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www.southampton.ac.uk/bathe

BATHE Study

Summary Information Sheet



**Bath Additives for the Treatment
of cHildhood Eczema**



NHS
**National Institute for
Health Research**

www.southampton.ac.uk/bathe



Why are you doing this study?

Children with eczema are advised to regularly use emollients (moisturisers) directly on the skin to help improve eczema.

Some doctors also recommend using bath emollients (liquids that you add to the bath) but there's no evidence to show whether or not these help.

We are carrying out this study to find out whether adding emollients to the bath helps children with eczema or not.

What would I have to do?

If you tell us you would like to take part then we will contact you to arrange a convenient appointment at your GP surgery. We will explain the study in more detail and ask you to complete a questionnaire about your child's eczema. This is the only appointment you will need to attend.

If you agree to take part, your child will be allocated to one of two groups by chance, either:

- 1) usual care for eczema **with** bath emollient
- 2) usual care for eczema **without** bath emollient.

We would ask you to stick to this treatment group for one year.

We then would like you to complete a few questions about your child's eczema every week for 4 months, then once a month for the rest of the year. All these questions can be completed online or by post and only take a few minutes.

What will happen if my child's eczema gets worse while he/she is in the study?

Whichever group your child is randomised to, you will still be free to use any other medications and treatments and to see your GP as you normally would.

Do I have to take part?

It is up to you and your child whether you would like to take part in the study. Please read this information sheet to help you decide.

Will I be paid?

You will not be paid but can provide a small high street gift voucher (£10) for your expenses in attending the initial appointment.

What next?

If you would like to find out more then please read the detailed information leaflet in this pack. There is a short video for children at www.southampton.ac.uk/bathe

If you would like to take part then please complete the questionnaire in this pack and return it in the FREEPOST envelope.

If you cannot or do not wish to take part in the study it would still be really helpful to us if you could fill in the reply slip and return it in the FREEPOST envelope.

Alternatively you can fill out the form online at www.isurvey.soton.ac.uk/12983

Thank you for taking the time to read this information

