UNIVERSITY^{OF} BIRMINGHAM



WAVES study intervention

Cooking workshop



As part of the University of Birmingham's WAVES study, the final **workshop** session is focusing on healthy dinner. The aim of the workshop is to teach children how to choose, prepare, cook and enjoy healthy meals.

To support the children's learning, we would like to invite a family member to attend the session.

The evening meal workshop will be on:

CLASS	
DATE	
TIME	