

Information on p1 obtained from clinical assessor & medical notes

Interviewer (initials)

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Sex

Male 1

Female 2

Age

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Date of interview

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Date of overdose (if staggered, record latest date)

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Staggered overdose

No 0 Yes 1 NK 9

Time of overdose

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Overdose included self injury

No 0 Yes 1

If YES, Details of self injury

Substances taken in overdose

Number of tablets

Paracetamol

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.....

.....

.....

Paracetamol level @ 4 hours mmols/L

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Delayed presentation

No 0 Yes 1 NK 9

Alcohol taken as part of the act

No 0 Yes 1 NK 9

Alcohol in 6 hours before

No 0 Yes 1 NK 9

Number of units
(1 unit = ½ pt beer, 1 small glass wine, 1 measure spirits)

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Medical treatment (from casenotes/ward staff)

None 0, Activated charcoal 1, Parvalax 2, Activated charcoal + parvalax 3, Other 4 (specify)

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SIS score

Part 1		
Part 2		
TOTAL		

Interview Schedule

1. If patient took paracetamol compound as well as paracetamol::

Did you know that x contained paracetamol?

No 0 Yes 1 NK 9

If NO

1.1 **Would you have taken them as well as the other paracetamol if you had known?**

No 0 Yes 1 NK 9

If 1.1 = 0 or 1

1.2 **Why?**

2. **How long was there between first seriously thinking about this overdose and actually doing it?** (*i.e. when patient actually planned the overdose*)

1	0 - < 15 minutes	5	12 - < 24 hours
2	15 - < 60 minutes	6	1 - < 7 days
3	1 - < 3 hours	7	7 - 28 days
4	3 - < 12 hours	8	> 1 month
		9	NK

3. **Over what period of time did you take the tablets?**

1	< 5 minutes	4	30 - < 60 minutes
2	5 - < 15 minutes	5	1 - < 3 hours
3	15 - < 30 minutes	6	3 hours +

If longer than 3 hours, RECORD DETAILS.

4. **Did you take all the paracetamol tablets that were available?**

1	All available	3	Minority (< 1/2)
2	Majority (> 1/2)	4	About half

How many were available?

RECORD DETAILS: Number of packs, pack size

5. **Where did you get the tablets?**

RECORD ALL (can be more than one)

No 0 Yes 1 NK 9

Already in the home <i>see q.7 below</i>	<input type="checkbox"/>
Bought for chemist	<input type="checkbox"/>
the act*- supermarket	<input type="checkbox"/>
local shop	<input type="checkbox"/>
other outlet (e.g. garage)	<input type="checkbox"/>
specify	
Family member	<input type="checkbox"/>
Friend	<input type="checkbox"/>
GP	<input type="checkbox"/>
Other (specify)	<input type="checkbox"/>

*RECORD ALL DETAILS

Specific Outlet	Quantity	When bought	Who bought	> recommended amount?
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If > maximum pack size (32 tablets pharmacy, 16 tablets other outlet):

6. **Chemists have been advised not to sell more than 32 tablets /**

Supermarkets /garages /shops have been advised not to sell more than 16 tablets

Did you try to buy any more than that at any one outlet?

No 0 Yes 1 NK 9

If YES:

6.1 **What happened?** (i.e. was there any intervention by salesperson/ pharmacist?)

7. If already in the home:

Where were the tablets at the time of the overdose?

1 Bathroom cabinet	4 Other (specify)
2 Kitchen	5 More than one place
3 Bedroom	9 NK

8. If obtained specifically for the overdose (e.g. from shop, friend):

How long before you took the tablets did you obtain them?

9. **Why were the tablets obtained?**

1 For the OD	9 NK
2 Other reason (specify)	

10. **Why did you choose paracetamol for the o/d?**

RECORD:

1. **People take overdoses for all sorts of reasons. I'm going to show you some cards with different reasons on them. Please could you look through them and choose any which might explain why you took your overdose. You can choose as many as you like.**

YELLOW CARDS

No 0 Yes 1

- I wanted to show how desperate I was feeling
- I wanted to die
- I wanted to escape from an unbearable situation
- I wanted to influence someone
- I wanted to make someone feel sorry
- I wanted to get relief from a terrible state of mind
- I wanted to find out whether someone really loved me
- I wanted to get help

11.1 **Were there any other reasons?**

No 0 Yes 1

IF YES, RECORD:

12. **Before you took the tablets, what did you think the physical effects of taking an overdose of paracetamol might be?**

