

<Date>

<Potential participant Name &
Address>

Dear <Potential participant Name>,

Name of study: Pre-conception Care for women with type 1 or type 2 diabetes: What are the facilitators and barriers to uptake?

I am writing to invite you to participate in a research study being conducted at The Open University.

My colleagues, Dr Sarah Earle and Dr. Anisah Tariq from The Open University, are researching preconception care in pregnant women with diabetes. Their research study aims to gain a better understanding of the views of White British women and Pakistani women of childbearing age who have accessed pre-pregnancy care in the last 3 years and those that have not. This research is important because diabetes is the most common medical complication in pregnancy and because rates of diabetes are increasing. Also, if not managed well, diabetes in pregnancy can be harmful to health and this research aims to find out how better pregnancy planning could improve the health of women and babies.

As a care provider, I am involved in treating my patients and promoting research in order to understand and find better ways to treat medical conditions. I am not a member of the research team; however I am contacting you to let you know about the research in case you might be interested in learning more and getting involved.

It is important to know that this letter is not to tell you to join this study. It is your decision. Your participation is voluntary. Whether or not you participate in this study will have no effect on your relationship with <GP Practice/Heartlands Hospital> as a patient and will have no effect on your care with us.

If you are interested in learning more about this study, please review the enclosed **participant information sheet** from Dr. Anisah Tariq, complete the **enclosed form**, and mail it back to her in the pre-paid envelope provided. You can also contact the research team at [REDACTED] or [REDACTED]. You do not have to respond if you are not interested in this study. If you do not respond, no one will contact you, but you may receive another letter in the mail which you can simply disregard.

Thank you for your consideration.

Yours sincerely,

<GP/Clinician Name>

Enc: Participant Information Sheet v2.0 dated 04/02/15

Opt-IN Form

Preconception care for women with type 1 or type 2 diabetes



The Open University

Please complete this form and return to **Dr. Anisah Tariq** in the pre-paid envelope provided.

OR

[Redacted]

I am interested in learning more about this study. Please contact me using the following information:

Name: _____

Telephone(s): _____

Best time and day to call: _____

Email: _____@_____

Return address: [Redacted]