



James Lind Alliance Pressure Ulcer Priority Setting Partnership

Are you a patient, carer or health professional with experience of pressure ulcers?

What will you add to our shortlist of research questions?

The James Lind Alliance Pressure Ulcer Priority Setting Partnership needs your help to decide two shortlists of the most important questions about preventing and treating pressure ulcers.

We are drawing up a shortlist of 15 questions about preventing pressure ulcers and a second one of 15 questions about treating pressure ulcers that matter most to patients, carers and health professionals. Research has not yet provided a reliable answer to any of these questions.

Earlier this year we asked patients, carers and healthcare professionals where they would like to see further research or where they thought there was uncertainty about the best medical and nursing care. More recently we asked people to rate the most frequently submitted questions according to how important they feel the questions are.

We now have two lists that are displayed where there is agreement between patients, carers and health professionals. We are now asking you to choose, from the questions listed in this voting paper, THREE prevention questions and THREE treatment questions to make up the shortlists of 15.

Your vote will be confidential but we do ask you to let us know whether you are a patient, carer or health professional.

Please read the questions carefully and put an **X** in the boxes next to your choices. Then return your voting paper to the JLAPUP stand.

Thank you.

November 2012

First please tell us about yourself.

X all that apply.

I am a patient	
I am a carer	
I am a health professional	

PREVENTION QUESTIONS

CHOOSE THREE ONLY FROM THE QUESTIONS BELOW

Health Professional Questions

Staffing levels Do staffing levels have an impact on the incidence of pressure ulcers?	
Bed rest For wheelchair users, how effective are periods of bed rest in preventing pressure ulcers?	
Clinical leadership How effective is clinical leadership in preventing pressure ulcers in the NHS and independent sectors?	
Incontinence management (spinal injury) For those with spinal injury, to what extent is pressure ulceration	

prevented by good management of urinary and faecal incontinence?	
<p>Use of Healthcare Assistants</p> <p>How effective is it for Healthcare Assistants to assess pressure ulcer risk?</p>	
<p>Wound care champion</p> <p>How effective in preventing pressure ulcers is having a wound care champion [particular staff, managers or personal carers responsible for the prevention of pressure ulcers]?</p>	
<p>Static flow mattresses over time</p> <p>How effective are static flow mattresses over time?</p>	
<p>Public awareness campaigns</p> <p>Are public awareness campaigns effective at preventing pressure ulcers?</p>	

Patients' Questions

<p>Pressure mapping for wheelchair users</p> <p>For wheelchair users at risk of developing pressure ulcers, what is the most effective method of pressure mapping to assess pressure areas at risk to prevent the development of pressure ulcers?</p>	
<p>Specialist shoe and boot design</p> <p>For people at risk of heel pressure ulcers, how effective are specialist boot and shoe design and fitting at preventing pressure ulcers?</p>	
<p>Massage</p> <p>Is massaging pressure areas effective in the prevention of pressure ulcers?</p>	
<p>Organisation of nursing care in hospitals</p> <p>For people in hospital at risk of developing pressure ulcers, is the current organisation of nursing care effective as best practice in the prevention of pressure ulcers?</p>	

Carers' Questions

Continuity of care How does continuity of care impact on the prevention of pressure ulcers?	
Cushions vs. bed rest For people sitting on a pressure ulcer are pressure relieving cushions an effective alternative to bed rest?	

TREATMENT QUESTIONS

CHOOSE THREE ONLY FROM THE QUESTIONS BELOW

Health Professional Questions

Ulcer grading systems How effective are pressure ulcer grading systems in determining the amount of skin damage and does the use of such scales improve ulcer healing?	
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Patients' Questions

Staff training Is staff training effective in improving pressure ulcer healing?	
Best means of personal hygiene What is the most effective way of keeping clean to aid pressure	

ulcer healing?	
<p>Wet/dry wound healing</p> <p>Is it more effective to keep pressure ulcers dry and exposed to the air or moist and dressed to aid pressure ulcer healing?</p>	

Carers' Questions

<p>Bed-making</p> <p>Does the way a bed is made or the type of bedding have an impact on ulcer healing?</p>	
<p>Multiple sclerosis posture</p> <p>For people with multiple sclerosis and pressure ulcers is posture important in relation to healing?</p>	
<p>'Bed coaching'- support and passive exercise</p> <p>For people who are bed bound as a result of pressure ulcers, does support and 'bed coaching' aid recovery from pressure ulcers?</p>	
<p>'Supporting frame' vs air bed</p> <p>In patients who have pressure ulcers, would a 'supporting frame' be a more effective means of relieving pressure than an air bed?</p>	