

PRACTICE HEADED PAPER

Date

Dear

I would like to invite you to take part in the Start2quit study, a research project to try out a new way of providing help and advice to smokers who want to stop. We are carrying out the research with University College London (UCL) and the University of Cambridge.

Please read the enclosed information leaflet carefully. It is important that you understand why the research is being done and what it will involve. Discuss it with others if you wish. If there is anything that is not clear, or if you would like more information, please contact Leanne Gardner at UCL Research Department of Primary Care and Population Health on ***** etxn: *****. Take time to decide if you want to take part. Your decision will not affect the medical care you receive from the practice in any way.

When you have read the information, if you are willing to take part, please complete the enclosed questionnaire, and return it in the Freepost envelope provided. No stamp is required. Please ensure that you also sign the consent form on the questionnaire. Your answers will be totally confidential and seen only by researchers at UCL.

We are also currently checking the information that we have on our practice records on whether or not you smoke. When you complete and return the enclosed questionnaire your medical records will be updated. If, after reading the information, you do not wish to take part in the research, please complete the questionnaire and return it to us, indicating clearly on the questionnaire that you do not wish to participate any further in the research, so that we can use the information just to update your records. You need only complete and return Section A of the questionnaire for this purpose.

Thank you for your help.

Yours sincerely

Lead General Practitioner