

If you have been diagnosed with either glaucoma or ocular hypertension, we need your feedback on research!

How can you help?

We would be grateful if you could take the time to fill in this brief survey, focusing on your experience with glaucoma or ocular hypertension and your treatment. The survey should take no more than 5 minutes. Your feedback will be used to shape our research in this area.

If you have any questions regarding this survey please contact Richard Cable on XXXX or by email at XXXX.

Please complete the questionnaire below and email/post this back to Richard Cable.

Email: XXXX

Address:

NIHR Moorfields BRC

RDCEC 2nd floor

Moorfields Eye Hospital NHS Foundation Trust

162 City Road

London EC1V 2PD

If you have been diagnosed with either glaucoma or ocular hypertension, please read the information below before completing the survey:

Selective laser trabeculoplasty (SLT) is an option for lowering intra-ocular pressure (IOP) for patients with glaucoma or ocular hypertension. It is a treatment that can be repeated if necessary, depending on the individual patient response.

SLT is a non-thermal laser which uses low energy light to Target specific, melanin rich cells in the drainage channel of the eye. During the procedure, which lasts around 15 minutes, approximately 100 shots are applied along the drainage angle, whilst the surrounding structures remain unaffected.

After the procedure vision might be blurred for a few hours and driving is not advised for the same day. It is possible for the pressure of the eye to rise immediately after the procedure and for some inflammation to develop. To prevent this special drops are used immediately before and after the treatment; drops to control the inflammation are also prescribed for the first 2-3 days. Rarely the pressure of the eye might rise significantly and surgery might be needed to lower the pressure; this is a very unusual event.

SLT has been shown to have a success rate of approximately 78%. Some patients respond better than others but it is not possible to predict who will respond to the treatment. It can take up to 8 weeks for the pressure of the eye to drop after SLT. The effects of the laser might wear off with time; approximately half of the treatments wear off after 5 years, but the treatment can be repeated.

Question 1: What is your age group?

- <30 years old
- 31-40 years old
- 41-50 years old
- 51-60 year sold
- 61-70 year sold
- >70 years old

Question 2: Are you male or female?

- Male
- Female

Question 3: Have you ever been prescribed eye drop medication for glaucoma or ocular hypertension?

- Yes
- No

Question 4: If you answered ‘Yes’ to Question 1, what are your thoughts and experiences of eye drop medication as a treatment?

Question 5: Having read the attached information about SLT, if offered SLT as a supplement (or even replacement for a limited time) to eye drop medication, would you take up the offer to have it?

- Yes
- No
- Don't know enough information to make a decision

Please explain your answer:

Question 6: If you have already undergone SLT for your eye condition, what are your thoughts and experiences of the treatment?

Question 7: Have you had treatment for glaucoma or ocular hypertension other than SLT or eye drop medication? If so, please specify and give your thoughts on the treatment in question.