst rating is marked 10 (worst imaginable pain). Please draw a circle around the most appropriate number that describes your worst pain in the last week.



**B3 During the last 7 days have you been taking any pain relief medication?**

Yes  No  
↓

**B4 How many days, out of the last 7, have you taken any pain relief medication?**

1  2  3  4  5  6  7

Thank you very much for being part of the HubBLE study and for your time and patience in filling in this questionnaire.

The information you have given us will be extremely useful in helping us to inform patients and doctors about haemorrhoid surgery in the future.  
It will be treated with the strictest confidence and kept securely.