

PCC

Pre-conception care

for women with diabetes



NHS

HEART of ENGLAND
NHS Foundation Trust



The Open University

Useful Information

On behalf of the research team, thank you for taking part in our study!
If you feel you need more information or support, please contact your healthcare team or take a look at the useful resources below.

Service provided	Patient Advice and Liaison Service (PALS) at Heart Of England NHS Foundation Trust
Description	PALS has been introduced to ensure that the NHS listens to patients, their relatives, carers and friends, and answers their questions and resolves their concerns as quickly as possible. PALS also helps the NHS to improve services by listening to what matters to patients and their loved ones and making changes, when appropriate.
Telephone number	0121 424 0808 9am – 4.30pm (Monday to Thursday) and 9am – 4pm (Friday)
Address	<u>Bordesley Green East</u> , <u>Bordesley Green</u> , Birmingham, West Midlands, B9 5SS
Email address	patientservices@heartofengland.nhs.uk

NICE website

(<http://publications.nice.org.uk/diabetes-in-pregnancy-ifp63>) provides:

- Information on diabetes in pregnancy

Our **PCC website** (www.open.ac.uk/pcc) provides:

- Information about the project
- Links to other resources on pre-existing diabetes in pregnancy
- Links to relevant service user groups on pre-conception care, diabetes and pregnancy
- A blog where service users and providers can post comments
- Progress reports of the project

Diabetes UK website

(<http://www.diabetes.org.uk/Guide-to-diabetes/Living-with-diabetes/Pregnancy/>) provides:

- Advice from pre-conception ... to after the birth.

NHS Choices Diabetes and Pregnancy website

(<http://www.nhs.uk/Conditions/pregnancy-and-baby/Pages/diabetes-pregnant.aspx#close>) provides:

- Useful information and articles
- Internal and external links
- Pregnancy planning toolkit
- Search for NHS services near you