SPECIFY:

13. **I'm going to show you some cards which show possible outcomes from taking an overdose – please could you choose the ONE which best describes what you thought the effects of the paracetamol overdose might have been if you had not received treatment**

BLUE CARDS

- 1 Completely safe
- 2 Only mild effects which are short lived
- 3 May be harmful but the effects are not lasting
- 4 May cause permanent damage or harm
- 5 Could kill you if not treated in time
- 6 Don't know

If 3, 4 or 5

13.1 **What are the dangers?**

13.2 **How many tablets of paracetamol do you think could cause death?**

RECORD NUMBER

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NK 9999

NA (i.e. thought not to be harmful) 8888

14. IF NECESSARY, ASK
Do you think paracetamol could

1. Harm a part of your body?

No 0 Yes 1 NK 9

IF YES, SPECIFY:

2. Cause you to lose consciousness?

No 0 Yes 1 NK 9

3. Have other effects?

No 0 Yes 1 NK 9

IF YES, SPECIFY:

15. **What have you been told since you came into hospital about the dangers of an overdose of paracetamol? Who told you?**

SPECIFY:

16. IF PATIENT HAS INDICATED THAT THEY KNOW THERE ARE HARMFUL EFFECTS:

How quickly do the harmful effects show themselves?

1 At once 3 > 6 up to 24 hours after the o/d
2 1-6 hours after the o/d 4 > 24 hours after the o/d
9 DK

17. IF UNAWARE OF DANGERS:

Sometimes despite treatment paracetamol overdose can cause serious harm, even death

Knowing this, would you still have taken paracetamol?

No 0 Yes 1 NK 9

18. **In fact when a paracetamol overdose causes harm, this is usually after several days, not at once, and during this period the person remains conscious for most of the time.**

Knowing this, would you still have taken paracetamol?

No 0 Yes 1 NK 9

19. **Paracetamol packs now have warnings telling you not to take more than the recommended dose, and to seek immediate medical advice in the event of an overdose, even if you feel well.**

Did you notice the warning on the pack?

No 0 Yes 1 NK 9

If YES:

19.1 **Did this have any effect on your decision to take the tablets?**

No 0 Yes 1 NK 9

DETAILS:

If NO:

19.2 **If you had seen it, would you have taken the tablets?**

No 0 Yes 1 NK 9

20. **If the paracetamol pack contained fewer tablets, would you still have taken an overdose?**

No 0 Yes 1 NK 9

If NO:

20.1 **Why not?**

21. PREVIOUS OVERDOSES

Have you taken any overdoses before, or tried to harm yourself in any other way?

(Note incidences of self harm not involving overdose, but record overdoses in detail)

RECORD DETAILS OF OVERDOSES:

Total number:

When Drugs taken

22. IF PREVIOUSLY TOOK PARACETAMOL:
What was the outcome?

If over 5, record information on 1st and last 4 episodes

No 0 Yes 1 NA 8 NK 9

	1 st ever	Most recent	next	next	next
No medical contact					
Non-hospital (e.g. GP)					
General hospital, not admitted					
General hospital, admitted					
Specialist treatment, e.g. liver unit					

23. For MOST RECENT *previous* paracetamol overdose:
 (if not known already) **How many tablets did you take?**

RECORD NUMBER

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24. **Did your previous experience affect your decision to use paracetamol this time?**

No 0 Yes 1 NA 8 NK 9

If YES

24.1 **In what way?**

RECORD:

25. **If you ever felt like taking an overdose again, would you take paracetamol?**

No 0 Yes 1 NK 9

Why?

RECORD DETAILS:

26. **Do you know anyone who has taken a paracetamol overdose?**

No 0 Yes 1 NK 9

If YES

26.1 **Who?**

RECORD DETAILS: Who, when, outcome

- 1 Friend
- 2 Relative
- 3 Other (specify)

27. **Have you seen or heard about anything in the media (TV, films, news) about people using paracetamol for overdoses?**

No 0 Yes 1 NK 9

RECORD DETAILS:

If YES

27.1 **Did this influence you in any way?**

28. **Do you use the internet?
Have you come across anything on the internet about paracetamol?**

No 0 Yes 1 NA (don't use internet) 8 NK
9

RECORD DETAILS

If YES

28.1 **Did this influence you in any way?**

Before we finish, do you have any further comments you would like to make which might help us understand a bit more about why you chose this method, or about anything else which has been raised?

Thank you very much