

«GP\_Name»

«PracAddress1»

«Town1»

«Postcode1»

Date

Dear «GP\_Name»,

The following patient attended a voluntary Oral Glucose Tolerance Test for the Let's Prevent Study on «Date\_of\_Attendance». The results of the OGTT and general health screen are listed below:

Patient ID: «ID\_Number»

Patient: «Title» «Forename» «Surname», «Address», «Town», «Postcode».

Date of Birth: «Date\_of\_Birth»

Height: «Height»m

Weight: «Weight\_»kg

BMI: «BMI»kg/m<sup>2</sup>

Waist Circumference: «Waist»cm

Blood

Pressure:

«AvSystolic»/«AvDiastolic»mmHg

Current smoking status: «Current\_smoking\_status» If yes, number of cigarettes per day «If\_current\_how\_many»

**Blood Results:**

Total Cholesterol

Result «TC»mmol/L

LDL Cholesterol

Result «LDL»mmol/L

HDL Cholesterol

Result «HDL»mmol/L

Triglycerides

Result «TG»mmol/L

Sodium

Result «NA»mmol/L

Potassium

Result «K»mmol/L

Urea

Result «Urea»mmol/L

Creatinine

Result «CR»umol/L

eGFR

Result «eGFR»mL/min

HbA1c

Result «HbA1c»%

Fasting Glucose

Result «M\_0\_Glu»mmol/L

120 Minute Glucose

Result «M\_120\_Glu»mmol/L

**Liver Function Tests:**

Alanine Transaminase	Result « <b>ALT</b> »iu/L
Alkaline Phosphatase	Result « <b>ALKP</b> »iu/L
Total Bilirubin	Result « <b>BIL</b> »umol/L
Gamma-GT	Result « <b>GGT</b> »iu/L

**This patient was shown to have pre-diabetes. As your practice has been randomised to the Intervention arm of the study, your patient has been invited to attend an educational session on lifestyle, diet and exercise. They will be recalled for a further follow up in 6 months.**

**Yours sincerely**

**Dr**

**Research Registrar, Diabetes & Endocrinology**