



Small Salad



Carrot Sticks



Hummus and Salad

Wrap



Cheese Salad Sandwich



Chickpea Dhal and Chapatti



Salmon and Cucumber Roll

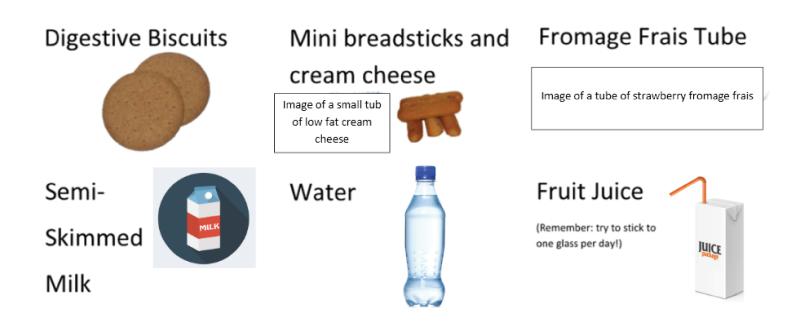


Tuna and Sweetcorn Pitta



Pasta Salad





Crisps



Chocolate



Chocolate coated

biscuits



Some images included in this appendix are from iStock.com:

Two plastic yoghurt pots/Magone Modern flat fitness and wellness icons/Vectorikart Clear plastic water bottles with blue caps/fertistockphoto Pile of potato chips/Spaxiax Two chocolate candies/Natalia Pyzhova