

Dear

## We are writing to you as a way of keeping in touch and to remind you of the services that are available to you.

A member of your community mental health team should have now contacted you. We hope this worked out for you. If things get difficult you can contact them on [number].

Outside 9 a.m. to 5 p.m. and at weekends you can contact the [team name] on [number].

With best wishes,

[name of ward manager]
On behalf of the ward team