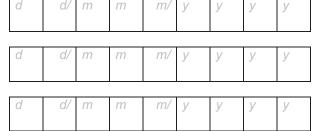
Participant ID:	Participant initials:		
Date of birth:		Clothing for the relief of Eczema Symptoms	. /

CLOTHES Diary

Date of first visit

Date you received letter/clothing

Date of next clinic visit



Diary number

(to be completed by the research nurse)

т

т

Useful Con	ntact Details
General study questions and appointments Local Research Nurse:	You/your child's eczema treatment You/your child's GP or consultant:
Clothing and re-ordering of clothing Study manager Nottingham Clinical Trials Unit Nottingham Health Science Partners C Floor, South Block Queens Medical Centre Nottingham NG7 2UH Tel: 0115 8844938 E-mail: clothes@nottingham.ac.uk	General clinical trial queries and complaints Patient Advice and Liaison Service (PALS):

REMEMBER NOT TO TELL THE NURSE IF YOUR CHILD HAS BEEN WEARING THE CLOTHING OR NOT!

Participant ID:				Partici	pant init	ials:		
Date of birth:		\square						

What to put in this diary

This diary is for you to write down information about details of eczema-related appointments, prescriptions or things that you have bought because of your child's eczema, plus time which has been missed at school and work. There is also space for you to jot down anything you would like to discuss with the nurse at your next clinic visit.

We would ask you to complete this diary when necessary and to bring it with you each time you visit the hospital where the research nurse will discuss it with you. You will be given a new diary at the end of each appointment.

Can we remind you that the nurse does not know whether or not you/your child has been wearing the clothing, so **please do not wear the clothing to your visit or discuss any aspects of your clothing with the research nurse.** Also – please do not write anything in this diary about the clothing, as the research nurse may see this.

If you have any questions about the use of the clothing, then please contact the study manager as detailed on the front cover and **NOT** the research nurse.

Washing instructions for trial clothing

How do I use the garments?

Please wear the garments as often as possible, both during the day and at night (either as underwear or as pyjamas).

Moisturising creams should be applied thinly to the skin (just enough for the skin to glisten) and should be applied a few minutes before putting on the clothing to allow the creams to be absorbed into the skin.

How do I care for the garments?

You will be given 3 sets of garments during the trial. This will allow one set to be in use, one in the wash and one spare. We recommend that you use all three sets within one week, rotating frequently.

To machine wash: Wash at up to 40°C using your usual mild non-biological detergent. The fibres of the garment are quite delicate and washing the garment inside a pillowcase on a delicate cycle will protect it during the wash. If possible, lay the garment flat to dry.

To hand wash: place in hand-hot water containing your usual mild non-biological detergent and agitate by hand for a few minutes. Rinse well with plenty of warm, clean water and squeeze dry. Do not wring. If possible, lay the garment flat to dry.

Other important points:

- Please don't use bleach. Make sure there are no bleaching agents in your detergent (such as Vanish)
- Please don't use fabric softeners
- Please do not tumble dry
- Any reduction in garment length is likely to be due to a tightening of the knit. A cool steam iron can be used to restore the shape of a garment that appears to have shrunk.

Participant ID:		Participant	initials:		
Date of birth:					

CLOTHES: Examples of out of pocket expenditure related to eczema

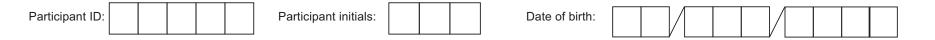
During the study we are asking you to make a note of anything you pay for out of pocket as a result of your child having eczema that you would not otherwise have had to purchase.

Based on experience some parents/carers find it difficult to know what type of items we are interested in them recording. Here are some examples of the type of things we would like you to record purchasing and the price you paid. This list is not exhaustive, there may be other items you think are relevant that are not on the list. Equally there may be things on this list which you haven't had to purchase any differently as a result of your child having eczema and thus you should not record these.

We are interested in the **difference in cost** of looking after a child with eczema to a child without eczema thus you should only put the whole price down if the item is something you would not have bought if your child did not have eczema (e.g. an emollient). Some items you may have bought even if they had not had eczema (e.g. sun cream, washing powder) but you have to buy a more expensive make/brand in order to get one that does not irritate your child's eczema, in this case please record how much this cost, and if you know, how much you would have paid for the same thing if your child did not have eczema.

Clothing	Special food
Night wear, underwear, school	Nut-free foods
uniform, and day wear made from	Special milk e.g. goats, oat or lacto free milk
natural fibres such as cotton	
Over the counter products	Laundry and bedding
Emollients, moisturiser, bio oil, sun	Purchased bedding (sheets, pillow cases,
cream	duvet cases) made of natural fibres
Special shampoos, shower or bath	Anti-allergic pillows and duvets
gels	Bath towels made from natural fibres
Vitamins & mineral supplements,	Special laundry powder/liquid
anti-histamines, herbal remedies	undertake more laundry increasing electricity
Bandages, tubi-grips	bills & amount of liquid used
Equipment	Appointments
Air cooler	Travel and parking costs to NHS or private
Water softener	visits
	Appointments with alternative medicine
	practitioners e.g. allergy testing, homeopath
	etc

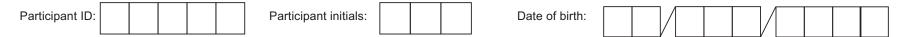
Please only record those items actually purchased during the time you are involved in the study.



Health care visits for eczema

Please complete the date and tick the box for the type of visit you/your child has had. Please complete one line for each visit

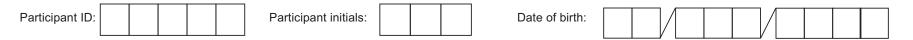
Date	GP	Practice nurse	Outpatients	In hospital	Number of nights in hospital
Eg 15/03/2013	\checkmark				



Eczema prescriptions

Please record details of any prescriptions you/your child has had for eczema. Please complete one line for each item

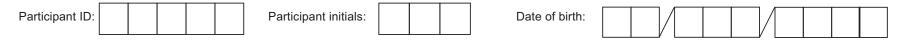
nt)
-



Purchases for eczema

Please record details of anything you have had to buy specifically because of you/your child's eczema. If you have had to buy something more expensive then please also record what you think you would have spent on the same item if you did not have to take eczema into account (eg natural fibre bath towel vs normal bath towel). Don't worry if you don't know this. Please complete one line for each item.

Date	Item bought	Cost	Estimated cost if you didn't need to buy a specialist item
16/03/2013	Natural fibre bath towel	£25.00	£15.00



Time off work and school due to eczema

Please record any time you have had off paid employment and time your child has had off nursery/school due to their eczema. Please complete one line for each episode.

Date started	Time off school/nursery	Parental/carer time off from paid employment related	Reason
Eg 13/03/2013	2 hours 12 minutes	2 hours 45 minutes	Visit to GP with Skin infection
25/03/2013	No time off - out of school hours	3 hours 50 minutes	Visit to hospital to see dermatologist



Anything page

This page can be used for anything. You can record additional notes for the nurse, you/your child's drawings etc.



Please remember to bring this diary to your clinic visit.