

The Royal Women's Hospital, Brisbane
MATERNITY SOCIAL SUPPORT SCALE (MSSS)

For each of the following statements, please tick one box which shows how you feel about the support you have right now

Always Most of the time Some of the time Rarely Never

A. I have good friends who support me

5 — 4 — 3 — 2 — 1

B. My family is always there for me

5 — 4 — 3 — 2 — 1

C. My husband/partner helps me a lot

5 — 4 — 3 — 2 — 1

D. There is conflict with my husband/partner

1 — 2 — 3 — 4 — 5

E. I feel controlled by my husband/partner

1 — 2 — 3 — 4 — 5

F. I feel loved by my husband/partner

5 — 4 — 3 — 2 — 1

TOTAL SCORE