

<<Title>><<Firstname>><<Surname>>

<<Address 1<sup>st</sup> line>>

<<Address 2<sup>nd</sup> line>>

<<Address 3<sup>rd</sup> line>>

<<Postcode>>

<<Date>>

Dear Volunteer

Re: Let's Prevent Study

I would like to thank you for your interest in the Let's Prevent study. An appointment has been made for you on the following date. If for any reason you cannot keep the appointment (or if you would like to change the date or time) please contact us on [REDACTED].

**Appointment Date:**

**Time:**

**Location:**

Your appointment will take around 3 hours. You will need to fast overnight for at least 8 hours, so we would ask that **no food** (including chewing gum and mints) be eaten after midnight and only water should be drunk before your visit. Although we are asking you to fast this does not mean that you are obliged to take part in the study once you arrive.

Hot drinks and biscuits will be provided, but could we please ask you to bring along your own food and also any medication that you would normally take after your breakfast. We would also like you to bring along your NHS number which can be found on your medical card.

**Due to lack of space within our treatment rooms, could we please ask that you do not bring any relatives/friends to your appointment unless absolutely necessary.**

If you no longer wish to take part in this study or you are unable to make this appointment please do not hesitate to contact the Let's Prevent Study Team on [REDACTED]

With kind regards

**Diabetes Research Administrator**

***Please help us to help you by arriving for your appointment on time.***